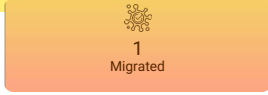




Helpline Number :+91-11-23978046 Toll Free : 1075 Helpline Email ID : ncov2019@gov.in States & Union Territories (View pdf)

Arogya Setu 



- Resources
- State Data
- Graphics

COVID-19 INDIA  
as on : 30 April 2020, 08:00 GMT+5:30

For any technical enquiry with respect to COVID19, you may kindly email on [technicalquery.covid19@gov.in](mailto:technicalquery.covid19@gov.in)  
Tele survey from 1921

## Latest Updates

[29.04.2020](#)  
Awarness Material for front line workers of COVID-19 - Hindi

COVID-19 Statewise Status (Click to expand)

## Resources

|   |   |
|---|---|
| Travel Advisories   | <a href="#">20.03.2020</a><br>Instructions to all major and minor ports for dealing with(COVID-19)              |
| Behavioural Health : Psycho-Social toll free helpline-08046110007 | <a href="#">19.03.2020</a><br>Additional Travel Advisory  |
| Citizens  | <a href="#">18.03.2020</a><br>Standard Operating Procedure for Passenger Movement post Disembarkation           |
| Hospitals   | <a href="#">17.03.2020</a><br>Additional Travel Advisory  |
| Training Material   | <a href="#">16.03.2020</a><br>Additional Travel Advisory  |
| States / Departments / Ministries                                 | <a href="#">14.03.2020</a><br>Restrictions on International passenger traffic through Land Check Posts          |
| Employees   | <a href="#">13.03.2020</a><br>Restrictions on International passenger traffic through land check posts-COVID 19 |
| Awareness Material  | <a href="#">11.03.2020</a><br>Consolidated Travel Advisory - 11 March 2020                                      |
| Inspirational series on Healthcare Service Personnel              |   |

## Awareness

English Hindi



Ministry of Health & Family Welfare  
Government of India



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# NOVEL CORONAVIRUS (COVID-19)

## COVID-19 testing - when and how?

All individuals need not be tested, because

Disease is primarily reported in individuals with travel history to the affected countries or close contacts of positive cases.

### WHOM TO TEST

All symptomatic people who

- Have history of international travel in last 14 days
- Had come in contact of confirmed cases
- Are healthcare workers
- Are hospitalized patients with Severe Acute Respiratory Illness (SARI) or Influenza Like Illness (ILI) or severe pneumonia.

Asymptomatic direct and high-risk contacts of confirmed cases should be tested once between day 5 and day 14 of coming in bluffer contact. Direct and high-risk contact include:

- Those living in same household with a confirmed case
- Healthcare workers who examined a confirmed case without adequate protection as per WHO recommendations.



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# NOVEL CORONAVIRUS (COVID-19)

When to wear a Mask?

## Everyone NEED NOT WEAR a mask!

Only wear a mask if

- You have symptoms (Cough, fever or difficulty in breathing)
- You are caring for a COVID-19 suspect/confirmed patient

FAQs

[Click to see the FAQ pdf](#)



Change the mask after six hours or as soon as they become wet.



Never reuse the used mask. Dispose it immediately after use. Do not touch the inside of the mask, while removing it.



Do not touch the potentially contaminated outer surface of the mask, while removing it.



After removal of mask, wash your hands with soap and water or use alcohol-based hand rub disinfectant.

Together we can fight COVID-19!

For further information call  
Ministry of Health & Family Welfare,  
Government of India  
1075 central toll number

1075 (Toll Free) | 011-23978046

Email at [ncov2019@gmail.com](mailto:ncov2019@gmail.com)

Control 1075 Ministry of Health and Family Welfare, India | 1075 and +91-11-23978046  
ncov2019@gmail.com

# 1075 (Toll Free) | 011-23978046

Email to [ncov2019@nic.in](mailto:ncov2019@nic.in), [ncov2019@gmail.com](mailto:ncov2019@gmail.com)



## Protect yourself and others!

Follow these Do's and Don'ts

### Do's

- Practice frequent hand washing. Wash hands with soap and water or use alcohol based hand rub. Wash hands even if they are not sticky.
- Cover your nose and mouth with *translucent/tissue* while sneezing and coughing.
- Wearing mask before entering closed bus immediately after use.
- See a doctor if you feel chest pain, difficulty breathing and cough. While visiting doctor wear a mask/face to cover your mouth and nose.
- If you have these symptoms please call State helpline number or Ministry of Health & Family Welfare's 1075 helpline at 011-23978046.
- Avoid participating in large gatherings.

### Don'ts

- Have a close contact with anyone if you're experiencing cough and fever.
- Touch your eyes, nose and mouth.
- Spit in public.

## Together we can fight Coronavirus

For further information :  
Call at Ministry of Health, Govt. of India's 24x7 control room number  
**+91-11-2397 8046**  
Email at [ncov2019@gmail.com](mailto:ncov2019@gmail.com)

