

Minutes of the 5th Expert Committee Meeting for anticipated 3rd wave of COVID Pandemic held on 06.7.2021 from 2.30pm onwards in the Conference hall, next to Office of the Dean, Goa Medical College

The 5th Expert Committee (EC) Meeting was held on 02.07.2021, to deliberate and decide upon the Agenda matters shown below. The Chairman Dr Bandekar welcomed all EC Members and introduced the Special Invitees Dr. Viraj, Dr. Rataboli, Dr. Vaishali & Dr. Sunil. The Minutes of 4th EC Meeting which were previously circulated to all EC Members were passed and adopted. The Chairman requested Member Secretary to proceed with the Agenda for the Meeting. 16 Members attended; Dr. DSa, Dr. Usgaonkar & Dr. Harshad were granted leave of absence. The following matters were discussed & decided upon:

1. **The EC took stock of the functional progress on ATRs** by each concerned Department & Medical Associations. The Dept of Pediatrics, NGDH (Asilo), SGDH (Hospicio), the IAP Goa State Branch & IMA Goa State Branches submitted their Reports and were placed before the EC. Upon studying the Report submitted by Dr. Maria, HoD Pediatrics (Annexure-I), the Chairman requested her alongwith Dr. Sunil, Cardiac Anaesthetist/Intensivist to meet him the next day to discuss in detail regarding preparedness of all arrangements for Pediatric COVID cases at the new Super-Specialty Block (SSB) COVID Hospital GMC, before placing the functional progress before the upcoming State Task Force Meeting. Chairman informed that he has appointed a Staff Nurse to assist Dr. Maria at the SSB. EC accepted the suggestion of Dr. Jagadish for the appointment of a Nodal Officer from Dept of Pediatrics, GMC who shall ensure speedy setting up of all requirements for Pediatric COVID management at GMC, on similar lines as the duties performed by Dr. Viraj as Nodal Officer for Adult COVID.

The functional progress report: and time-lines of the NGDH, SGDH & IAP (Annexures-II, III & IV respily), were satisfactory and appreciated by the EC. The suggestion Dr. Jagadish that the Best Practices of the SGDH towards Bereavement Counseling, Group therapy, self-care for HCWs maybe emulated by other COVID Hospitals was accepted by the EC. It was observed that in their Progress Report (Annexure-V), the IMA had not specifically submitted the list of their Doctors willing to perform COVID duties at Government COVID Hospitals; however, IMA had submitted a fresh list of Doctors willing to do tele-consultation through IVRS with phone numbers & email IDs. Before deploying IMA Members for COVID duties, IMA Goa State President Dr. Buvaji suggested that the DHS & PHD may take appropriate timely decision in consultation with the IMA.

2. EC Members Dr. Dhanesh & Dr. Gauns suggested that **IVIG may be provided under DDSSY Scheme to private children's hospitals** to treat moderate/severe COVID cases in children (MIS-C). They inquired whether the Government would be willing to provide IVIG

to their Private Hospitals irrespective of whether Government beds were full or not. It was decided to place the matter before the State Task Force Committee for their decision. EC Member Dr. Sumant, Pediatric Intensivist who has treated such cases explained that the cost of IVIG treatment for a child with severe COVID ranges from Rs. 60,000 to 2 lakhs. **EC requested the IAP to discuss and identify minimum 2 Hospitals (1 each North & South Goa) willing to offer COVID care for children by the next EC meeting.**

3. After a detail discussion, **on the issue of availability of drugs to treat severe COVID in children & Mucormycosis**, the EC decided to recommend to State Task Force Committee to ensure availability of the following **MINIMUM buffer stocks** during the Pandemic:
 - a. **IVIG to manage severe COVID in children: 200 vials** (each of 2mg/kg dosage)
 - b. **Liposomal Amphotericin B to treat Mucormycosis: atleast 1,500 vials** (since minimum 70 vials are required per patient & there are around 20 cases undergoing treatment in Government / Private hospitals). This drug supply is centrally controlled and is unavailable in open market. Alternative drugs are not as effective.
4. As the curfew was being gradually lifted in Goa this week, it was observed by the EC from media reports & also through their own observations with dismay, that there was scant adherence to COVID appropriate behaviour by the tourists as well as the public at large. The **EC unanimously resolved to recommend that besides ensuring strict implementation of the MoHFW SoPs recommended during previous EC Meetings, stringent penalty must be imposed by the Competent Authorities on Hotels & establishments, entrepreneurs, event managers, organizers and persons who flout the set norms of COVID appropriate behaviour placing lives of others in peril by spreading COVID.**
5. The EC Members recommended that Government should consider granting appropriate financial / incentives to motivate & boost morale of Health Care Workers who have been actually working tirelessly at the various COVID Hospitals.
6. As social responsibility of the EC, Dr. Jagadish circulated a draft **Health Education flier for Parents to prevent and manage mild COVID in Children for their inputs & suggestions.**

There being no further discussion, the Meeting ended with a Vote of Thanks by Member Secretary.

