

## COVID-19

If you are feeling unwell and have



Cough



Runny nose



Sore throat



Fever



Difficulty breathing

Stay indoors,  
avoid contact  
with others



Call the  
Hospital for  
advice **28000**

## What You Need To Know About COVID-19

COVID-19 is an infectious disease of global concern. This page is to provide up-to-date information and links for Falkland Islanders and others so they can stay well informed and take steps to protect their health.

Below are a set of frequently asked questions. These will be updated so please check regularly. As well, there are downloadable information sheets and posters for your use., and links to useful overseas information sources.

### Latest Update

### Protecting Your Workforce During COVID-19

### Essential Travel Application

### Support Package Applications

### Frequently Asked Questions

### Information you can use (Translations: [Spanish](#), [Filipino](#))

### Useful Links



### KEMH UPDATE

As part of our regular updates we are keeping people informed of test results as they are returned to us from the United Kingdom.

KEMH would however like to remind people who have been swabbed that they need to wait to hear directly from the hospital concerning their personal test results.

Staff are phoning anyone affected within a day of receiving results, and there's no need to contact the hospital.

If you are waiting for the result of a swab, you must continue to follow advice issued to you by the hospital until KEMH get in touch with you.

337 samples have now been tested in the UK, with 12 COVID-19 positive results in the Falkland Islands to date.

11 of the 12 individuals have now completed self-isolation or treatment.

Remember: If you feel unwell with flu-like symptoms and are worried you might have COVID-19. phone the Hospital on 28000. Staff will provide advice. DO NOT come to KEMH

### QUICKER TESTING

The prospect of much faster testing of Falkland Island swabs for potential COVID-19 is closer, with the expected arrival of an analyser machine.

The machine will mean tests can be done without swabs having to be sent to the UK.

The analyser and related equipment is scheduled to arrive by the end of the week.

There will then be a number of days of introduction, machine calibration and training at KEMH. That will be followed by trial tests to ensure accuracy, before swabs can begin to be processed locally.

We will update on progress next week.

#### SUPPORT FOR WOOL INDUSTRY

The emergence of COVID -19 and its spread has placed enormous pressure on the global wool selling system.

Markets in several key wool producing countries are now closed

In combination with a number of other factors, wool prices are now some 40 to 50 per cent below prices achieved a year ago, and sales of the Falkland wool clip has reduced to zero in the last 2 to 4 weeks. Currently 71% of the Falkland Island wool clip is unsold (around 5,860 bales).

As one of a number of industry focused economic measures in light of the COVID-19 pandemic, Executive Council has today agreed to support Falkland Island Wool Producers.

It has authorised the Department of Natural Resources to develop a programme to purchase their unsold wool.

This will be a one-time offer with price set as at March 2020.

The Department expects to have a detailed programme launched before the end of May.

#### BUILDING SECTOR RESUMES

Work in the building sector has been able to resume today.

Executive Council agreed to the move on Friday, contingent on latest test results received yesterday from the UK.

FIG Chief Executive Barry Rowland said the sector reopening requires strict observation of the Government guidance issued on Monday on how to safely operate in a COVID-19 environment, including maintaining social distancing.

The change will be subject to daily review, based on test results and other circumstances.

Mr Rowland said if the guidance was not followed, the restrictions could be reinstated.

#### ADVICE NOT FOLLOWED

FIG have consistently advised and reminded the public that we are working jointly to minimise non-essential movement and contact between MPC and Stanley to help reduce risk of COVID-19.

Unfortunately, this advice wasn't heeded and a Stanley resident engaged in contact with an individual from MPC.

This is against FIG public health advice, and it also encouraged someone to breach the MPC rules and requirements for contractors.

This is a flagrant disregard of the advice, yesterday the resident was requested to self-isolate for 14 days.

FIG have asked for the community to support the joint efforts already in place and this is a reminder for people to follow the advice for the benefit of everyone.

The contractor's employment has been terminated and is currently placed in quarantine.

#### YOUR WELLBEING

It is understandable if you are worried about your safety and that of your loved ones at this time of COVID-19. Feeling worried does not necessarily mean that you have a mental health problem.

However there are people ready to listen to your concerns and provide support.

This starts with a 7-day service for your emotional wellbeing provided by the KEMH CPN team.

Please contact KEMH on 28082.

There are also many useful ways you can reduce the unease and anxiety you might be feeling.

These include:

- Avoiding too much exposure to news and social media
- Limit the time you spend talking about the coronavirus
- If you have children, let them talk about their worries but reassure them that it's going to be okay.
- Check on your friends and neighbours (especially more vulnerable people) and offer to help out where you can.
- Look after yourself! Do things that make you feel relaxed and safe.
- Stay in touch with friends and family.

