



## Coronavirus



Be Informed   Be Safe   Be Prepared   Be Kind

### COVID-19 SELF-ASSESSMENT

**Before calling 811** use this self-assessment tool to help determine whether you should be tested for COVID-19. You can complete this assessment for yourself or on behalf of someone else, if they are not able.

[Launch self-assessment](#)

In New Brunswick, the virus COVID-19 is now spreading within the community. This has changed the focus for testing. In order to protect the people who are most at risk from this virus and to protect our healthcare system from being overwhelmed, more people with symptoms will be tested for the virus, not just those who have a recent travel connection. If the following applies to you, please go through the online self-assessment tool as you are now a priority for COVID-19 testing where one or more of the following applies:

- If you have symptoms **AND** the symptoms are severe;
- If you have symptoms **AND** are over the age of 60;
- If you have symptoms **AND** have a history of hypertension (high blood pressure), cardiovascular disease (heart disease), chronic respiratory disease (lung disease), diabetes or cancer;
- If you have symptoms **AND** are living somewhere that is crowded and where it is difficult to find enough space to self-isolate.
- If you have symptoms **AND** are have been in a group setting (e.g., workplace, gathering, party) where cases of COVID-19 have been identified.

Remember that the main symptoms include fever, cough, mild trouble breathing; other symptoms may include headache, sore throat, or runny nose.

If you have symptoms associated with Covid-19 (even mild ones) **and** work as a health care professional, such as physician, nurse practitioner, nurse, pharmacist/technician, Ambulance NB, Extra Mural program, first responder or dispatcher, staff in hospitals, nursing homes, and other institutional or group living settings with direct patient care/contact please self-isolate and call **1 833 475 0724**.

Cases and testing

LAST UPDATED: APRIL 5, 2020 AT 1:00 P.M. ▶

**Total cases : 101**

**Recovered : 28**

**Active cases: 73**



- ▶ Cases Map by Zone
- ▶ Map of testing conducted



▶ Testing by the numbers – demographic details on testing so far

For the latest Canadian updates, visit the [Public Health Agency of Canada](https://www.canada.ca/en/public-health) website.



Cases and Testing in New Brunswick



Health and Allied Health Professionals



About COVID-19



Self-monitor, self-isolate and isolate



Protect Yourself and Others



Community Preparedness



[Resources](#)



[Information for Travellers](#)



## Mental Health and Coping During COVID-19

### Actions being taken

New Brunswick's public health officials are carefully monitoring the situation in Canada, and around the world, and are ready to respond.

They are:

- working closely with federal, provincial and territorial partners to share information and assess potential health risks
- ensuring our health system is ready to respond effectively if needed
- ensuring front-line health professionals have information about the virus so they can:
  - take recommended actions
  - promptly report suspected cases to public health officials
  - investigate of persons who may have been exposed and are potentially at risk of developing illness to help prevent spread

### Quick Links

- ▶ [Frequently asked questions](#)
- ▶ [Declaration of a State of Emergency and Mandatory Order](#)
- ▶ [Tips for dealing with stress during an emergency](#)
- ▶ [Public Health Agency of Canada \(PHAC\)](#)
- ▶ [Current Travel Health Notices](#)
- ▶ [PHAC: National Case Definition](#)
- ▶ [PHAC: What health professionals need to know](#)
- ▶ [Information for public schools, early learning facilities and school district offices](#)
- ▶ [COVID-19 Guidance for Businesses](#)
- ▶ [COVID-19 Court Information](#)
- ▶ [COVID-19 Updates: Education and Early Childhood Development](#)
- ▶ [The New Brunswick Workers Emergency Income Benefit](#)
- ▶ [Custody and access arrangements during COVID-19 restrictions](#)
- ▶ [Potential Public exposures](#)
- ▶ [Emergency Bridging Fund for Vulnerable Post-Secondary Students](#)



#### [Patient Connect NB](#) ▶

Because of an extreme surge in call volumes due to coronavirus Patient Connect phone service is closed. You can still register on-line by [clicking here](#)

#### News Conferences

- ▶ [April 3 2020 – COVID-19: Update](#)
- ▶ [April 2 2020 – COVID-19: Update](#)
- ▶ [April 1 2020 – COVID-19: Update](#)
- ▶ [March 31 2020 – COVID-19: Update](#)
- ▶ [March 30 2020 – COVID-19: Update](#)
- ▶ [March 27 2020 – COVID-19: Update](#)
- ▶ [March 26 2020 – COVID-19: Update](#)
- ▶ [March 25 2020 – COVID-19: Update](#)
- ▶ [March 24 2020 – COVID-19: Update](#)
- ▶ [March 23 2020 – COVID-19: Update](#)
- ▶ [March 21 2020 – COVID-19: Update](#)
- ▶ [March 20 2020 – COVID-19: Update](#)
- ▶ [March 19 2020 – COVID-19: Update](#)
- ▶ [...more](#)

#### News Releases

- ▶ [April 05 2020 - Three new cases of COVID-19](#)
- ▶ [April 04 2020 - Three new cases of COVID-19](#)
- ▶ [April 03 2020 - Four new cases of COVID-19, assistance for post-secondary students](#)
- ▶ [April 02 2020 - Ten new cases of COVID-19; improved testing and new equipment](#)
- ▶ [April 01 2020 - Eleven new cases of COVID-19; personal protection equipment supply meets current demand](#)
- ▶ [March 31 2020 - Two new cases of COVID-19](#)
- ▶ [March 30 2020 - First community transmission case of COVID-19 confirmed](#)
- ▶ [March 29 2020 - Fifteen new cases of COVID-19](#)
- ▶ [March 28 2020 - Six new cases of COVID-19; new toll-free line in operation for health-care workers](#)
- ▶ [...more](#)