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This Chief Health Officer update is intended to provide clinicians and the Victorian public with information about the number of confirmed cases of COVID-19 in Victoria as well as relevant public health response activities in Victoria. Chief Health Officer Alerts will continue to be issued when there are changes to the public health advice related to COVID-19.

13/05/2020

### What's new?

### Developments in the outbreak

- As of 13 May 2020, the total number of coronavirus (COVID-19) cases in Victoria is 1,514, an increase of 5 since yesterday.
- The new confirmed cases include 3 new cases of coronavirus (COVID-19) at a Melbourne meat processing facility, taking the total number of cases in this cluster to 88.
- 164 cases have an unknown source of infection, with no change since yesterday.
- 9 people are in hospital, including 6 people in intensive care. 18 people have died.
- There are currently 110 active cases in Victoria, and 1,385 people have recovered
- To date, over 273,000 tests have been performed in Victoria, with many more samples still being processed.
- Of the total 1,514 cases, there have been 1,250 in metropolitan Melbourne and 226 in regional Victoria. A number of cases remain under investigation.
- There have been 177 confirmed cases in healthcare workers, with no change since yesterday's

report.

- Up-to-date <u>epidemiological data</u> is available on our website.
- Victoria's state of emergency has been extended until 11.59pm on Sunday 31 May. New Directions were issued at 11.59pm Tuesday 12 May with some restrictions eased.

# Current advice to clinicians

- The Commonwealth Department of Health has engaged Sonic Healthcare (Melbourne Pathology in Victoria) to provide a rapid in-reach sample collection and testing pathology service for all residential aged care facilities.
- The service will:
  - Receive and prioritise requests for COVID-19 testing of residents and/or staff of a residential aged care facility
  - Arrange for a specialised COVID-19 pathology collector to attend a facility and return the sample to the laboratory for immediate testing
  - Provide results by phone to the referring doctor and registered nurse attached to the facility within 24 hours for metropolitan areas or 48 hours for regional areas, and
  - If a result is positive, send a specialised COVID-19 collection team to collect samples from all staff and residents.
- There is a dedicated toll-free number -1800 570 573 operating from 8am to 6pm that all residential aged care facilities can contact to arrange priority testing for residents and staff.
- Due to the high volume of tests being processed, results may take longer than usual, up to 5 days
- Practitioners are encouraged to test any patients who meet the clinical criteria below:

Fever OR chills in the absence of an alternative diagnosis that explains the clinical presentation\* OR

Acute respiratory infection (e.g. cough, sore throat, shortness of breath, runny nose or anosmia)

Note: In addition, testing is recommended for people with new onset of other clinical symptoms consistent with COVID-19\*\* AND who are close contacts of a confirmed case of COVID-19; who have returned from overseas in the past 14 days; or who are healthcare or aged care workers.

\*Clinical discretion applies including consideration of the potential for co-infection (e.g. concurrent infection with SARS-CoV-2 and influenza)

\*\*headache, myalgia, stuffy nose, nausea, vomiting, diarrhoea

• If referring your patients for COVID-19 testing, a list of testing locations can be found on the getting tested for coronavirus page.

## Key messages for the community

- Victoria's State of Emergency has been extended to 31 May, but some restrictions have been eased.
- There are now five reasons to leave your home:
  - Shopping for food and supplies that you need
  - Care and caregiving
  - Exercise and outdoor recreation
  - Work and education if you can't do it from home
  - Visiting friends and family if you really need to.
- For more information, see: <u>gradual-easing-restrictions-covid-19</u>.
- Staying apart keeps protecting the health system and saves lives.
- Protect yourself from coronavirus (COVID-19) by washing your hands regularly with soap and water; and try not to touch your face, including your eyes, nose or mouth.

# More information

### **Clinical information**

Health services and general practice - coronavirus disease (COVID-19)

### **Consumer information**

About Coronavirus (COVID-19) - information for the general public

World Health Organization - health topic - Coronavirus

Smartraveller website

## Contacts

Medical practitioners needing clinical information or to notify suspected or confirmed cases can contact the Department of Health and Human Services Communicable Diseases Section on 1300 651 160 (24 hours).

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#### Contact

Address: 50 Lonsdale Street Melbourne, Victoria, Australia 3000

Phone: 1300 650 172

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The department acknowledges Aboriginal and Torres Strait Islander people as the Traditional Custodians of the land and acknowledges and pays respect to their Elders, past and present.

The department is committed to safe and inclusive work places, policies and services for people of LGBTIQ communities and their families.



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