There are also other contacts you may find helpful:

The UK-based charity Samaritans : 51515 or email [jo@samaritans.org](mailto:jo@samaritans.org)

NSPCC: 28888

Citizens Advice Bureau: 55355

The NHS website Every Mind Matters has plenty of resources and tips to help you.

If you have any concerns or queries regarding financial matters, welfare or safeguarding concerns for yourself, your family or someone you know, please contact Social Services on 27296. They operate a 24-hour service and an after-office hours you can call on 28100. You can also call the Early Help Service for advice or support on 52281 or [earlyhelp@sec.gov.fk](mailto:earlyhelp@sec.gov.fk)

And don't forget our new Community Volunteers, headed by Vicky Collier. It's a way to get involved in supporting others, plus for those who want support themselves.

Their email is [volunteers@sec.gov.fk](mailto:volunteers@sec.gov.fk)

#### QUARRY REOPENING

The Materials Section of the Public Works Department would like to inform the public that tomorrow, 23 April, the quarry will re-open for the collection of materials.

In line with the current social distancing measures there will now be a system in place when purchasing aggregate:

- All orders must be placed at least one working day before customers want to collect
  - On placing an order customers will be given clear collection instructions
  - Customers collecting aggregate will not be permitted to exit their vehicle and all weighbridge tickets will be posted or emailed to the customer
  - If there are a lot of customers requiring aggregates at once you will be allocated a collection slot on confirmation of your order

Orders cannot be made in person at the quarry. DO NOT go to the quarry without a confirmed pre-order as you will not be permitted to be loaded.

For further information or to place an order, please contact the Quarry Manager, Marc Short on [quarry@pwd.gov.fk](mailto:quarry@pwd.gov.fk) or 27176/51043 during normal working hours.

Advice around the Falkland Islands Government's COVID-19 response can change. Please watch out for further statements from the Government in local media and through the FIG and Community Facebook pages, the web page [fig.gov.fk/covid-19](http://fig.gov.fk/covid-19) and other channels.

[COVID-19 Public Update April 20 2020](#)

[Government unveils comprehensive COVID-19 support package - 17 April](#)

[COVID-19 Public Update - 17 April 2020](#)

[COVID-19 Public Update - 16 April 2020](#)

[COVID-19 Public Update - 15 April 2020](#)

[COVID-19 Public Update PM - 14 April 2020](#)

[COVID-19 Public Update - 9 April 2020](#)

[COVID-19 Public Update - 8 April 2020](#)

[COVID-19 Public Update - 7 April 2020](#)

[COVID-19 Public Update – 6 April 2020](#)

[COVID-19 Public Update – 5 April 2020](#)

[COVID-19 Public Update – 3 April 2020](#)

[COVID-19 Public Update – 2 April 2020](#)

[COVID-19 Public Update – 1 April 2020](#)

[COVID-19 Public Update – 31 March 2020](#)

[New stage in Government COVID-19 response - 26 March 2020](#)

[Infectious Diseases Control Regulations - 24 March 2020](#)

[Summary – Next stage in COVID-19 Response - 20 March 2020](#)

[Guide to FIG services](#)

[What is social distancing and why is it important - 20 March 2020](#)

[NEW TRAVEL ADVISORY - 17 March 2020](#)

[INFECTIOUS DISEASES PLAN PUBLIC - 16 March 2020](#)

## Protecting Your Workforce During COVID-19

The government has today published guidance for the building sector on operating under COVID-19 conditions.

These are exceptional circumstances and the industry must comply with the latest Falkland Island Government advice on COVID-19 at all times.

The Site Operating Procedures are based on Public Health England (PHE) guidance and information provided by the Falkland Islands Government Chief Medical Officer;

Anyone undertaking construction activities during the COVID-19 pandemic needs to ensure they are protecting their workforce and minimizing the risk of spread of infection. This includes considering how personnel travel to and from site.

This guidance is intended to introduce consistent measures on construction sites of all types and sizes, in line with the Government's recommendations on social distancing and ensure employers and individuals make every effort to comply.



### FIG Site Operating Procedures

Created: 2020-04-20 | Changed: | Size: 127.91 KB

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## Essential Travel Application

BFSAI have stringent restrictions in place and are working hard to reduce movement from MPC to Stanley; this is in order to limit travel to that which is essential only

FIG has explored options around the introduction of a process so that essential travel is specifically authorised, this will support efforts already in place by BFSAI

FIG have decided to jointly sign registrations under this scheme.

The scheme is intended to reduce travel between the two population centres and thereby minimise the risk of COVID19 across the Falklands..

Anyone travelling from MPC must have written authorisation with them.

People travelling in from Camp may get stopped, in which case they will be offered advice on social distancing.

Persons who use the MPA road for reasons, such as travel to and around Camp, do not need to register.

