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Coronavirus (COVID-19) daily update

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This Chief Health Officer update is intended to provide clinicians and the Victorian public with information about the number of confirmed cases of coronavirus (COVID-19) in Victoria as well as relevant public health response activities in Victoria. Chief Health Officer Alerts will continue to be issued when there are changes to the public health advice related to coronavirus (COVID-19).

6/09/2020

What's new?

- As of 6 September 2020, 63 new cases have been diagnosed since yesterday, with a total number of coronavirus (COVID-19) cases in Victoria is 19,538.
- The overall total has increased by 59 due to four cases being reclassified. Within Victoria, 14 of the new cases are linked to outbreaks or complex cases and 49 are under investigation.
- Sadly, there have been five new deaths reported since yesterday. To date, 666 people have died from coronavirus (COVID-19) in Victoria.
- There are 4,365 cases that may indicate community transmission, a decrease of five since yesterday.
- There are 1,872 cases currently active in Victoria. 16,921 people have recovered.
- 283 people are in hospital. This includes 19 patients in intensive care.
- A total of 2,390,450 test results have been received. This is an increase of 18,338 since yesterday.
- You can find further details in today's <u>coronavirus (COVID-19) media release</u>.
- The DHHS website has full details in the <u>interactive daily report</u>.
- Q&A from CHO restrictions, quarantine and self-isolation (Youtube video).

Current advice to clinicians

- Viral fragments of coronavirus have been detected in wastewater taken from the sewer network at Apollo Bay. While the preliminary result may not mean there are currently active cases of COVID-19 in the local community, people from Apollo Bay and nearby communities who have even the mildest of symptoms are urged to get tested and isolate as they await their result. The Great Ocean Road Health-Otway Health testing clinic on McLachlan St, Apollo Bay, is open from 9am to 4pm seven days a week.
- A small number of cases of PIMS-TS a novel post-infectious systemic hyperinflammatory syndrome have been reported in children in Victoria. PIMS-TS occurs two to six weeks after infection with SARS-CoV-2. The initial infection may be asymptomatic. Advise paediatric and emergency staff to consider PIMS-TS in a child with fever, abdominal pain, rash and tachycardia. If you have a patient with PIMS-TS, contact the on-call paediatric infectious diseases service at the Royal Children's or Monash Children's hospitals. More information.
- Notifications to the department of a confirmed diagnosis of coronavirus (COVID-19) can be
 done online. You can submit an <u>online form</u> to our public health team, rather than calling us,
 saving you time and resolving your case load more efficiently.
- <u>Personal protective equipment</u> and advice from the Personal Protective Equipment (PPE) Taskforce can be found in the <u>Guide to the conventional use of PPE (Word)</u> on our website.
- How to manage clinical waste from coronavirus (COVID-19) is now online.
- <u>Protecting our healthcare workers (PDF)</u> sets out the very latest in our understanding of coronavirus (COVID-19) and how it can spread within healthcare settings both hospitals and aged care facilities. More information can be <u>found online</u>.

Covid Testing Criteria

Practitioners should test any patients who meet the clinical criteria below:

Fever OR chills in the absence of an alternative diagnosis that explains the clinical presentation*

OR

Acute respiratory infection (e.g. cough, sore throat, shortness of breath, runny nose, or loss or change in sense of smell or taste)

Note: testing is also recommended for people with new onset of other clinical symptoms consistent with coronavirus (COVID-19)** AND who are from the following cohorts: close contacts of a confirmed case of coronavirus (COVID-19); those who have returned from overseas in the past 14 days; or those who are healthcare or aged care workers. Testing is recommended for those cohorts with onset of other clinical symptoms**. Asymptomatic testing is not recommended at this stage except for targeted programs

• If referring your patients for coronavirus (COVID-19) testing, a list of testing locations can be found on the <u>getting tested for coronavirus page</u>.

^{*}Clinical discretion applies including consideration of the potential for co-infection (e.g. concurrent infection with SARS-CoV-2 and influenza)

^{**}headache, myalgia, stuffy nose, nausea, vomiting, diarrhoea

Victoria's restriction levels

- The Government today released a roadmap for reopening Victoria in safe, steady and sustainable steps, which is a long-term plan for our path out of restrictions and into COVID normal. There are separate roadmaps for <u>metropolitan Melbourne</u> and <u>Regional Victoria</u>.
- Melbourne moved to <u>Stage 4 restrictions</u> on Sunday 2 August 2020 and regional Victoria moved to <u>Stage 3 restrictions</u> on 5 August 2020. The current State of Emergency and State of Disaster end Sunday 13 September.
- All Victorians must wear a face covering when leaving home. The DHHS website has more information on <u>face masks and coverings</u>.

Key messages for the community

- All Victorians, including those in regional locations are to get tested even with even the mildest of symptoms.
 - Go home straight after your test and self-isolate while you wait for the results. Go to the <u>DHHS</u> testing map for locations.
- Wear a face mask or covering when you leave home, unless a lawful exception applies.
- Call the Coronavirus Mental Wellbeing Support Services on 1800 512 348 for information, advice and strategies to help you manage your wellbeing and mental health.
- Victorians can leave their home if they are not safe and seek help and support at an <u>Orange Door</u> or other family violence support service. If you or someone you know is at risk or experiencing family violence, call 000 in an emergency or safe steps 24/7 crisis service on 1800 015 188.
- The Partners in Wellbeing hotline (1300 375 330) is available for referrals from people who
 identify as LGBTIQ, multicultural, Aboriginal or Torres Strait Islander people, veterans and
 people experiencing homelessness.

Clinical information

Latest coronavirus (COVID-19) information for Victorian health services and general practice.

Latest information about providing immunisation services during Coronavirus Pandemic.

Consumer information

<u>Financial support – for coronavirus (COVID-19)</u>

<u>Translated resources in over 50 languages</u>

Victoria's current restrictions

<u>Latest coronavirus information from the World Health Organization</u>

Latest travel advice from Smartraveller

Contacts

Medical practitioners needing clinical information or to notify confirmed cases can contact the Department of Health and Human Services Communicable Diseases Section on 1300 651 160 (24 hours).

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Address: 50 Lonsdale Street Melbourne, Victoria, Australia 3000

Phone: <u>1300 650 172</u>

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The department acknowledges Aboriginal and Torres Strait Islander people as the Traditional Custodians of the land and acknowledges and pays respect to their Elders, past and present.

The department is committed to safe and inclusive work places, policies and services for people of LGBTIQ communities and their families.



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