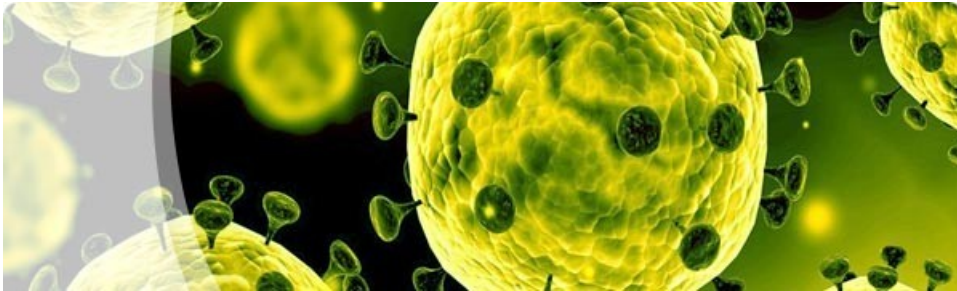




## Coronavirus



Be Informed   Be Safe   Be Prepared   Be Kind

### COVID-19 SELF-ASSESSMENT

**Before calling 811** use this self-assessment tool to help determine whether you should be tested for COVID-19. You can complete this assessment for yourself or on behalf of someone else, if they are not able.

Launch self-assessment

#### If you have symptoms:

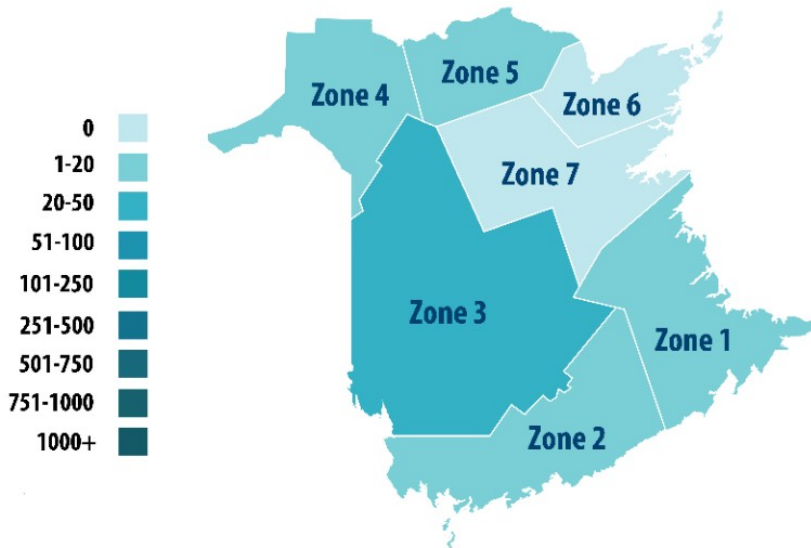
- Please do not visit a hospital, physician's office, lab or healthcare facility without consulting 811 first.
- **If you are having difficulty breathing or experiencing other severe symptoms, call 911 immediately. Advise them of your symptoms and travel history.**

Cases and testing

LAST UPDATED: MARCH 31, 2020 AT 2:30 P.M. ▶

For the latest Canadian updates, visit the [Public Health Agency of Canada](#) website.

# COVID-19 Case Map



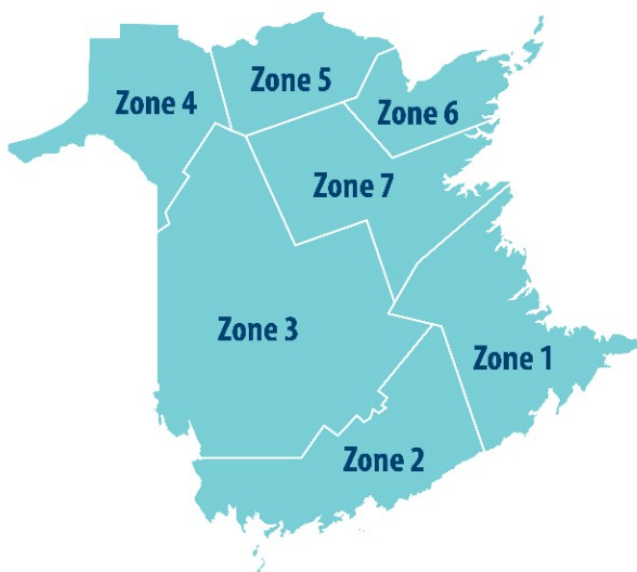
- Zone 1: South East Region (Moncton) - 17 Cases
- Zone 2: South Central Region (Saint John) - 18 Cases
- Zone 3: Central West Region (Fredericton) - 23 Cases
- Zone 4: North West Region (Edmundston) - 5 Cases
- Zone 5: North Central Region (Campbellton) - 7 Cases
- Zone 6: North East Region (Bathurst) - 0 Cases
- Zone 7: Central East Region (Miramichi) - 0 Cases

