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#### LATEST FIGURES ON COVID-19



#### WORRIED YOU MIGHT HAVE COVID-19?

Start a confidential COVID-19 self-assessment.

Click Here

#### LATEST ADVICE

Beaches closed	(+)
Immigration Questions Answered	(+)
Keep COVID-19 patient details private	(+)
Information on masks	(+)
Travel helpline available	(+)
Guidance for returning to the Cayman Islands	$\oplus$
Need support?	$\oplus$
Stay Home to Save Lives	$\oplus$
Self-isolate	(+)

Take care of your emotional well being	(+)
Restrict travel	$\oplus$
Government Schools Feeding Mind, Body & Soul Of Our Future	$(\neq)$
POLICIES IN ACTION	
Shelter in Place	$\oplus$
Curfew	$\oplus$
Gatherings restricted	$\oplus$
Social Distancing	(+)
Restaurants take-out or delivery only	$\oplus$
Public transport restricted	$\oplus$
No international travel	$\oplus$
► <u>All Policies in Action</u>	
WE WORK WITH	
BEACHES CLOSED UNTIL FRIDAY, 17 APRIL All beaches, including private property up to the high water mark, will be closed and no activities of any kind will be	

allowed. Read more.

#### WHAT IS COVID-19?

The Coronavirus Disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus, which was first identified in Wuhan City, China in 2019. The COVID-19 virus (which is called SARS-CoV-2) is a member of the coronavirus family (a group of viruses) that has never been encountered before.

#### WHAT ARE THE SYMPTOMS?

The virus most commonly causes:

- ✓ coughing
- 🕑 fever
- tiredness
- breathing difficulties

These symptoms are usually mild and begin gradually but commonly occur within 1-10 days after a person has been exposed.

Some people become infected but don't develop any symptoms and don't feel unwell. Around 1 out of every 6 people who gets COVID-19 becomes seriously ill and develops difficulty breathing.

### HOW DO I GET MORE INFORMATION?

This official Cayman Islands Government website includes a lot of helpful information that is constantly being updated, including a detailed explanation of the Daytime "Soft" Curfew and Nighttime "Hard" Curfew that are in place, answers to Frequently Asked Questions and details of Policies in Action. We also have a list of helplines for critical services.

If you have medical questions, many resources are available on this website and hsa.ky/coronavirus. If you can't find what you're looking for or have a question about your specific situation, contact your General Practitioner or the 24-hour Flu Hotline on 1-800-534-8600 or 925-6327 (Flow) or 947-3077 (Digicel) or email flu@hsa.ky. If you have a medical emergency dial 911.

If you have a non-medical question and can't find the answer on this website, contact the National Emergency Operations Centre hotline on 1-800-534-6555 or email NEOC@gov.ky.

#### REGIONAL TRACKER

Get updates from the Pan American Health Organization here.

#### WHO SITUATION REPORTS

Get global updates from the World Health Organization here.

#### COVID-19 LATEST LIVE UPDATE

#### ► HOUSEHOLD GUIDANCE



Guidance for households with possible COVID-19 infection. Read more.

