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Coronavirus (COVID-19) daily update

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This Chief Health Officer update is intended to provide clinicians and the Victorian public with information about the number of confirmed cases of coronavirus (COVID-19) in Victoria as well as relevant public health response activities in Victoria. Chief Health Officer Alerts will continue to be issued when there are changes to the public health advice related to coronavirus (COVID-19).

10/08/2020

What's new?

- As of 10 August 2020, the total number of coronavirus (COVID-19) cases in Victoria is 14,957 with 322 new cases diagnosed since yesterday.
- Of the new cases, 32 are linked to outbreaks or complex cases and 290 are under investigation.
- There are 2,863 cases that may indicate community transmission, an increase of 105 since yesterday's report.
- 640 people are in hospital, including 47 patients in intensive care.
- Sadly, there have been 19 new deaths reported since yesterday. To date, 228 people have died from coronavirus (COVID-19) in Victoria.
- There are 7,869 cases currently active in Victoria. 6,642 people have recovered.
- More than 1,820,590 tests have been processed – an increase of 19,213 since yesterday.
- Further details can be found in today's [coronavirus \(COVID-19\) media release](#).
- Up-to-date [epidemiological data is available on our website](#).
- Victoria's clinical and community mental health services will be boosted to address a surge in demand due to the pandemic. This funding will include fast-tracked delivery of more new

public acute mental health beds and support more proactive outreach programs to known mental health clients throughout the pandemic to check that they are ok and have the support they need. Mental health and wellbeing programs will also provide support to police, paramedics and nurses.

- A new Call-to-Test service will provide in-home coronavirus testing to Victorians who would otherwise be unable to get tested. This includes older Victorians, Victorians with a disability, carers and those with an illness that might prevent them from leaving home. For eligible callers located in Melbourne, testers will visit within 48 hours.

State of Disaster

- Victoria entered a State of Disaster from 6pm on Sunday 2 August until Sunday 13 September. This will give police additional powers to make sure people are complying with public health directions.
- Melbourne moved to [stage 4 restrictions](#) from 6pm on Sunday 2 August 2020.
- A curfew is in place for Melbourne from 8pm to 5am. The only reason to leave home during these times is for work, medical care and caregiving.
- A fine of \$4,957 can be issued to a person failing to self-isolate after testing positive to coronavirus (COVID-19) or who does not self-quarantine after being identified as a close contact.
- In line with the raft of changes made under stage 4 restrictions this week, people who have tested positive for coronavirus (COVID-19) or are close contacts will no longer be able to leave their home for exercise.
- From 11:59pm on Wednesday 5 August 2020, employers that require their staff to attend a work site must issue a permitted [worker permit](#) to each staff member to whom that applies. Information is available on our [website](#).
- In Melbourne, shopping for essentials will be limited to one person per household per day. A 5km limit will apply.
- Regional Victoria including Mitchell Shire moved to [stage 3 restrictions](#) from 11:59pm on Wednesday 5 August 2020. There are now only four reasons to leave home; for food and supplies, medical care and caregiving, exercise and work or study, if you can't work or study from home.
- All Victorian students moved to remote learning from Wednesday 5 August 2020.
- All Victorians must now wear a face covering when leaving home. More information on face masks and coverings is available on our [website](#).

Current advice to clinicians

- Practitioners should test any patients who meet the clinical criteria below:

Fever OR chills in the absence of an alternative diagnosis that explains the clinical presentation*

OR

Acute respiratory infection (e.g. cough, sore throat, shortness of breath, runny nose, anosmia or loss of smell or loss of taste)

Note: In addition, testing is recommended for people with new onset of other clinical symptoms consistent with coronavirus (COVID-19)** AND who are close contacts of a confirmed case of coronavirus (COVID-19); who have returned from overseas in the past 14 days; or who are healthcare or aged care workers.

**Clinical discretion applies including consideration of the potential for co-infection (e.g. concurrent infection with SARS-CoV-2 and influenza)*

***headache, myalgia, stuffy nose, nausea, vomiting, diarrhoea*

- If referring your patients for coronavirus (COVID-19) testing, a list of testing locations can be found on the [getting tested for coronavirus page](#).
- The Department of Health and Human Services will continue distributing masks to eligible Victorians. General practices can place orders for these masks. More information is available on the [reusable face masks page](#).

Key messages for the community

- Stay home and get tested if you have symptoms of coronavirus (COVID-19) no matter how mild: including fever, chills, cough, sore throat, shortness of breath, runny nose, loss of sense of smell or taste. Go home straight after your test and self-isolate while you wait for the results. [Go to the DHHS testing map for locations](#)
- Wear a face mask or covering when you leave home, unless a lawful exception applies.
- This is a difficult and uncertain time for all so support is vital and available. For more information about managing stress and support options, call the Coronavirus Mental Wellbeing Support Services on 1800 512 348.
- For information on worker support payments, see [Coronavirus \(COVID-19\) Test Isolation and Worker Support Payments](#).
- [Check our website](#) for information and advice about current restriction levels in place including where stage 4, stage 3 and stage 2 restricted areas are, as well as the updated directions.
- A factsheet has been created for the public on how to [Reduce your risk of coronavirus \(COVID-19\)](#), and has been [translated into 49 languages](#)
- A video from the Chief Health Officer showing our community 'how to safely wear a mask' has been dubbed into a variety of languages for the public – [you can find them here](#)

More information

Clinical information

[Latest coronavirus \(COVID-19\) information for Victorian health services and general practice](#)

Consumer information

[Financial support – for coronavirus \(COVID-19\)](#)

[Translated resources in over 50 languages](#)

[Victoria's current restrictions](#)

[Latest coronavirus information from the World Health Organization](#)

[Latest travel advice from Smartraveller](#)

Contacts

Medical practitioners needing clinical information or to notify confirmed cases can contact the Department of Health and Human Services Communicable Diseases Section on 1300 651 160 (24 hours).

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Contact

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The department acknowledges Aboriginal and Torres Strait Islander people as the Traditional Custodians of the land and acknowledges and pays respect to their Elders, past and present.

The department is committed to safe and inclusive work places, policies and services for people of LGBTIQ communities and their families.

