

Date: 30-11-2020

Health Bulletin

Time: 06:00 PM



Positive Today: **455**



Recovered Today: **352**



Death Today: **09**



Active Cases: **5059**

S⁺vty

Sample Positivity: **5.58%**

R%

Recovery Percentage: **90.68%**

1. Total cumulative Positive COVID-19 detected: **74795**
2. Total Number of COVID-19 Patients Treated/ Cured: **67827**
3. Total COVID-19 patients migrated out of state: **678**
4. Total COVID-19 Deaths: **1231**
5. Number of samples found negative for COVID-19 today: **12510**
6. Total number of samples sent for COVID-19 testing today: **10666**
7. Total number of cumulative samples found negative: **1265484**
8. Total number of samples result awaited: **14906**



Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	85	710	66566	24	2346	68912	226
Bageshwar	206	406	39975	13	1167	41142	399
Chamoli	408	91	58219	17	2674	60893	872
Champawat	323	620	61768	11	1385	63153	430
Dehradun	3197	2,991	193,788	185	21373	215,161	3729
Haridwar	2077	2,166	213,496	23	12087	225,583	3019
Nainital	904	766	110311	57	8539	118850	1177
Pauri Garhwal	422	550	94353	19	4230	98583	602
Pithoragarh	312	420	48132	49	2245	50377	402
Rudraprayag	161	58	37569	8	1853	39422	249
Tehri Garhwal	284	738	71180	14	3571	74751	516
US Nagar	1631	2193	192475	24	10302	202777	2400
Uttarkashi	656	801	77,652	11	3023	80,675	885
Total	10666	12510	1265484	455	74795	1340279	14906

Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated
Almora	2346	2085	203	14	44
Bageshwar	1167	1027	131	9	0
Chamoli	2674	2346	283	12	33
Champawat	1385	1172	190	7	16
Dehradun	21373	19054	1403	683	233
Haridwar	12087	11,262	618	135	72
Nainital	8539	7886	440	169	44
Pauri Garhwal	4230	3612	550	44	24
Pithoragarh	2245	1814	409	22	0
Rudraprayag	1853	1746	93	8	6
Tehri Garhwal	3571	3239	279	13	40
U.S. Nagar	10302	9,783	309	103	107
Uttarkashi	3023	2,801	151	12	59
Total	74795	67827	5059	1231	678

Covid-19 Vaccination के सम्बन्ध में

प्रदेश के सभी हेल्थ केयर कर्मियों का डेटा लिया जा रहा है ..

सभी चिकित्सा इकाईयों (सरकारी / प्राइवेट) के Facility incharge अपने जनपद के मुख्य चिकित्साधिकारी से सम्पर्क करें

COVID-19
Uttarakhand State Control Room



अधिक जानकारी के लिये टोल फ्री नं० 104 पर काल करें

घर बैठे ई संजीवनी एप के द्वारा डाक्टर से लें अपनी बीमारी का पूरा इलाज

राज्य के योग्य डाक्टरों की टीम आनलाईन मुफ्त इलाज के लिये आपके ही मोबाईल पर सेवा में तत्पर है ..

