



GOVERNMENT OF TELANGANA
DIRECTOR OF PUBLIC HEALTH AND FAMILY WELFARE
MEDIA BULLETIN

DATED: 21/05/2020

Update: 8.PM

TOTAL POSITIVE CASES OF COVID-19 = 1,699
TOTAL CURED/ DISCHARGED TILL DATE = 1,036
TOTAL MIGRANTS POSITIVE AS ON DATE = 99

CURED / DISCHARGED TODAY = 23	DEATHS TILL DATE = 45
CONFIRMED POSITIVE TODAY = 38	ACTIVE CASES AS ON DATE = 618

DISTRICT WITH NEW POSITIVE CASES TODAY

GHMC	26
RANGA REDDY	2
MIGRANTS	10

DISTRICTS WITH ZERO (0) POSITIVE CASES TILL DATE

1	WARANGAL (RURAL)
2	YADADRI
3	WANAPARTHY

DISTRICTS WITH ZERO (0) NEW POSITIVE CASES SINCE THE PAST 14 DAYS

1	KARIMNAGAR
2	SIRICILLA
3	KAMAREDDY
4	MAHABUBNAGAR
5	MEDAK
6	BHUPALPALLY
7	NAGARKURNOOL
8	MULUGU
9	PEDDAPALLY
10	SIDDIPET
11	MAHABUBABAD
12	MANCHERIAL
13	BADRADRI
14	VIKARABAD
15	NALGONDA
16	ASIFABAD
17	KHAMMAM
18	NIZAMABAD
19	ADILABAD
20	SURYAPET
21	NARAYANPET
22	WARANGAL URBAN
23	GADWAL
24	JANGAON
25	NIRMAL

MIGRANTS

- Large number of migrants are entering the state from across the country.
- The Evacuees from other countries that are arriving at Hyderabad by designated flights are being screened at the airports and the symptomatic persons are tested for Covid-19.
- All migrants arriving by road and rail are being screened for symptoms at railway stations and at road border check posts.
- The asymptomatic migrants arriving in Telangana through various points of entry are quarantined at home and in government quarantine facilities. The symptomatic migrants are isolated and tested and for further course of action.
- The general public are requested to inform the local authorities in case they identify any new persons, migrants who have newly arrived in the towns and villages.

HELPLINES

- 1) Any Citizen in need of information on COVID-19 may call 104
- 2) Any Citizen in need of mental health/ counselling services may call 108

ADVISORY TO THE PUBLIC

- **Physical Distancing:** Always maintain a safe distance of at least 6 feet from others. Close contact with strangers is to be avoided. Maintain safe distance at markets, workplace and during travel.
- **Face Masks:** The Citizens are requested to wear face masks as it is the first line of defense against infection. Homemade double layered face masks are effective in preventing infection. The masks should not be frequently adjusted by touching on the external surface. They should be washed every day and can be reused.
- **Influenza like illness (ILI):** In case of any Flu/ Influenza like symptoms such as cough, sore throat, running nose, fever, difficulty in breathing, body pains and headache, please report to the nearest government health facility without delay.
- **Self reporting:** The Citizens are requested to reach out and report to the nearest government health facility in case they have come in contact with a Covid-19 positive person OR their contacts.
- **Avoid unnecessary travel:** The Citizens are requested to stay at home and avoid travel. Staying indoors is the best prevention strategy.
- **Food Habits:** To ensure that properly cooked fresh food and safe potable water is consumed. Eat fresh fruits every day and drink plenty of water.
- **Senior citizens:** Are requested to stay indoors, not to venture out and to take regular medication for other conditions like Diabetes, Hypertension etc. Ensure prompt consultation in case of any symptoms.
- **Non-Pharmacological interventions:** To maintain personal hygiene, hand hygiene, cough hygiene. Frequent hand washing with frothing soap is the best preventive measure.
- **Psychological wellbeing:** In view of lockdown, the citizens are encouraged to ensure adequate physical activity by simple exercises, yoga, meditation.

Sd/-

**Director Public Health & Family Welfare
Telangana**