The form below is for anyone wishing to make an Essential Travel Application. In relation to the registration process itself enquiries should be addressed to your employer in the first instance or [pa.desis@sec.gov.fk](mailto:pa.desis@sec.gov.fk)



### Essential Travel Application

Created: 2020-04-14 | Changed: 2020-04-16 | Size: 84.31 KB

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## Support Package Applications Now Open

Applications can now be made for the Falkland Islands Government's support package that was announced on 25 March 2020 for private sector employers with employees, as well as the self-employed who have been affected by the COVID-19 pandemic.

The Government is doing this to reinforce and support the strong public health action which the Falkland Islands Government is taking to protect the population and minimise the social and economic impact of this challenging issue.

### How to apply:

Application forms along with other guidance are available through:

Falkland Islands Government - [Here](#)

<https://www.fig.gov.fk/covid-19>

<http://www.fidc.co.fk/library/covid-19>

The Falkland Islands Development Corporation (FIDC) is tasked to develop the commercial sector of the Falkland Islands by being one of the principal partners delivering the Economic, Rural and Tourism Strategies.

If you need assistance filling out the forms, contact Sian Davies, Business Development Officer, at FIDC telephone 51211.

Relevant documents will be translated into Spanish and Filipino and posted to the websites within the next few days.

The package provisions apply to the following categories.

- All employees with symptoms who are advised by KEMH to self-isolate for 14 days will continue to be paid by their employer (regardless of whether they are entitled to leave or sick pay). Employers will be able to seek reimbursement of the costs of this measure from the Government, up to a cap of £1,250 for the 14 calendar days per employee for the period of isolation.
- All self-employed people with symptoms who are advised in writing by KEMH to self-isolate for 14 calendar days will similarly be able to claim a sum of up to £1,250 for the 14 calendar days of self-isolation.
- All “vulnerable” self-employed people who are advised in writing by KEMH to self-isolate for an initial period of 3 months, and who are unable to work from home, will be able to claim a sum of up to £2,500 per month for the period of isolation.
- All “vulnerable” employees who are advised by KEMH to self-isolate for an initial period of 3 months, and who are unable to work from home, will continue to be paid by their employer (regardless of whether they are entitled to leave or sick pay). Employers will be able to seek reimbursement for this measure from the Government, up to a cap of £2,500 per employee per month for the period of isolation.
- When private sector employees without symptoms are
  - a) advised by KEMH to self-isolate due to a household member being symptomatic with a fever and with that household member having been advised by KEMH to self-isolate; or
  - b) advised by the government to stay home due to being classified as a non-essential worker.
  - and who in both instances cannot work from home, they will continue to be paid by their employer (regardless of whether they are entitled to leave or sick pay) for a period of up to 14 days.
- When self-employed people without symptoms are
  - a) advised by KEMH to self-isolate due to a household member being symptomatic with a fever and with that household member having been advised by KEMH to self-isolate.
  - or b) advised by the government to stay home due to being classified as a non-essential worker,
  - and who in both instances cannot work from home, they will be able to claim a sum of up to £1,250 for a period of up to 14 calendar days.

All funds will be considered taxable and subject to the usual deductions from payroll.

If employees or self-employed persons are able to work from home during any period of isolation, we would expect them to do so and not to claim re-imburement from Government.

These measures are designed to ensure that everyone can make the right choice to take necessary public health measures, for the benefit of all, whilst ensuring that the impact on the economy is minimised.

The Government will be announcing further measures to assist the private sector more generally within the next several days.

In addition, the Government continues to offer a range of benefits and allowances to Falkland Islands residents through the Department of Health and Social Services.

English



### Application Form and Guidelines - Employer

Created: 2020-04-02 | Changed: 2020-04-03 | Size: 321.06 KB

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### Application Form and Guidelines - Self-Employed

Created: 2020-04-02 | Changed: 2020-04-21 | Size: 843.44 KB

Download



### Employer flowchart

Created: 2020-04-02 | Changed: 2020-04-03 | Size: 72.56 KB

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### Self-Employed flowchart

Created: 2020-04-02 | Changed: 2020-04-03 | Size: 59.69 KB

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### EMPLOYEE FAQ

Created: 2020-04-02 | Changed: 2020-04-22 | Size: 461.76 KB

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### EMPLOYER FAQ

Created: 2020-04-02 | Changed: 2020-04-22 | Size: 465.04 KB

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### Employers Claim form template

Created: 2020-04-06 | Changed: 2020-04-22 | Size: 170 KB

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### SELF-EMPLOYED FAQ

Created: 2020-04-20 | Changed: 2020-04-21 | Size: 580.72 KB

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Spanish

Filipino

## COVID-19 Frequently Asked Questions

*This information was last updated on 17 March, 2020.*

### What is COVID-19?

COVID-19 is an illness caused by the new novel coronavirus strain, SARS-CoV-2.

