

GOVERNMENT OF TELANGANA DIRECTOR OF PUBLIC HEALTH AND FAMILY WELFARE DATED: 01/05/2020 MEDIA BULLETIN Update: 8PM

TOTAL POSITIVE CASES OF COVID-19 = 1044

CONFIRMED POSITIVE TODAY = 6	ACTIVE CASES TILL DATE = 552
CURED/ DISCHARGED TILL DATE = 464	DEATHS TILL DATE = 28

DISTRICTS WITH NEW POSITIVE CASES TODAY

GHMC	5
Ranga Reddy	1

LIST OF DISTRICTS WITH ZERO (0) POSITIVE CASES TILL DATE

1	Warangal (Rural)	
2	Yadadri	
3	Wanaparthy	

LIST OF DISTRICTS WITH ZERO (0) ACTIVE CASES

1	Siddipet
2	Mahabubabad
3	Mancherial
4	Narayanpet
5	Peddapally
6	Bhadradri
7	Nagarkurnool
8	Mulugu
9	Sanga Reddy
10	Jagityal

LIST OF DISTRICTS WITH ZERO (0) POSITIVE CASES SINCE THE PAST 14 DAYS

1	Karimnagar
2	Kamareddy
3	Mahabubnagar
4	Medak
5	Bhupalpally

HELPLINES

- 1) Any Citizen in need of information on COVID-19 may call 104
- 2) Any Citizen in need of mental health/ counselling services may call 108

ADVISORY AND APPEAL TO THE GENERAL PUBLIC

- ➤ The Citizens are requested to wear face masks as it is the first line of defense against infection. Homemade double layered face masks are effective in preventing infection. The masks should not be frequently adjusted by touching on the outer surface. They should be washed every day and can be reused.
- In case of any Flu like symptoms (cough, sore throat, running nose, fever, difficulty in breathing, body pains and headache) even without travel history / contact history, it is requested to report to the nearest government health facility.
- The Citizens are requested to reach out and report to the nearest government health facility in case they have contacted any person who has travelled to Markaz, Delhi.
- The Citizens are requested to adhere to the lockdown guidelines and stay indoors. Staying indoors is the best prevention strategy.
- To ensure that properly cooked fresh food and safe potable water is consumed. Eat fresh fruits every day and drink plenty of water.
- Senior citizens are requested to stay indoors, not to venture out and to take regular medication for other conditions like Diabetes, Hypertension etc.
- ➤ To maintain personal hygiene, hand hygiene, social distancing, cough hygiene. Frequent hand washing with frothing soap is the best preventive measure.
- ➤ In view of lockdown, the citizens are encouraged to ensure adequate physical activity by simple exercises, yoga, meditation.

Sd/-Director Public Health & Family Welfare Telangana