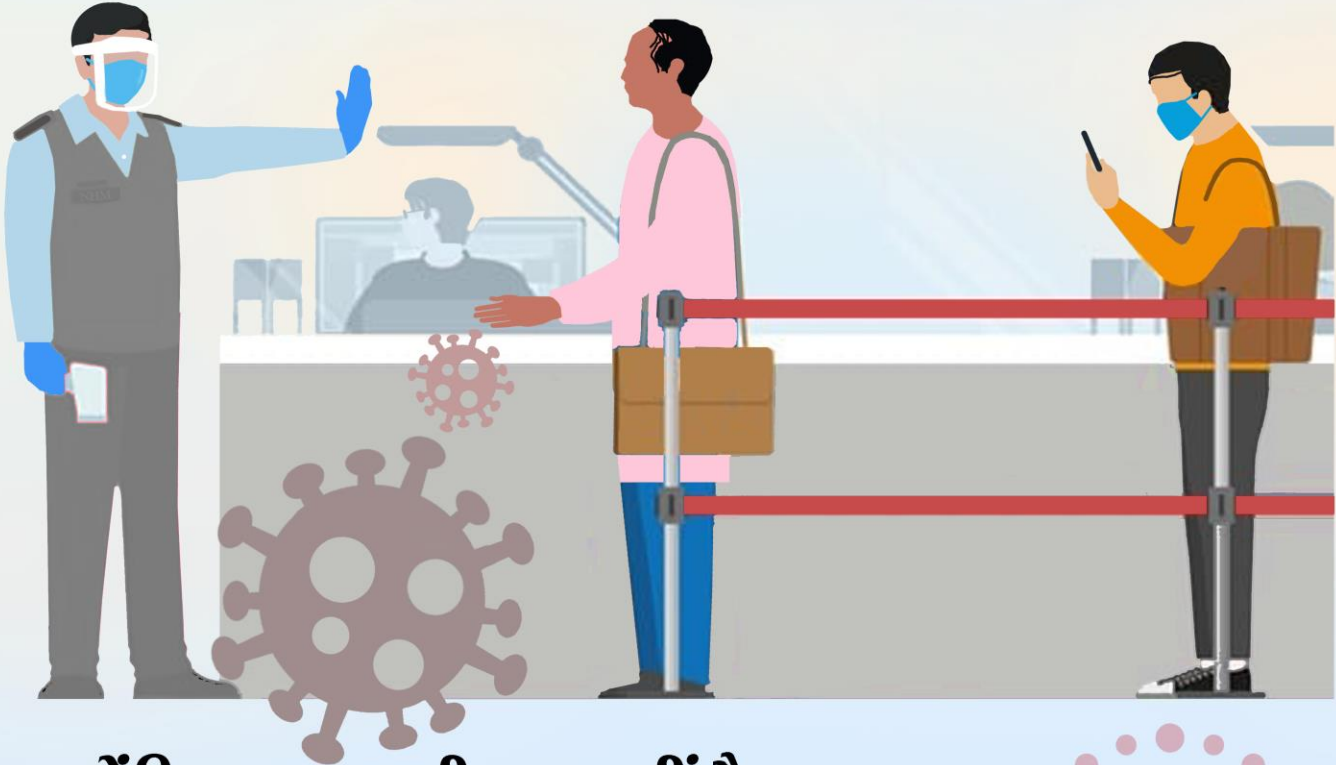
मोबाईल या डेस्कटाप कम्प्यूटर पर रोगी को उपचार हेतु ऑनलाईन सलाह दी जाती है परीक्षण के उपरान्त दवा व सलाह लिखित रूप में रोगी pdf फाईल के फारमेट में डाउनलोड कर सकते हैं

समय - सोमवार से शनिवार
सुबह 9 बजे से सांय 6 बजे तक

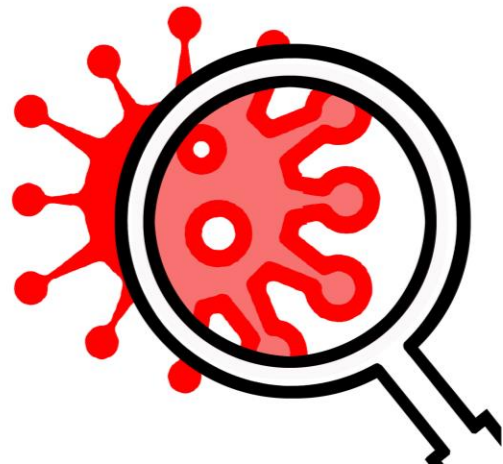




अपना फेस कवर / मास्क हर समय पहने चाहे बाजार में हों या अपने आफिस परिसर में !!



क्योंकि खतरा अभी टला नहीं है ..