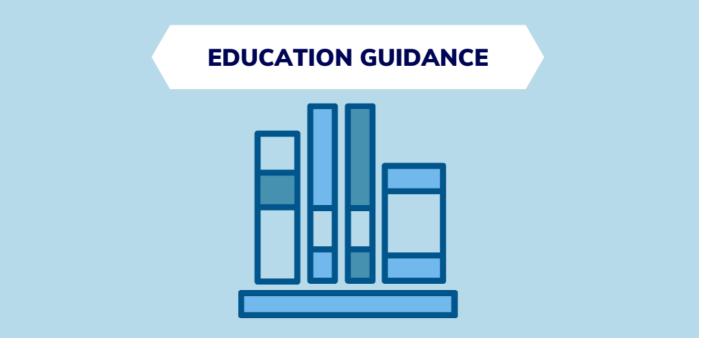
▶ VULNERABLE PEOPLE



<b>BUSINESS GUIDANCE</b>	

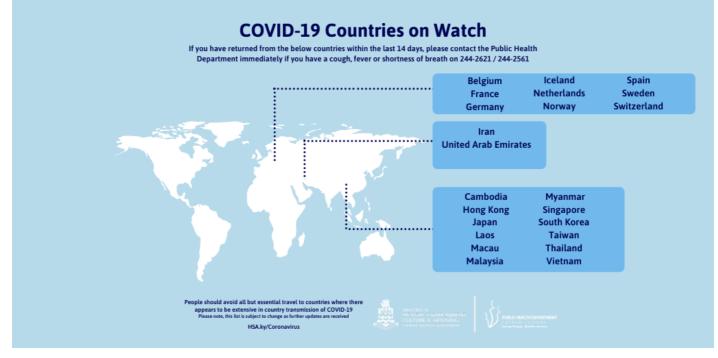
Information on the novel coronavirus (COVID-19) including guidance for businesses. <u>Read more</u>.

▶ EDUCATION GUIDANCE



COVID-19 information for schools and other educational settings. Read more.

#### ► TRAVEL ADVICE



Travel advice and restrictions from the Cayman Islands Government. Read more.

MENTAL WELLBEING



Information on maintaining your mental well-being and safety. Read more.



Information for the public, including on the current situation in the Cayman Islands. <u>Read more.</u>

### ▶ PUBLIC HEALTH INFO



An explanation of how COVID-19 is spread and how to avoid catching or spreading the virus. <u>Read more.</u>

RESOURCES	
•	
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Download our graphics, videos, informational booklets and other resources on COVID-19. <u>Read more.</u>

► FRONTLINE STAFF

▶ RESOURCES



Information for front-line and essential workers on COVID-19 in Cayman Islands and information on policies. <u>Read more</u>.



Information the public on COVID-19 policies in Cayman Islands. <u>Read more.</u>

▶ GET HELP



Information the hotlines and contact details to get information and support in Cayman Islands. Read more.

# COVID-19 FAQS

#### What is COVID-19?

The information and studies we are receiving on COVID-19 grow by the day, and so does the understanding. The advice from our Chief Medical Officer is that shared by national public health agencies such as the Centers for Disease Control in the USA, Public Health England and the World Health Organization. <u>Read more</u>.

#### What is Government doing to address COVID-19?

Here on our official website, you can find the most up to date news and information about Government's response to COVID-19. This includes <u>Policies in Action</u> to protect our community and save lives.

#### What should I do if I think I have COVID-19?

Unless you require emergency medical care, stay home. Call your General Practitioner or the 24-hour Flu Hotline on 1-800-534-8600 or 947-3077 for advice if you are not managing. Depending on your symptoms and travel history you will most likely be advised to self-isolate at home. A member of the Health Services Authority will visit you at your home. <u>Read more.</u>

#### What should businesses do?

The Cayman Islands Government issued advice on how businesses and commerce can prepare ahead of a potential community case. We are also keeping this website updated to reflect the latest policies, advice and Government relief measures for businesses. <u>Read more.</u> View all of our frequently asked questions on COVID-19 here.

## PREVENTION TIPS

The best way to protect yourself and others from the spread of COVID-19 is to practice these three tips:

- Catch it. Catch a cough or sneeze in a tissue. If you have nothing to use, use your elbow and not your hands.
- Sin it. Bin the tissues after use. Viruses can live for hours in tissues.
- Kill it. By avoiding close contact with those suffering from acute respiratory illness, avoiding travel if you have flu-like symptoms (or a cough or a fever) we can help kill the virus.

## CAYMAN PREPARED

Hazard Management Cayman Islands has overall responsibility for the national Comprehensive Disaster Management programme, including preparedness, response, mitigation and recovery.

