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Coronavirus COVID-19 daily update

This Chief Health Officer update is intended to provide clinicians and the Victorian public with information about the number of confirmed cases of COVID-19 in Victoria as well as relevant public health response activities in Victoria. Chief Health Officer Alerts will continue to be issued when there are changes to the public health advice related to COVID-19.

28/04/2020

What's new?

Developments in the outbreak

- Practitioners are encouraged to have a high degree of suspicion for COVID-19 and test any patients who meet the clinical criteria below.
- As of 28 April 2020, the total number of coronavirus (COVID-19) cases in Victoria is 1,351, an increase of 2 since yesterday.
- 23 people are in hospital, including 11 people in intensive care. 17 people have died.
- 139 cases have an unknown source of infection, an increase of 2 since yesterday.
- 1,279 people have recovered. To date, more than 109,000 tests have been conducted in Victoria.
- Of the total 1,351 cases, there have been 1,097 in metropolitan Melbourne and 216 in regional Victoria. A number of cases remain under investigation.
- There have been 165 confirmed cases in healthcare workers, unchanged since yesterday, across at least 7 hospitals and 1 radiology clinic.
- Up-to-date epidemiological data 🗹 is available on our website.

Current advice to clinicians

Patients who meet the following clinical criteria should be tested
 Fever OR chills in the absence of an alternative diagnosis that explains the clinical presentation*

OR

Acute respiratory infection (e.g. cough, sore throat, shortness of breath, runny nose or anosmia)

Note: In addition, testing is recommended for people with new onset of other clinical symptoms consistent with COVID-19** AND who are close contacts of a confirmed case of COVID-19; who have returned from overseas in the past 14 days; or who are healthcare or aged care workers.

*Clinical discretion applies including consideration of the potential for co-infection (e.g. concurrent infection with SARS-CoV-2 and influenza)

- **headache, myalgia, stuffy nose, nausea, vomiting, diarrhoea
- Workers without symptoms in hospitals and other facilities with vulnerable residents may be
 asked to voluntarily participate in sample testing to inform disease surveillance activity.
 Advice will be forthcoming on this.
- Category 2 and some category 3 elective surgeries are gradually resuming. IVF procedures, post-cancer reconstruction procedures, eye procedures and cataracts, endoscopy and colonoscopy procedures, some dental procedures, joint replacements including knee, hip and shoulder and screening programs for cancer and other diseases can resume, as well as all procedures for children under 18 years.

Key messages for the community

- If you have any of the symptoms of coronavirus, you should seek medical advice and get tested. To get further advice, call your GP or the 24-hour coronavirus hotline 1800 675 398.
- The rules are clear Stay home. Protect the health system. Save lives.
- There are only four reasons to leave home:
 - shopping for what you need food and essential supplies
 - o medical, care or compassionate needs
 - exercise in compliance with the public gathering requirements
 - work and study if you can't work or learn remotely.

Current directions arising from the declared state of emergency

The State of Emergency in Victoria has been extended until midnight 11 May 2020.

The current directions remain in place and include: staying at home, restrictions on particular activities, detention, restrictions on airports and cruise ships, aged care, hospitals and isolation for people diagnosed with COVID-19

More information viewed at the department's website. The site also contains a page of frequently

<u>asked questions</u> providing further guidance on the directions.

More information

Clinical information

Health services and general practice - coronavirus disease (COVID-19)

Consumer information

About Coronavirus (COVID-19) - information for the general public

World Health Organization - health topic - Coronavirus 🗹

Smartraveller website 🗹

Contacts

Medical practitioners needing clinical information or to notify suspected or confirmed cases can contact the Department of Health and Human Services Communicable Diseases Section on 1300 651 160 (24 hours).

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Address: 50 Lonsdale Street Melbourne, Victoria, Australia 3000

Phone: 1300 650 172

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The department acknowledges Aboriginal and Torres Strait Islander people as the Traditional Custodians of the land and acknowledges and pays respect to their Elders, past and present.

The department is committed to safe and inclusive work places, policies and services for people of LGBTIQ communities and their families.



Department of Health and Human Services, State Government of Victoria, Australia @ 2020