



# COVID-19

Use the self-assessment tool to determine whether you should be tested for COVID-19.

[Self-Assessment Tool >](#)

[Self-Isolation >](#)

[Public Health Orders >](#)

## About COVID-19

Learn more about COVID-19 including symptoms, treatment and how to protect yourself.

## Information for Health Care Providers

Find information for health care providers.

## Testing Information

Learn more about when and where to get tested, and who to contact for more information.

## Cases and Risk of COVID-19 in Saskatchewan

Learn more about testing statistics, cases and risk of COVID-19.

## Information for Businesses and Workers

Find available support for businesses and workers.

## **Public Health Measures**

This includes information on school/daycare closures, guidance for public and private gatherings, guidance for health care facilities, guidance for workplaces, travel recommendations and public health orders.

## **Latest Updates**

Get the most up-to-date information on COVID-19 in Saskatchewan – this includes advisories for potential exposure to COVID-19, news releases and video updates from Saskatchewan's Chief Medical Health Officer Dr. Saqib Shahab.

## **Mental Health and COVID-19**

There are mental health supports available to help you through this difficult time.

## **Travel Information**

Get the latest information about travel recommendations and returning to Canada after travel, and a list of flights returning to Saskatchewan with a confirmed case of COVID-19.

## **Self-Isolation**

Learn more about when and how to self-isolate.

## **Self-Monitoring**

Learn more about self-monitoring.

## **Self Assessment Tool**

Use this self-assessment tool to determine whether you should be tested for COVID-19.

## **Social Distancing**

Learn more about what social distancing means.

## **Resources**

Find links to community and national resources.

## **Contact**

Find out who to contact for additional information.

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## Important Information

> [Saskatchewan COVID-19 Preparedness Plan](#)

### Contact:

Call HealthLine 811 if you have recently travelled and are experiencing respiratory or flu-like symptoms.

Public inquiries may be directed to

> [COVID19@health.gov.sk.ca](mailto:COVID19@health.gov.sk.ca)

For any **non-health** related inquiries related to COVID-19 call toll-free **1-855-559-5502**

Staff at the Federation of Sovereign Indigenous Nations are available to answer questions you or your First Nation community may have that doesn't require legal, medical or counselling advice.

The toll-free number at 1-877-626-6448 offers information from 9 a.m. to 9 p.m. daily.

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Parks, Culture, Heritage and Sport

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