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► For more frequently asked questions [visit our page](#).

## WE WORK WITH



There has been 1 confirmed case of coronavirus (COVID-19) in the Cayman Islands. [Read more](#).

Please note: effective immediately (13 March) public gatherings of 50 or more people are banned in the Cayman Islands. Supermarkets, pharmacies and hospitals are exempt from this ban. [Read more](#).

#### TRAVEL RESTRICTIONS



### TRAVEL RESTRICTIONS

Visitors from the following countries will be denied entry for 60 days effective Monday, 16 March. All countries in the Schengen area, China, Iran, Japan, South Korea. [Read more.](#)

### LATEST NEWS

Get the latest news and updates from the Cayman Islands Government on Coronavirus (COVID-19). [Read more.](#)

### FREQUENTLY ASKED QUESTIONS

Answers on the novel coronavirus (COVID-19) including the most common symptoms, how it spreads, and how we are prepared ahead of any case. [Read More](#)

### LATEST ON CORONAVIRUS WITH DR LEE

Information on the novel coronavirus (COVID-19) from the Cayman Islands Chief Medical Officer Dr John Lee. [Watch video.](#)

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## WHAT IS CORONAVIRUS?

Coronavirus or COVID-19 is a new strain of the coronavirus, which was first identified in Wuhan City, China in 2019. COVID-19 is a member of the coronavirus family (a group of viruses) that has never been encountered before.

## WHAT ARE THE SYMPTOMS?

The virus most commonly causes:

- ✓ coughing
- ✓ fever
- ✓ tiredness
- ✓ breathing difficulties

These symptoms are usually mild and begin gradually but commonly occur within 1-10 days after a person has been exposed.

Some people become infected but don't develop any symptoms and don't feel unwell. Around 1 out of every 6 people who gets COVID-19 becomes seriously ill and develops difficulty breathing.

## HOW DO I GET MORE INFORMATION?

For further information read our [frequently asked questions page](#) or contact the Flu Hotline on 1 800 534 8600 or 947 3077 or email [flu@hsa.ky](mailto:flu@hsa.ky).

## REGIONAL TRACKER

Get updates [here](#).

## ► HOUSEHOLD GUIDANCE

## HOUSEHOLD GUIDANCE



Information for schools and other educational settings in providing advice about the novel coronavirus, COVID-19 [Read more.](#)

### ► VULNERABLE PEOPLE

## VULNERABLE PEOPLE & THEIR FAMILIES



Information for vulnerable people such as older persons or chronic conditions that place them at high risk and their carers. [Read more.](#)

### ► BUSINESS GUIDANCE

## BUSINESS GUIDANCE



Information on the novel coronavirus (COVID-19) including guidance for businesses. [Read more.](#)

### ► EDUCATION GUIDANCE

## EDUCATION GUIDANCE



Information for schools and other educational settings in providing advice about the novel coronavirus, COVID-19. [Read more.](#)

### ► TRAVEL ADVICE

## COVID-19 Countries on Watch

If you have returned from the below countries within the last 14 days, please contact the Public Health Department immediately if you have a cough, fever or shortness of breath on 244-2621 / 244-2561



People should avoid all but essential travel to countries where there appears to be extensive in country transmission of COVID-19. Please note, this list is subject to change as further updates are received.  
HSA.ky/Coronavirus



MINISTRY OF  
HEALTH, ENVIRONMENT,  
CULTURE & HOUSING  
CAYMAN ISLANDS GOVERNMENT



PUBLIC HEALTH DEPARTMENT  
CAYMAN ISLANDS  
Caring People. Healthy Islands.

Travel advice and restrictions from the Cayman Islands Government. [Read more.](#)

### ► MENTAL WELLBEING

## MENTAL WELLBEING



Information on maintaining your mental wellbeing and safety in the unlikely event of needing to self-isolate [Read more.](#)

### ► LATEST NEWS

## LATEST NEWS



Information for the public on the worldwide outbreak of coronavirus, including the current situation in the Cayman Islands and information about the virus and its symptoms. [Read more.](#)

### ► PUBLIC HEALTH INFO

**CATCH IT**

**WASH IT**

**TRASH IT**

**CORONAVIRUS**

Public health information about how coronavirus is spread and how to avoid catching or spreading germs [Read more.](#)

### ► RESOURCES

## USEFUL LINKS



Download our on the novel coronavirus (COVID-19) information, graphics and videos [Read more.](#)

## CORONAVIRUS F.A.Q.S

Read our frequently asked questions on the novel coronavirus [Read more.](#)

How is coronavirus caught & spread?

Information on how coronavirus is caught and can spread, as well as prevention tips [Read more.](#)

How are cruise ships screened?

As of 16 March all cruise ships are being denied entry to the Cayman Islands for 60 days.

Here's how cruise ships are generally screened for health ahead of arrival [Read more.](#)

What should businesses do to prepare?

Advice on how businesses and commerce can prepare ahead of a potential in community case [Read more.](#)

## PREVENTION TIPS

Learn more about how to prevent the spread of coronavirus and other illnesses [here.](#)

# Coronavirus Prevention Tips

1



frequently **cleanse hands**  
with soap and water or an  
alcohol-based hand sanitizer

## CAYMAN PREPARED

Mitigation, preparedness, response and recovery for hazards and threats in the Cayman Islands [Read more.](#)

## PRESS ROOM

- ▶ RCIPS Helicopter in Life Saving Mission to Stricken Cruise Ship [Read more.](#)
- ▶ NAU Revises Existing Clients' Service Delivery to Support Preparedness Measures What we're doing for existing clients. [Read more.](#)
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- ▶ Temporary Restrictions on Public Gatherings. [Read more.](#)



▶ First Case of COVID-19 Confirmed.[Read more.](#)

▶ CIGOUK acknowledges UK Prime Minister's Latest COVID-19 Announcement[Read more.](#)

▶ First samples sent for Testing.[Read more.](#)

▶ Cruise line cancels call to the Cayman Islands[Read more.](#)

▶ The Cayman Islands Prepares As Regional Cases are confirmed[Read more.](#)

## MORE ON CORONAVIRUS IN THE CAYMAN ISLANDS

### YOUR QUESTIONS ANSWERED



More questions? Visit our [frequently asked questions page](#)

[Learn more](#)

CENTERS FOR DISEASE CONTROL & PROTECTION

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GIVE US YOUR  
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CAYMAN ISLANDS  
GOVERNMENT