



## Coronavirus



### COVID-19 SELF-ASSESSMENT

**Before calling 811** use this self-assessment tool to help determine whether you should be tested for COVID-19. You can complete this assessment for yourself or on behalf of someone else, if they are not able. Common symptoms for COVID-19 include: *dry cough and/or fever, other symptoms may include: sore throat, headache, runny nose.*

Launch self-assessment

If you have symptoms :

- You can contact your primary care provider (doctor or nurse practitioner) or call 811
- Please do not visit a hospital, physician's office, lab or healthcare facility without calling first.
- If you work as a health care professional, such as physician, nurse practitioner, nurse, pharmacist/technician, Ambulance NB, Extra Mural program, first responder or related dispatcher, staff in hospitals, nursing homes, and other institutional or group living settings providing direct patient care/contact please self-isolate and call 1 833 475 0724.
- If you are having difficulty breathing or experiencing other severe symptoms, call 911 immediately and advise them of your symptoms.

Get the latest updates and information on confirmed COVID-19 cases and laboratory testing in New Brunswick [here](#).



Cases and Testing in New Brunswick



Health and Allied Health Professionals



About COVID-19



Self-monitor, self-isolate and isolate



Protect Yourself and Others



Community Preparedness



[Resources](#)



[Information for Travellers](#)



## Mental Health and Coping During COVID-19

### Quick Links

- ▶ [Frequently asked questions](#)
- ▶ [Declaration of a State of Emergency and Mandatory Order](#)
- ▶ [Tips for dealing with stress during an emergency](#)
- ▶ [Potential Public exposures](#)
- ▶ [Cases and Testing](#)



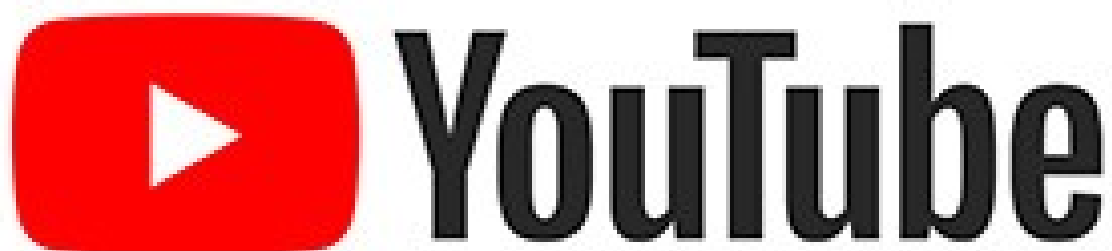
### [Have PPE supplies to sell or donate? ▶](#)

Do you have protective personal equipment that can help support our response to COVID-19? We want to hear from you!



[Patient Connect NB ▶](#)

Because of an extreme surge in call volumes due to coronavirus Patient Connect phone service is closed. You can still register on-line by [clicking here](#)



[Watch the latest news conferences ▶](#)

**Links**

- ▶ [Public Health Agency of Canada \(PHAC\)](#)
- ▶ [Current Travel Health Notices](#)
- ▶ [PHAC: National Case Definition](#)
- ▶ [PHAC: What health professionals need to know](#)