

Date: 26-02-2021

Health Bulletin

Time: 06:00 PM

कोरोना के विरुद्ध लड़ेंगे हमी कारगर.. जब प्रत्येक व्यक्ति टीकाकरण को अपनायेगा!



COVID-19 Vaccination

- Sessions Held Today : **128**
- Number of Beneficiaries Vaccinated Today : **6792**
- Number of Beneficiaries Fully Vaccinated: **20319**

Details of Sessions held and Beneficiaries Vaccinated in Uttarakhand

Districts	Session Sites held Today	Health Care Worker			Front Line Worker	
		Number of Beneficiaries Vaccinated Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Number of Beneficiaries Vaccinated last 24 hrs	Partially Vaccinated (1st Dose Coverage)
Almora	1	145	4826	863	2	2569
Bageshwar	2	127	2268	811	0	1455
Chamoli	4	7	3591	967	188	3584
Champawat	3	172	2024	1022	40	3504
Dehradun	37	1342	22214	4000	101	11802
Haridwar	18	545	11601	2232	285	16330
Nainital	9	453	8677	1940	103	6479
Pauri Garhwal	19	988	5290	1593	336	2625
Pithoragarh	7	129	3574	978	72	5184
Rudraprayag	4	164	1871	1082	84	1003
Tehri Garhwal	9	583	5249	1489	65	2477
US Nagar	12	566	6946	2033	41	6462
Uttarkashi	3	246	2978	1309	8	3217
Total	128	5467	81109	20319	1325	66691

जिन्दगी जीतेगी, कोविड हारेगा..



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Positive Today: **53**



Recovered Today: **38**



Death Today: **01**



Active Cases: **364**

S⁺ty

Sample Positivity: **4.09%**

R%

Recovery Percentage: **96.44%**

- | | |
|---|-----------------------|
| 1. Total cumulative Positive COVID-19 detected: | 96890 |
| 2. Total Number (%) of COVID-19 Patients Treated/ Cured: | 93438 (96.44%) |
| 3. Total Number (%) of COVID-19 patients migrated/ Others: | 1397 (1.44%) |
| 4. Total Number (%) of COVID-19 Deaths: | 1691 (1.75%) |
| 5. Number of samples found negative for COVID-19 today: | 10191 |
| 6. Total number of samples sent for COVID-19 testing today: | 9716 |
| 7. Total number of cumulative samples found negative: | 2272837 |
| 8. Total number of samples result awaited: | 8868 |

Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	78	96	84780	0	3259	88039	99
Bageshwar	271	340	59471	1	1535	61006	243
Chamoli	414	693	91702	0	3487	95189	488
Champawat	67	154	97485	0	1820	99305	88
Dehradun	2578	1928	417468	30	29658	447126	2478
Haridwar	2354	3023	441624	8	14149	455773	856
Nainital	880	917	214712	8	12646	227358	966
Pauri Garhwal	367	621	145412	0	5145	150557	444
Pithoragarh	134	163	79986	1	3362	83348	222
Rudraprayag	209	147	52056	0	2270	54326	282
Tehri Garhwal	187	383	106823	0	4227	111050	248
US Nagar	1962	1430	359115	5	11543	370658	2204
Uttarkashi	215	296	122203	0	3789	125992	250
Total	9716	10191	2272837	53	96890	2369727	8868

Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated /Others	Days since last positive case reported
Almora	3259	3082	24	25	128	2
Bageshwar	1535	1488	4	17	26	0
Chamoli	3487	3373	10	15	89	1
Champawat	1820	1790	14	9	7	1
Dehradun	29658	28189	67	963	439	0
Haridwar	14149	13715	101	158	175	0
Nainital	12646	12267	63	237	79	0
Pauri Garhwal	5145	5033	28	60	24	3
Pithoragarh	3362	3304	0	47	11	0
Rudraprayag	2270	2251	2	10	7	8
Tehri Garhwal	4227	4026	15	16	170	3
U.S. Nagar	11543	11275	27	117	124	0
Uttarkashi	3789	3645	9	17	118	21
Total	96890	93438	364	1691	1397	

Situation Update, Uttarakhand: Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **38** dedicated COVID Hospitals and **422** COVID Care Centres (CCC).

Public Health Action Taken

- To further increase the COVID-19 testing, the Government has lowered down the testing charges for both RT-PCR and Rapid Antigen COVID-19test.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.



**We have got
the success**

**When we are safe,
nation is safe!**

Details of Patients Treated & Cured and Death Summary:

- **Treated & Cured:** Thirty Eight (38) patients discharged in different districts (Almora- 00, Bageshwar- 00, Chamoli- 00, Champawat- 00, Dehradun- 24, Haridwar- 06, Nainital- 06, Pauri- 00, Pithoragarh- 02, Rudraprayag- 00, Tehri- 00, U.S. Nagar- 00 & Uttarkashi- 00).
- **Deaths: One (01)** COVID-19 positive patients expired in the state in last 24 hours. As per information provided by the respective hospitals, the death summary is as below:
 - (1) A 79-year-old Male expired in Max Hospital, Dehradun due to Refractory Shock, Sepsis, Acute Kidney Injury & Severe Metabolic Acidosis.

