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Coronavirus

On December 31, 2019 an outbreak of a novel (new) coronavirus (COVID-19) was detected in Wuhan, China. As the situation continues to evolve, Health Authorities at international, national and local levels continue to monitor, gather information, assess risk and respond.

Current Risk Status

Updated: March 10, 2020

The COVID-19 outbreak continues to evolve rapidly worldwide with more countries reporting cases and an overall increase in case numbers. To date, no laboratory-confirmed COVID-19 cases have been identified in Manitoba.

Manitoba Health, Seniors and Active Living is recommending the following:

- If you have symptoms of a respiratory illness (regardless of travel), even if mild, stay home until your symptoms are gone.
- If you have upcoming travel plans consider the following:
 - Review the latest [Government of Canada COVID-19 related travel advisories](#)
 - Consider deferring travel if non-essential
 - Be aware that health care services may be limited in some areas, and travel restrictions including quarantine, may be put in place with little notice.
 - After traveling self-monitor for symptoms of COVID-19 (e.g., fever, cough, runny nose, sore throat, shortness of breath or breathing difficulties) for 14 days after your return. Should you develop COVID-19 symptoms self-isolate immediately and call Health Links-Info Santé for more information.
- Employers should prepare workplace measures to minimize the potential spread of illness. For more information [click here](#).
- Think ahead, plan and prepare for if COVID-19 becomes common in your community and/ or if you or someone you provide care (e.g., children) for becomes sick. More information is [available here](#).
- For more information on how to reduce your risk of infection see the [Novel Coronavirus \(COVID-19\) factsheet](#).

Advice for Travelers and Contacts of COVID-19 Cases

Self-isolation is recommended for the following groups for 14 days after departing the area, or since their last known contact or exposure.

- travelers returning from the province of Hubei
- travelers returning from Iran
- contacts of a confirmed or probable case of COVID-19
- laboratory workers exposed during work

Self-monitoring for symptoms of COVID-19 is recommended for the following groups for 14 days after return to Manitoba, or since their last known contact or exposure.

- All returning international travelers,
- Close contacts (within 2 meters/6 feet) of individuals with flu-like symptoms who have traveled internationally within 14 days prior to becoming sick

International travelers who develop cold or flu-like symptoms within 14 days of returning to Manitoba should contact Health Links-Info Santé to determine if testing for COVID-19 should be considered. In cases where testing is not recommended, they should stay home (self-isolate) until they are well.

Information on self-monitoring, self-isolation, and what to do while waiting for COVID-19 test results can be found at:

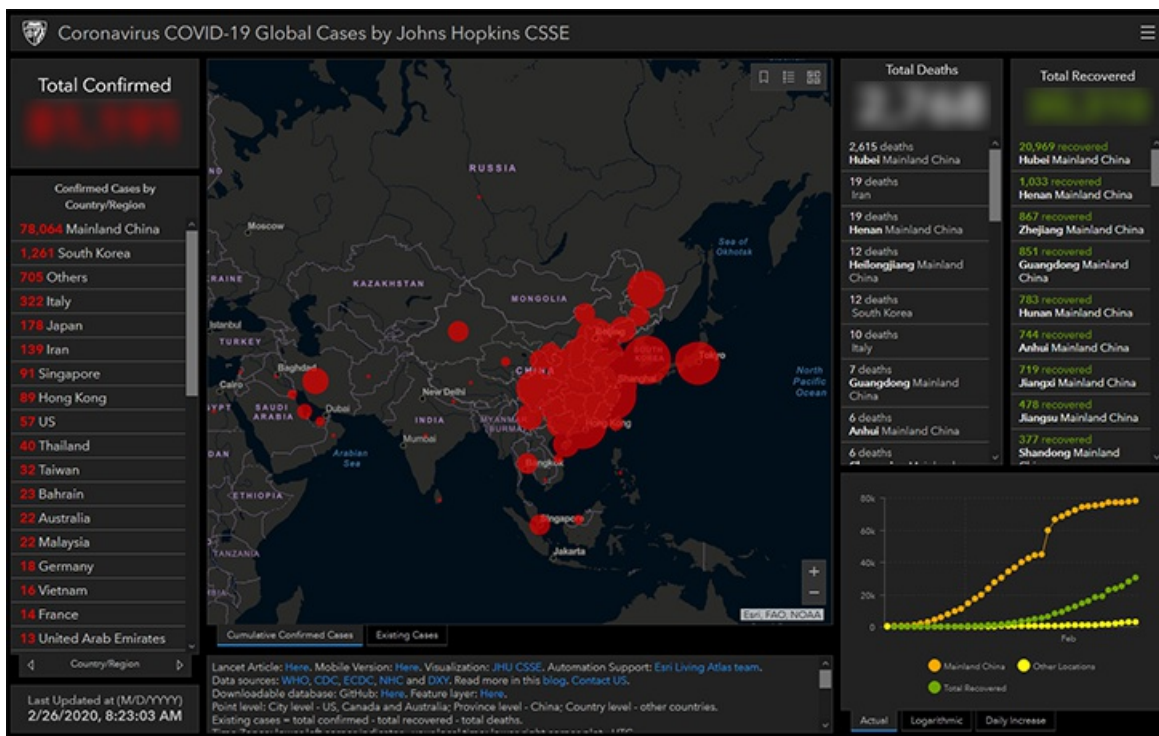
- [Novel Coronavirus Fact Sheet](#) (Contains Advice for Self-monitoring) 📄
- [Self-Isolation Fact Sheet](#) 📄
- [What Do I Do While Waiting for My \(COVID-19\) Test Results?](#) 📄

Canadian Situation

As of March 9, 2020, 77 cases of COVID-19 have been confirmed in Canada. Cases have been reported in Alberta, British Columbia, Ontario, and Quebec. For the most current numbers, see the [Public Health Agency of Canada's COVID-19: Outbreak update website](#).

For a complete list of countries reporting COVID-19 cases see the most current [WHO Coronavirus Disease situation report](#) or click on the Johns Hopkins Coronavirus COVID-19 Global Case map dashboard.

(click on map image below for most current case numbers)



Manitoba Health, Seniors and Active Living - Total Number of Novel Coronavirus (COVID-19) Completed Lab Tests and Results:

Date (as of)	Number of People with Completed Tests	Number of People Confirmed Positive
March 5, 2020	97	0

Communicable Disease Control (CDC)
Public Health
Manitoba Health, Seniors and Active Living
4th Floor - 300 Carlton St.
Winnipeg MB R3B 3M9 CANADA

Health Links – Info Santé
204-788-8200 or 1-888-315-9257

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Other Resources

[Public Health Agency of Canada – Coronavirus](#)

[Government of Canada Travel Health Notice – Novel Coronavirus in China](#)

[The US Centers for Disease Control and Prevention – 2019 Novel Coronavirus](#)

[The World Health Organization – Coronavirus](#)

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