Sumant
Dr. Jagadish A. Cacodcar

Member Secretary &
Professor, HOP
Dept. of Preventive & Social Medicine,
Goa Medical College,
BNS, Goa-Goa.

To, All Members of the Expert Committee

C.c. to: 1. Dean, GMC

- | | |
|--|---|
| 3. OSD to Hon. Chief Minister, Govt of Goa | 4. PA to Hon. Health Minister, Govt of Goa |
| 5. Hon. Secretary (Health), PHD, Govt of Goa | 6. Under Secretary (Health), Gautami Parmekar |

**Preparedness for 3rd wave of COVID Infection
Department of Paediatrics, Goa Medical College,
ACTION TAKEN REPORT**

Date: 06/07/2021

1. Infrastructure:

- a) 60 bedded critical ward is being set up in the Super Speciality Block with PICU, NICU and HDU beds.
- b) 14 bedded PICU/HDU in Goa Medical College – ward 134 for MISC-C cases already in use
- c) Holding Area. Ward 135 with 28 beds is designated as holding area for all suspect COVID- cases. An enclosed inner area is designated for COVID positive cases- being used now

2. Equipment :

- a) For Super Speciality Block: requirements have been estimated & are in the process of procurement.
- b) For ward 134 for MISC-C
All equipment required is available.

3. Manpower :

- a) For Super Speciality Block: manpower requirements have been estimated & are in the process of recruitment.
- b) For ward 134: existing staff is managing.

4. Medications:

- a) For Super Speciality Block: medications are available.
- b) For ward 134: medicines are available

5. Training:

- a) Training of short post residents has already started and is continuing in batches.
- b) Training of nurses : is going on
- c) Training of private pediatricians: has started.
- d) Training of MTS: scheduled to start this week & will continue in batches.



Dr.M.P.Silveira
Professor & Head
Professor of
Department of Paediatrics
Goa Medical College
Panaji, Goa

Annexure - II



Government of Goa

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NO: AH/Adm/ 2021-22/1392

Date: 05/07/2021

To,
Dr. Jagadish Kakodkar,
HOD, Department of PSM,
Goa Medical College,
Bambolim.

Sub: 3rd Wave preparedness action taken report.

Sir,

Please find enclosed herewith Action taken report by the Department of Pediatrics at Asilo Hospital, Mapusa for 3rd Wave preparedness.

Yours faithfully,

Swati Mulgaonkar

(Dr. Swati Mulgaonkar)

Medical Supdt/Dy. Director

Encl: as above.

Following are the actions taken by the Department of Pediatrics at Asilo Hospital for 3rd wave preparedness


Sr. No	Job	Action taken	Pending	Expected completion
1	Beds SNCU 5	Scaled TO 10	AC duct repair Painting	July 3 rd week
2	Pediatric ward 20 bedded*	13 oxygen ports functional 9 oxygen concentrators	Painting	July 3 rd week
3	Equipment** Additional +consumables	Submitted to Director DHS	Tender process underway	July 4 th week
4.	HR*** Medical officers, Nurses, MTS Consultant	Submitted to Director (ADM) DHS		
5.	Training	1/6/21 48 MO 30/6 & 1/7 MOFHW ! consultant 6 nurses 6 MOs 6/7/21 TOT	Roll out plan	July 4 th week
6	Training	IMNCI		July 3 rd week
7	Sentinel surveillance – Rapid kit test	165 screened June 2021 24 positive	Sero surveillance Community	July 4 th week
8	Vaccination of - parents -children admitted, attending DEIC encouraged.	Online session Telephonic reminders	Reminders to children with co-morbidities	

9	Awareness in general public	Video in local language		July 2 nd week
10	Consumables			July 4 th week

* Additional 10 beds in adult ward for 12-18 years can be made
Totaling 30 pediatric beds

** Pediatric ward- Some equipment have come under CSR and also via organizations such as Rotary.

*** Since 1/7/2021 staff nurses trained in pediatric and newborn care having prior experience are posted in these wards. Refresher training & hands on skill training planned.