अब मिलेगा छुटकारा सभी बन्धनों से..
कोरोना वैक्सीन पर करें भरोसा !
क्योंकि यह सुरक्षित है

कोरोना अनुरूप व्यवहारों का
पालन करना याद रखें,



मास्क का
प्रयोग करें



साबुन से हाथ धोयें
या सैनेटाइजर का
प्रयोग करें



FEET
परस्पर दूरी
है जरूरी

दवाई भी.. कड़ाई भी

जिन्दगी जीतेगी, कोविड हारेगा..

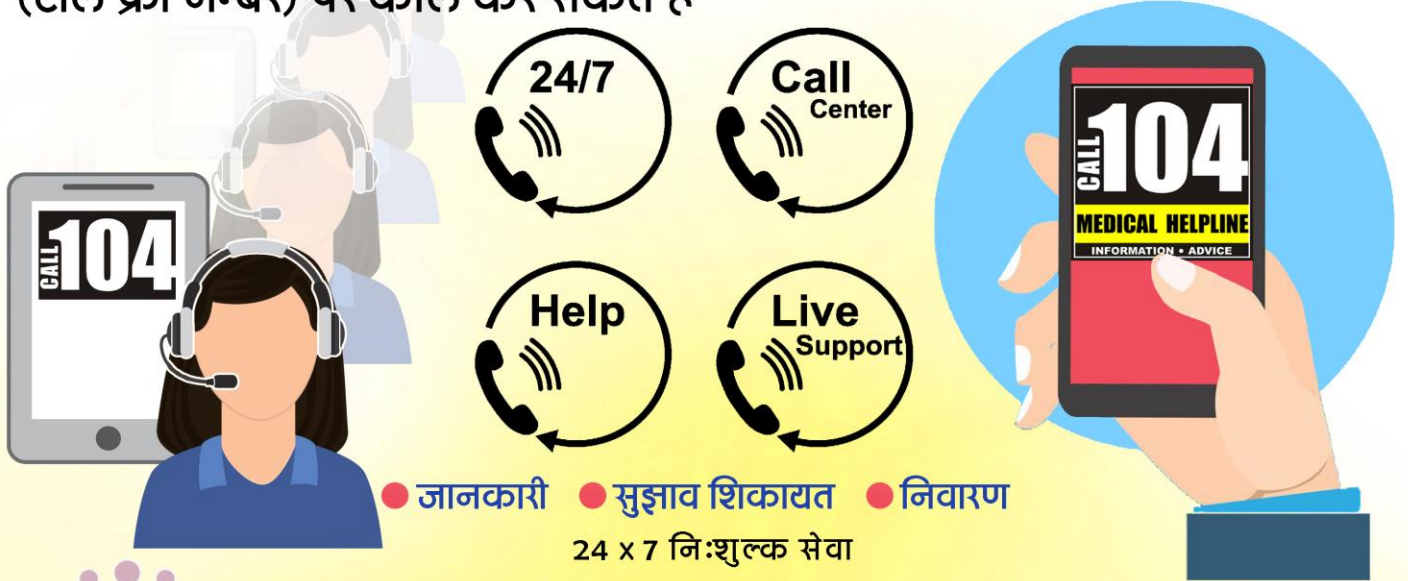


Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

हम प्रतिबद्ध हैं आपकी मदद के लिये.. 24 X 7

आप राज्य सरकार द्वारा संचालित सभी स्वास्थ्य सेवाओं के बारे में जानकारी सुझाव अथवा शिकायतों के निवारण हेतु 104 इन्टिग्रेटिड हैल्पलाइन (टोल फ्री नम्बर) पर कॉल कर सकते हैं



24/7 Call Center Help Live Support

● जानकारी ● सुझाव शिकायत ● निवारण
24 x 7 निःशुल्क सेवा

APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to every citizens of the state to exercise abundant caution by adopting COVID-19 appropriate behaviour in their daily routine.
- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.

Details of State Control Room

e-mail: covid19statewarroomuk@gmail.com Toll free No: 104/0135 2609500.
email Id: idsputtarakhand@gmail.com WhatsApp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237875, 05962-237874
Bageshwar	05963-221822, 05963-220197
Chamoli	01372-251437
Champawat	05965-230943
Dehradun	0135-2724506
Haridwar	01334-239072
Paurigarhwal	01368-221840
Pithoragarh	05964-226326
Nainital	05942- 231178, 231179, 231181, 05946- 281234
TehriGarhwal	01376-232093, 01376-232831
Rudraprayag	01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222722, 7310913129

सकारात्मक रहें, अपने काम और जीवन में सन्तुलन बनाकर रहें

- ताजा, गर्म, शीघ्र पचने वाला हल्का भोजन करें.
- यथासंभव गर्म पानी का सेवन करें.
- चीनी से बने पदार्थों का सेवन कम से कम करें.
- प्रतिदिन एक चम्मच च्यवनप्राश का प्रयोग करें.
- तुलसी, दालचीनी, कालीमिर्च व सौंठ 1/2 चम्मच मुनक्का से निर्मित आयुष पेय/हर्बल चाय का स्वादानुसार नींबू/गुड़ आदि को मिलाकर दिन में 1-2 बार सेवन करें.
- हल्दी, धनिया, जीरा, लहसुन आदि व अन्य मसालों का भोजन में नियमित प्रयोग करें.
- प्रतिदिन 10 से 45 मिनट कार्मैन योग प्रोटोकाल का अभ्यास करें.
- धूमपान, तम्बाकू, गुटका, शराब आदि का पूर्णतः परित्याग करें।