HMCI is responsible for the National Emergency Operations Centre (NEOC), which is activated to direct and coordinate the response to national threats. <u>Read more.</u>

# PRESS ROOM

► Thursday 16 April Update: Curfews & Beach Access Restrictions Extended to 1st May, Proposed Amendments to Immigration Law to Assist Work Permit Holders, Flight to Canada Planned. <u>Read more</u>

► Wednesday 15 April Update: Of 56 Test Results Received, Six Are Positive, Mass Testing To Start Early Next Week. <u>Read more</u>

Minister for Education Provides Answers to Matters Concerning Education During COVID-19. <u>Read more</u>

► Tuesday 14 April Update: No Further Test Results, The Five Admitted To Hospital Are Stable, Commissioner Warns Of COVID-19 Cyber Scams. <u>Read more</u>

Documents for Legalisation using Passport and Corporate Services. <u>Read more</u>

► Monday, 13 April Government Update: Extension of Curfews Likely, Stricter Measures Should Conditions Worsen, 1 New Positive Case, Clinical Management of Patients Update, Public Asked to Follow Proper Garbage Disposal Guidelines. <u>Read more</u>

Premier's Statement April 13: The Government does have a COVID-19 plan, Adherence Required by All, Widespread Testing to Start soon. <u>Read more</u>

► Easter weekend video update from the Commissioner of Police: Exercise period is 90 minutes only on days without hard curfew, penalties for breach of curfew, hard curfew of all public beaches on Monday, 14 April. <u>Watch now</u>

A hard curfew has been imposed prohibiting all person from accessing all beaches and the coastline on Easter Monday, 13 April. <u>Read more</u>

New toll free phone helpline for older persons. <u>Read more</u>

Read all news

#### MORE INFORMATION

Government School Staff Going Above and Beyond

Feeding the Mind, Body and Soul of our Future

Learn More >>

Flatten the curve Stay Home to Save Lives

Stay Inside Save Lives: 24 Fun Things To Do Inside Over Easter We understand how important Easter weekend is to the Cayman Islands, especially given the significance of the holiday to families.

Learn More >>

#### COVID-19

## When & Why To Wear A Mask In The Cayman Islands

Homemade masks can be useful when acting as a partial barrier to stop droplet spread of the virus responsible for the coronavirus disease (COVID-19). That said, we must be cautious when considering using them as protection against the transmission of COVID-19 cannot be guaranteed.

Learn More >>

#### COVID-19 Business

# Small Business Continuity During COVID-19 In the Cayman Islands

We understand that businesses have been impacted by COVID-19 in the Cayman Islands. With nonessential workers being asked to stay at home in order to reduce the spread of the virus and to protect the community, as well as a decrease in customers, such as tourists, your business's...

Learn More >>

#### COVID-19 Flatten the curve

## Flatten The Curve: How & When To Self-Isolate

There are several reasons you may be required to self-isolate to slow the transmission of COVID-19. Here's how and when to self-isolate when it comes to coronavirus in the Cayman Islands as of 17 March:

Learn More >>

#### COVID-19 Flatten the curve

# Flatten The Curve: How Social Distancing Works & What It Means

The term 'social distancing' has been mentioned a lot when it comes to reducing the spread of the coronavirus disease known as COVID-19.

CAYMAN ISLANDS HEALTH SERVICES AUTHORITY (HSA) Learn more

USA CENTERS FOR DISEASE CONTROL & PROTECTION (CDC)

<u>Learn more</u>

PUBLIC HEALTH ENGLAND (PHE)

<u>Learn more</u>

WORLD HEALTH ORGANIZATION (WHO)

<u>Learn more</u>

CARIBBEAN PUBLIC HEALTH AGENCY (CARPHA)

<u>Learn more</u>



GIVE US YOUR FEEDBACK

Cayman Islands Government, Government Admin Building, Grand Cayman, Cayman Islands, Tel: 345 949 7900



## CAYMAN ISLANDS G O V E R N M E N T