District-wise Hotspots/ Containment Zones

S.No.	District	Number of Containment Zone	Name of Containment Zone (Date of Start of Containment Zone)
1	Dehradun	07	<p>Dehradun (05)</p> <ol style="list-style-type: none"> 1. Tyagi Road (18-11-2020 to 1-12-2020) 2. Ashirwad Enclave, Lane Number 05, House Number 01 (18-11-2020 to 1-12-2020) 3. 31/2 Curzon Road, Chaudhari Niwas (18-11-2020 to 1-12-2023) 4. Lane Number 3, Kargi Chowk (21-11-2020 to 04-12-2020) 5. Lane No-01, Vivekanand Gram, Loharanthanpur (24-11-2020 to 07-12-2020) <p>Mussoorie (02)</p> <ol style="list-style-type: none"> 1. LBSNAA (20-11-2020 to 03-12-2020) 2. Indra Colony, Kempty Road (26-11-2020)
2	Pauri Garhwal	01	<p>Srinagar (01)</p> <ol style="list-style-type: none"> 1. Hotel Daisy, Srikot Ganaga Nali (25-11-2020)
3	Tehri Garhwal	01	<p>Tehri (01)</p> <ol style="list-style-type: none"> 1. C block, Type 3 (26-11-2020)
	Total	09	



WASH YOUR HANDS

00:00:40
TIME"



WEAR MASK



SOCIAL DISTANCE



6 feet

कोरोना से बचने के लिये
तीन सावधानियां बरतें-

- हाथ धोयें बार बार
- मास्क पहनें
- दूसरे से 6 फीट दूरी

To fight
CORONA



COVID-19
Uttarakhand State Control Room

Situation Update, Uttarakhand: Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **38** dedicated COVID Hospitals and **422** COVID Care Centres (CCC).

Public Health Action Taken

- To further increase the COVID-19 testing, the Government has lowered down the testing charges for both RT-PCR and Rapid Antigen COVID-19 test.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.

Details of Patients Treated & Cured and Death summary:

- **Treated & Cured:** Three Hundred Fifty-Two (352) patients discharged in different districts (Almora– 07, Bageshwar– 01, Chamoli– 54, Champawat– 00, Dehradun– 168, Haridwar– 03, Nainital– 74, Pauri– 11, Pithoragarh– 00, Rudraprayag– 33, Tehri– 00, U.S. Nagar– 00 & Uttarkashi– 01).
- **Death:** Nine (09) COVID-19 positive patients expired in the state in last 24 hours. As per information provided by the respective hospitals, the death summary is as below:
 - (1) A 67-year-old Male expired from SMIH Dehradun due to Bilateral Pneumonia, Cardio Pulmonary Arrest, Respiratory Failure.
 - (2) A 46-year-old Male expired from AIIMS Rishikesh due to Severe COVID Pneumonia, Acute Respiratory Distress Syndrome, Type 1 Respiratory Failure, Septic Shock.
 - (3) A 70-year-old Male expired from SMIH Dehradun due to Cardiopulmonary Arrest, Multiple Organ Dysfunction Syndrome, Sepsis.
 - (4) A 74-year-old Male expired in District Chamoli. Cause of Death is awaited from the District.
 - (5) An 84-year-old Male expired in District Tehri Garhwal. Cause of Death is awaited from the District.
 - (6) A 65-year-old Male expired from SMIH Dehradun due to Bilateral Pneumonia, Cardio-Respiratory Arrest, Type 1 Respiratory Failure.
 - (7) A 71-year-old Male expired from SMIH Dehradun due to Cardiopulmonary Arrest, Bilateral Pneumonia, Type 1 Respiratory Failure.
 - (8) An 81-year-old Male expired from Max Hospital Dehradun due to Severe COVID Pneumonia.
 - (9) A 76-year-old Male expired from Neelkanth Hospital Nainital due to Pneumonia, Type 1 Respiratory Failure.



SOCIAL DISTANCING
is for your own Safety

Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to every citizens of the state to exercise abundant caution by adopting COVID-19 appropriate behaviour in their daily routine.
- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.