**Total cases: 70**  
**Recovered cases: 9**

Last updated: March 31st, 2020



# COVID-19 Testing Numbers



- Zone 1: South East Region (Moncton) - 1,283
- Zone 2: South Central Region (Saint John) - 688
- Zone 3: Central West Region (Fredericton) - 863
- Zone 4: North West Region (Edmundston) - 202
- Zone 5: North Central Region (Campbellton) - 104
- Zone 6: North East Region (Bathurst) - 258
- Zone 7: Central East Region (Miramichi) - 138

**New Brunswick: 3,536**

Last updated: March 31st, 2020



**\* It is important to note that each individual may have been tested more than once**

As of March 23, 2020: Laboratory testing is done by the Dr. Georges-L.-Dumont University Hospital Centre

Each health zone serves different population numbers, therefore; testing numbers per zone will vary and can't be used as a direct comparison between zones.

Test volumes in each of the health zones reflect the number of citizens with symptoms that:

- met the travel criteria,
- were close contacts of confirmed cases, or
- were healthcare workers who requested a test.



Cases and Testing in New Brunswick



Health and Allied Health Professionals



About COVID-19



Self-monitor, self-isolate and isolate



Protect Yourself and Others



Community Preparedness



[Resources](#)



[Information for Travellers](#)



## Mental Health and Coping During COVID-19

### Actions being taken

New Brunswick's public health officials are carefully monitoring the situation in Canada, and around the world, and are ready to respond.

They are:

- working closely with federal, provincial and territorial partners to share information and assess potential health risks
- ensuring our health system is ready to respond effectively if needed
- ensuring front-line health professionals have information about the virus so they can:
  - take recommended actions
  - promptly report suspected cases to public health officials
  - investigate of persons who may have been exposed and are potentially at risk of developing illness to help prevent spread

### Quick Links

- ▶ [Frequently asked questions](#)
- ▶ [Declaration of a State of Emergency and Mandatory Order](#)
- ▶ [Tips for dealing with stress during an emergency](#)
- ▶ [Public Health Agency of Canada \(PHAC\)](#)
- ▶ [Current Travel Health Notices](#)
- ▶ [PHAC: National Case Definition](#)
- ▶ [PHAC: What health professionals need to know](#)
- ▶ [Information for public schools, early learning facilities and school district offices](#)
- ▶ [COVID-19 Guidance for Businesses](#)
- ▶ [COVID-19 Court Information](#)
- ▶ [COVID-19 Updates: Education and Early Childhood Development](#)
- ▶ [The New Brunswick Workers Emergency Income Benefit](#)
- ▶ [Custody and access arrangements during COVID-19 restrictions](#)



### [COVID-19: Outbreak Update](#)

Prepared by the New Brunswick Chief Medical Officer of Health: Updated March 26, 2020



### [Patient Connect NB](#) ▶

Because of an extreme surge in call volumes due to coronavirus Patient Connect phone service is closed. You can still register on-line by [clicking here](#)

### News Conferences

- ▶ [March 31 2020 – COVID-19: Update](#)
- ▶ [March 30 2020 – COVID-19: Update](#)
- ▶ [March 27 2020 – COVID-19: Update](#)
- ▶ [March 26 2020 – COVID-19: Update](#)
- ▶ [March 25 2020 – COVID-19: Update](#)
- ▶ [March 24 2020 – COVID-19: Update](#)
- ▶ [March 23 2020 – COVID-19: Update](#)
- ▶ [March 21 2020 – COVID-19: Update](#)
- ▶ [March 20 2020 – COVID-19: Update](#)
- ▶ [March 19 2020 – COVID-19: Update](#)
- ▶ [...more](#)



## News Releases

- ▶ [March 31 2020 - Two new cases of COVID-19](#)
- ▶ [March 30 2020 - First community transmission case of COVID-19 confirmed](#)
- ▶ [March 29 2020 - Fifteen new cases of COVID-19](#)
- ▶ [March 28 2020 - Six new cases of COVID-19; new toll-free line in operation for health-care workers](#)
- ▶ [...more](#)