Dr. Chetna Khemani
Sr. Pediatrician
Azilo Hospital.

Preparedness for 3rd Wave

Dept. of Paediatrics

South Goa District (COVID-19) Hospital

05/07/2021

A) Infrastructure

- 61 bedded ward commissioned and ready.
- 07 bedded HDU commissioned and ready.
- 12 bedded SNCU to be commissioned on 10/07/2021.

B) Human Resource

- 20 Staff Nurses identified
-18 nurses hands-on capacity building training done.
- 10 MTS identified for site-specific infection control training. To be commenced on 06/07/2021.
- Training on Preparedness for COVID-19 in Paediatrics held by Mollie W on 30/06/2021 and 01/06/2021, attended by 02 doctors and 09 staff nurses.
- Training of Physiotherapists on Paediatric chest physiotherapy to be completed on 10/07/2021.

C) Equipment available on site

- 12 Nos Infant warmers installed.
- 10 Nos Syringe pumps installed.
- 08 Nos Multipara monitors installed.
- 03 Nos Phototherapy machines installed.
- 02 Nos Paediatric ventilator installed.
- 03 Nos HFNC available.

D) Ensuring Uninterrupted Oxygen Availability

- Systems put in place for 3rd wave include:
 1. 600 litres per minute Oxygen Generation Plant installed.
 2. 5600L capacity Liquid Medical Oxygen tank.
 3. 960 litres per minute Oxygen Generation Plant to be commissioned on 06/07/2021.
 4. Nodal Officer appointed for Oxygen supply and maintenance of delivery system: Dr. Gayatri Kalyanshetty, Sr. Anaesthetist, Hospicio Hospital.
 5. Training of 4 in-house MTS on maintenance of oxygen delivery system.

E) Scaling up COVID-19 Surveillance and Testing

- Conventional RT-PCR laboratory commissioned at SGDH on 24/06/2021.
- Antigen testing at railway station for incoming passengers.
- Antigen testing of difficult to reach population at Malbhat, Margao.

F) Diagnostics and Imaging

- 32 Slice CT-Scan machine to be installed. Site readiness underway.

G) COVID-19 Vaccination

- All parents attending OPD encouraged to be vaccinated.
- Vaccination sessions held at 07 different old age homes, targeting difficult to reach population.

H) Sentinel Surveillance (Antibody Testing)

- Ongoing surveillance among children 0-18 years of age attending Paediatric OPD.
- Current positivity rate is 22%

I) Crisis Intervention Centre Initiatives (Hospicio Hospital)

- Walk-in bereavement counseling services (Mondays to Saturdays) at OPD 26.
- Group therapy (bereavement counseling) every Tuesday (3-4pm) at T.B. Hospital Margao.
- Virtual rejuvenation sessions for healthcare workers on emotional self-care every Sunday 8pm, with International expert as Resource Person.

J) Engaging with Social Welfare bodies

- Identification and support of children orphaned due to COVID-19.
- Paediatric consultation and clinical guidance at COVID Care Centre for marginalized and orphan children run by Pro Child Network at Pajifond, Margao.

Dr. Irina Almeida

Dr. Irina Almeida

Sr. Paediatrician

Hospicio Hospital

Dr. Irina Almeida

Sr. Paediatrician

Hospicio Hospital

Margao, Goa



INDIAN ACADEMY OF PEDIATRICS

GOA STATE CHAPTER

GOA STATE CHAPTER

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Date: 05.07.2021

To

The Member Secretary
(Expert Committee for anticipated 3rd wave of COVID-19 in Goa)

Subject: Update to Action Taken report (submitted on 10.06.2021) of the Indian Academy of Pediatrics Goa State Chapter

Dear Sir

Since the previous ATR submitted on 10.06.2021, please note the following updates:-

1. Status of training in critical care and mechanical ventilation of various IAP members who have volunteered to work if required in pediatric critical care areas (Annexure I)
2. Additional public awareness activities by various academy members on COVID-19 and MIS-C (Annexure II). This is an ongoing initiative and such activities are likely to continue in general public interest.