हम प्रतिबद्ध हैं आपकी मदद के लिये.. 24 X 7

आप राज्य सरकार द्वारा संचालित सभी स्वास्थ्य सेवाओं के बारे में जानकारी सुझाव अथवा शिकायतों के निवारण हेतु 104 इन्टिग्रेटेड हैल्पलाइन (टोल फ्री नम्बर) पर कॉल कर सकते हैं



24/7
Call Center
Help
Live Support

● जानकारी ● सुझाव शिकायत ● निवारण
24 x 7 निःशुल्क सेवा

कोविड-19 परीक्षण रिपोर्ट को घर बैठे वेब लिंक के द्वारा प्राप्त करें covid19.uk.gov.in

परीक्षण के समय आपके रजिस्टर्ड मोबाईल नम्बर पर एस. एम. एस के द्वारा **SRF ID** नम्बर भेजा जाता है जिसको उपरोक्त लिंक पर जाकर दर्ज करने पर रिपोर्ट डाउनलोड की जा सकती है



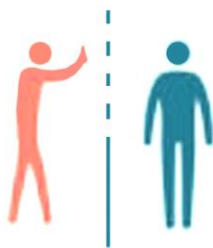
COVID-19
Uttarakhand State Control Room

To fight
CORONA

अगर आप **कोविड-19** से संक्रमित हैं...



घर में रहें



दूसरों के
सम्पर्क
में न आर्यें



खांसते समय
अपने मुंह व नाक
को ढकें

इस्तेमाल के
बाद व्यर्थ सामग्री
को कूड़ेदान में डालें
और हाथों को
अच्छी तरह साफ करें।



सर्फेस एरिया को
साफ रखें



Uttarakhand State Control Room
COVID-19

होम आइसोलेशन

कोविड कंट्रोल रूम
या
टोल फ्री नम्बर 104
से सम्पर्क करें..

देरी कभी भी
घातक हो सकती है..

होम आइसोलेशन में अचानक
सांस लेने में तकलीफ हो या अन्य कोई
और खतरे के लक्षण हो...

ऐसी स्थिति में सावधान रहें व तत्काल
स्वयं को अस्पताल में भर्ती करवायें!



COVID-19
Uttarakhand State Control Room



अगर आपमें कोविड -19 के लक्षण
दिखायी दे रहे हैं..

तब अपना टेस्ट अवश्य करवायें

अपने जिले के सरकारी कोविड परीक्षण केन्द्रों की सूची प्राप्त
करने के लिये covid19.uk.gov.in पर जायें



To fight
CORONA

COVID-19
Uttarakhand State Control Room




Details of State Control Room

e-mail: covid19statewarroomuk@gmail.com Toll free No: 104/0135 2609500

email Id: idsputtarakhand@gmail.com WhatsApp No. 9412080544



Details of District Control Rooms

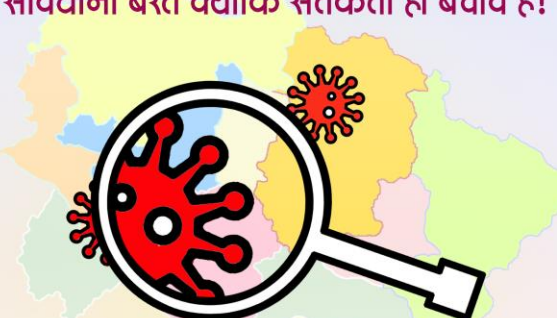
Districts	District Control Room Number
Almora	05962-237875,05962-237874
Bageshwar	05963-220197
Chamoli	01372-252187, 01372-251437
Champawat	05965-230312 05965-230943, 05965-230819
Dehradun	0135-2724506, 0135-2724506
Haridwar	01334-239920, 01334-223999
Paurigarhwal	01368-222213, 01368-221840
Pithoragarh	05964-225142, 05964-226326
Nainital	05942- 231178, 231179, 231181 05946- 281234, 297722, 253850 (Haldwani)
TehriGarhwal	01376-232093, 01376-232831
Rudraprayag	01364-233946, 01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222641, 01374-222722, 7310913129




‘कोरोना के लक्षणों की अनदेखी किये बिना ये लड़ाई मिल कर जीती जा सकती है’


सावधानी बरतें क्योंकि सर्तकता ही बचाव है!







FEVER




COUGH



SHORTNESS OF BREATH



SORE THROT



HEADACHE

अंदेशा होने पर घबरारें नहीं ! अपना जरूरी टेस्ट करवायें

अपने जिले के सरकारी कोविड परीक्षण केंद्रों की सूची प्राप्त करने के लिये covid19.uk.gov.in पर जायें