### Symptoms of COVID-19

### What preparations have been made for COVID-19 in the Falkland Islands?

### How COVID-19 is spread

### How can I avoid catching COVID-19?

### What should I do if I feel unwell?

### What is the advice on those returning to or travelling to the Falklands?

What steps are taken for a suspected COVID-19 case in the Falkland Islands?

Why can't we test in the Falklands?

What is self-isolation?

Specific advice on self-isolation for different groups

Can I go outside for exercise?

Can I go for a drive?

I have returned on the Airbridge and am in quarantine - can I go out for a walk or a drive?

Treatment for COVID-19

Who is most at risk of COVID-19?

Can I catch COVID-19 off parcels from overseas

Can I get COVID-19 from food or takeaways?

Should I wear a face mask?

Do gloves offer protection?

Is there a vaccine for COVID-19?

Do I need to avoid public places?

Should I stock up on supplies?

## Information you can use

Here is more information you can read. These can be downloaded and printed out.

The material covers:

### Covid-19 - What you need to know



#### Covid-19 - What you need to know

Created: 2020-04-03 | Changed: | Size: 108.68 KB

Download

### Feeling Unwell Poster



#### Feeling Unwell - Poster

Created: 2020-03-06 | Changed: | Size: 192.49 KB

Download

### A COVID-19 information leaflet



#### COVID-19 Information Leaflet

Created: 2020-03-05 | Changed: 2020-03-05 | Size: 468.66 KB

Download

### All about flu



#### Flu Leaflet

Created: 2020-03-05 | Changed: | Size: 473.55 KB

Download

### Information for schools



### COVID-19 Information For Schools

Created: 2020-03-05 | Changed: | Size: 326.1 KB

Download

#### Information for hotels and lodges



### COVID-19 Advice For Hotels

Created: 2020-03-05 | Changed: | Size: 266.56 KB

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### COVID-19 Cleaning Information

Created: 2020-03-05 | Changed: | Size: 256.59 KB

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#### Social Distancing



### What is social distancing and why is it important

Created: 2020-04-13 | Changed: | Size: 124.73 KB

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### Social Distancing - Spanish

Created: 2020-03-27 | Changed: 2020-04-20 | Size: 35.83 KB

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### Social Distancing - Filipino

Created: 2020-03-29 | Changed: 2020-04-20 | Size: 134.11 KB

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### Social Distancing - Zimbabwean

Created: 2020-04-06 | Changed: 2020-04-06 | Size: 97 KB

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### What you need to know about Social Distancing

Created: 2020-04-13 | Changed: | Size: 54.82 KB

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#### Self-isolation



### Self-isolation - 10 tips

Created: 2020-03-05 | Changed: | Size: 324.72 KB

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### Self-isolation - 10 tips - Spanish

Created: 2020-03-27 | Changed: 2020-04-02 | Size: 27.41 KB

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### Self-isolation - 10 tips - Filipino

Created: 2020-03-27 | Changed: 2020-04-02 | Size: 61.26 KB

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### Self-isolation - 10 tips - Zimbabwean

Created: 2020-04-06 | Changed: 2020-04-06 | Size: 124.31 KB

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### Self-isolation Guidance

Created: 2020-04-16 | Changed: 2020-04-17 | Size: 132.33 KB

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### Self-isolation Guidance - Spanish

Created: 2020-04-17 | Changed: 2020-04-17 | Size: 87.24 KB

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### Self-isolation Guidance - Filipino

Created: 2020-04-17 | Changed: 2020-04-17 | Size: 184.98 KB

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#### SPANISH COVID-19 Latest Updates



### COVID-19 Public Update - 22 April 2020 - Spanish

Created: 2020-04-23 | Changed: | Size: 83.57 KB

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### COVID-19 Public Update - 20 April 2020 - Spanish

Created: 2020-04-23 | Changed: | Size: 146.76 KB

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### Government unveils comprehensive COVID-19 support package - 17 April 2020 - Spanish

Created: 2020-04-20 | Changed: | Size: 75.67 KB

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#### FILIPINO COVID-19 Latest Updates



### COVID-19 Public Update - 22 April 2020 - Filipino

Created: 2020-04-23 | Changed: | Size: 129.69 KB

Download



### COVID-19 Public Update - 20 April 2020 - Filipino

Created: 2020-04-23 | Changed: | Size: 192.55 KB

Download



### Government unveils comprehensive COVID-19 support package - 17 April 2020 - Filipino

Created: 2020-04-20 | Changed: | Size: 209.63 KB

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## Useful links concerning COVID-19

The following links cover the latest global information and from the UK.

World Health Organization information is here: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

National Health Service information is here: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

UK Government latest information and advice: <https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

## Contact Us

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