Dr Dhanesh Volvoikar
President

Dr Sumant Prabhudesai
Hon. Secretary

Dr Siddhi Akarker
Treasurer

IAP Goa State Chapter 2021-2022



ANNEXURE II**LIST OF ADDITIONAL AWARENESS ACTIVITIES UNDERTAKEN BY MEMBERS OF INDIAN ACADEMY OF PEDIATRICS, GOA STATE (11.06.201 to present)**

Date	Time	Activity	Doctor	Remarks/ Link
10.06.20 21	3PM to 4PM	Awareness talk on "COVID vaccines, and its importance and related myths" delivered to 78 members of South Goa Self help Ladies' group through:- Goa Institute of Public Administration and Rural Development (GIPARD) as a webinar	Dr Poonam Sambhaji	
11.06.20 21		IG TV Live talk with Rani Kamat to group of 55 College students on "COVID awareness and covid vaccine queries"	Dr Poonam Sambhaji	
13.06.20 21	5-6 PM	Guest lecture on "COVID-Third wave in Children" for Libra Socio Legal Trust-attended by 44 advocates	Dr Poonam Sambhaji	
15.06.20 21	2:30 PM to 4:00 PM	Zoom meeting on "Getting acquainted with MIS-C" for medical officers and doctors of Hospicio, Margao	Dr Harshad Kamat	
27.06.20 21		Newspaper interview regarding COVID awareness	Dr Poonam Sambhaji	https://goaninsider.com/medicine/doctor-poonam-sambhaji-from-goal/
28.06.20 21	8-9 PM	Virtual online CME by IMA Margao on "Teens in Trouble-Adolescent Mental Wellbeing and COVID-19 pandemic"	Dr Nandita D'Souza	
01.07.20 21		Newspaper article on possibility of third wave	Dr Mukul Pai Raiturkar	Lokmat, 01.07.2021
02.07.20 21	7:30 - 8:30 PM	Online webinar on "getting acquainted with MIS-C" organised by IMA Margao	Dr Harshad Kamat	



05.07.2021



IAP GOA

ANNEXURE I**TRAINING STATUS OF MEMBERS OF INDIAN ACADEMY OF PEDIATRICS,
GOA (CRITICAL CARE AND MECHANICAL VENTILATION)**

SR NO.	NAME	TRAINING STATUS
1	DR ARVIND JULIAN D ALMEIDA	Training scheduled on 05.07.2021 to 08.07.2021, GMC
2	DR HARSHAD G KAMAT	Training scheduled on 05.07.2021 to 08.07.2021, GMC
3	DR KAMALESH ANANT KEPKAR	Has satisfactory prior training; no additional training required
4	DR RYAN JOHN DIAS	Has satisfactory prior training; no additional training required
5	DR SUHEL J NAGARSENKAR	Has satisfactory prior training; no additional training required
6	DR PRIYANKA R AMONKAR	Has satisfactory prior training; no additional training required
7	DR SIYA JAIPRAKASH CARO	Has satisfactory prior training; no additional training required
8	DR KETAN KHOT	Training scheduled on 05.07.2021 to 08.07.2021, GMC
9	DR VIRENDRA SADANAND GAOKAR	Has satisfactory prior training; no additional training required
10	DR SWAPNIL K USGAONKAR	Has satisfactory prior training; no additional training required
11	DR GITANJALI SUKHIJA	Has satisfactory prior training; no additional training required
12	DR MANEKA J FERNANDES	Has satisfactory prior training; no additional training required
13	DR AKANKSHA ANJALI	Has satisfactory prior training; no additional training required
14	DR JIS JOLLY PALLITHANAM	Has satisfactory prior training; no additional training required
15	DR SIDDHI TULSIDAS AKARKER	Has satisfactory prior training; no additional training required
16	DR SHIVANAND Y GAUNS	Has satisfactory prior training; no additional training required
17	DR AMEY GAUNS	Training scheduled on 05.07.2021 to 08.07.2021, GMC
18	DR NARENDRA R TARALKAR	Training scheduled on 05.07.2021 to 08.07.2021, GMC

LIST OF ADDITIONAL MEMBERS REGISTERED FOR TRAINING

SR NO.	NAME	TRAINING STATUS
1	DR SIDDHI NERVEKAR	Training scheduled on 05.07.2021 to 08.07.2021, GMC
2	DR RAMCHANDRA BHAT	Training scheduled on 05.07.2021 to 08.07.2021, GMC


05.07.2021



IAP GOA



Annexure - V

INDIAN MEDICAL ASSOCIATION

GOA STATE BRANCH

Registered under societies Act, 1860 No.33/Goa/98
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Executive Committee 2021

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Date: 04/07/2021

To,

The Member Secretary,

Expert Committee / State Task Force & Steering Committee

A Fresh list with email ids is being submitted herewith which includes the names of IMA Members who are willing for tele consultation in collaboration with Govt. IVRS.

