



COVID-19 INDIA  
as on : 29 April 2020, 17:00 GMT+5:30

For any technical enquiry with respect to COVID19, you may kindly email on [technicalquery.covid19@gov.in](mailto:technicalquery.covid19@gov.in)  
Tele survey from 1921

### Latest Updates

29.04.2020  
Awareness Material for front line workers of COVID-19 - Hindi

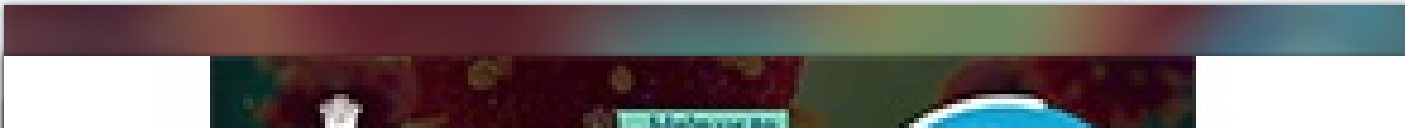
COVID-19 Statewise Status (Click to expand)

### Resources

Travel Advisories	20.03.2020 Instructions to all major and minor ports for dealing with(COVID-19)
Behavioural Health : Psycho-Social toll free helpline-08046110007	19.03.2020 Additional Travel Advisory
Citizens	18.03.2020 Standard Operating Procedure for Passenger Movement post Disembarkation
Hospitals	17.03.2020 Additional Travel Advisory
Training Material	16.03.2020 Additional Travel Advisory
States / Departments / Ministries	14.03.2020 Restrictions on International passenger traffic through Land Check Posts
Employees	13.03.2020 Restrictions on International passenger traffic through land check posts-COVID 19
Awareness Material	11.03.2020 Consolidated Travel Advisory - 11 March 2020
Inspirational series on Healthcare Service Personnel	

### Awareness

English Hindi



**(COVID-19)**  
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Centre (NIC)



## Protect yourself and others!

### Follow these Do's and Don'ts

#### Do's



Practice frequent hand washing. Wash hands with soap and water or use alcohol based hand rub. Wash hands even if they are not sticky.



Cover your nose and mouth with hands/curved forearm while sneezing and coughing.



Wipe used tissues into closed bins immediately after use.



See a doctor if you feel chest pain, difficult breathing and cough. While waiting doctor wear a mask/veil to cover your mouth and nose.



If you have these symptoms/illness please call State helpline number or Ministry of Health & Family Welfare's 24x7 helpline at 011-23971000.



Avoid participating in large gatherings.



Have a close contact with anyone if you're experiencing cough and fever.



Touch your eyes, nose and mouth.



Spit in public.

#### Don'ts

## Together we can fight Coronavirus

#### For further information :

Call at Ministry of Health, Govt. of India's 24x7 control room number  
**+91-11-2397 8046**

Email at [ncov2019@gmail.com](mailto:ncov2019@gmail.com)