The list of consultants in the field of Medicine, Anaesthetists, and Pulmonologists has already been submitted earlier who had offered their services in the peak of second wave at various Govt. health centres.

In this month of July two state level CMEs are in the pipeline for preparedness of the unpredictable third wave which will involve pulmonologist and paediatric consultant for awareness and involvement by IMA Members in the COVID work in case.

I wish to inform that in the second wave private IMA Members were involved in the both COVID and non COVID work. 21 dedicated COVID hospitals in private sector were totally managed by private IMA members simultaneously offering their services in the crisis at SGDh, NGDH, ID hospitals CHCs etc. The members above 60 years were given some relaxation from direct COVID work. At the same time the non COVID work also was managed in the equal tone by private IMA Members which also had to be managed along with COVID work maintaining the balance. This was also the prime and equal need of the time during COVID. The health system in private was managed to near perfection by private IMA Members in COVID as well as non COVID and the full strength was devoted in the crisis.

In spite of this, in the eventualities of third wave the IMA Member from private sector would be on the fore front and would continue in the same calibre like second wave as per PHD guidelines and orders issued which would involve the specialists from Medicine, Anaesthetists and Pulmonologists as well as doctors from other specialties.

Regarding **skill-based Training Programs** I wish to request GMC, DHS, ESI to communicate the upcoming programs to be shared to all the IMA Members as the experts conducting programs are almost common on all platforms. This would help in non duplication of the topics and the experts speaking on the multiple platforms.

Dr. Vinayak Buvaji

President

IMA Goa

THEME FOR 2021: The Pandemic— 'RETHINK & REBUILD'

IMA Members willing for IVRS participation (cell numbers & email ids)

05/07/2021

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Corona Infection among children – Information for parents and public

1. The severity of Corona infection among children when compared to adults has been less so far and hence there is no need to panic.
 2. Only when the adults in the family practice the following meticulously – wearing mask, hand hygiene, social distancing and vaccination against Covid, we can prevent Corona infection among children in the family and protect them.
 3. Lactating mothers should also get vaccinated against Covid.
 4. After delivery, even if the mother is Covid positive, baby and mother should not be separated.
 5. All babies should be exclusively breastfed for the first six months irrespective of the Covid status. Corona virus is usually not transmitted through breastmilk. In contrast, the baby will receive antibodies against Corona virus through breastmilk.
 6. The mother should wear a mask during breastfeeding. She should also keep her hands clean by frequently washing with soap and water or using sanitizer.
 7. All children should receive the vaccines mentioned in the National Immunization schedule at the specified age.
 8. It is not necessary for children below 5 years to wear masks.
 9. Children infected with Corona may be asymptomatic. Some children can have fever, cough, cold or loose stools.
 10. If a child infected with Corona virus does not have respiratory distress, he/she can be isolated at home. In case of respiratory distress, it is mandatory to seek medical advice and care.
 11. It is important to ensure that the affected children are not dehydrated. These children can be given more fluids like rice gruel, tender coconut water, fruit juice in addition to nutritious diet.
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12. If the child has loose stools, home made or commercially available Oral Rehydration Solution (ORS) can be given.
 13. Oral Paracetamol is enough for managing fever in children. Administering unnecessary medicines without appropriate medical advice can be dangerous.
 14. In case the child also has other chronic problems like Asthma, Diabetes or Epilepsy, the concerned medications should be continued with medical advice.
 15. Children should avoid stepping out of the house unnecessarily. They should not be taken to overcrowded places.
 16. Due to Corona pandemic and home confinement, children are likely to experience psychological problems like stress or depression.
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17. It is advisable to reduce daily screen time for children (watching TV, cellphone, computer etc.). Unnecessary media information which is likely to cause fear and panic need not be shared with children.
 18. It is important that the parents sit down and freely interact with the children during this pandemic. All their concerns should be addressed diligently. In case the children have psychological issues, appropriate counselling and medical care should be given.
 19. To keep children active and happy, we can engage them in different games within the home. Their special talents should be identified and they should be encouraged to improve their skills in the areas of their choice.
 20. All of us should cooperate with the Government so that we and our children are free of Corona soon.


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