Uttarakhand State Control Room COVID-19

Integrated Disease Surveillance Programme
Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun

Date: 27-02-2021　　　**Health Bulletin**　　　**Time: 06:00 PM**

'टीका सुरक्षित है'

कोरोना वायरस पर प्रहारक है!

किसी भी स्थिति के लिये टीकाकरण स्थलों पर लाभार्थियों के लिये निगरानी कक्ष की समुचित व्यवस्था की गयी है।

जिन्दगी जीतेगी, कोविड हारेगा..

Positive Today: **81**	Recovered Today: **29**
Death Today: **01**	Active Cases: **421**
Sample Positivity: **4.07%**	Recovery Percentage: **96.38%**

1. Total cumulative Positive COVID-19 detected: **96949***
2. Total Number (%) of COVID-19 Patients Treated/ Cured: **93442*** **(96.38%)**
3. Total Number (%) of COVID-19 patients migrated/ Others: **1394*** **(1.44%)**
4. Total Number (%) of COVID-19 Deaths: **1692 (1.74%)**
5. Number of samples found negative for COVID-19 today: **14951**
6. Total number of samples sent for COVID-19 testing today: **18581**
7. Total number of cumulative samples found negative: **2287788**
8. Total number of samples result awaited: **11325**

*Data reconciliation with ICMR, GOI after deletion of duplicate samples of same individuals

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Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	44	93	84873	0	3259	88132	50
Bageshwar	114	340	59811	0	1535	61346	117
Chamoli	321	204	91906	0	3487	95393	605
Champawat	64	90	97575	0	1820	99395	82
Dehradun	2036	1500	418968	42	29700	448668	2972
Haridwar	12097	10203	451827	29	14178	466005	2721
Nainital	1049	404	215116	4	12650	227766	1133
Pauri Garhwal	415	566	145978	0	5123*	151101	555
Pithoragarh	125	191	80177	0	3362	83539	156
Rudraprayag	98	125	52181	0	2270	54451	255
Tehri Garhwal	69	123	106946	5	4232	111178	189
US Nagar	2041	941	360056	1	11544	371600	2303
Uttarkashi	108	171	122374	0	3789	126163	187
Total	**18581**	**14951**	**2287788**	**81**	**96949***	**2384737**	**11325**

Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated /Others*	Days since last positive case reported
Almora	3259	3083	23	25	128	3
Bageshwar	1535	1488	4	17	26	1
Chamoli	3487	3374	10	15	88	2
Champawat	1820	1790	14	9	7	2
Dehradun	29700	28198	101	963	438	0
Haridwar	14178	13715	130	158	175	0
Nainital	12650	12274	60	237	79	0
Pauri Garhwal	5123*	5009*	30	60	24	4
Pithoragarh	3362	3303	0	48	11	1
Rudraprayag	2270	2252	1	10	7	9
Tehri Garhwal	4232	4028	18	16	170	0
U.S. Nagar	11544	11282	21	117	124	0
Uttarkashi	3789	3646	9	17	117	22
Total	**96949**	**93442**	**421**	**1692**	**1394***	

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Situation Update, Uttarakhand: Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **38** dedicated COVID Hospitals and **422** COVID Care Centres (CCC).

Public Health Action Taken

- To further increase the COVID-19 testing, the Government has lowered down the testing charges for both RT-PCR and Rapid Antigen COVID-19test.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.

Details of Patients Treated & Cured and Death Summary:

- **Treated & Cured:** Twenty Nine (29) patients discharged in different districts (Almora– 01, Bageshwar– 00, Chamoli– 01, Champawat– 00, Dehradun– 09, Haridwar– 00, Nainital– 07, Pauri– 00, Pithoragarh– 00, Rudraprayag– 01, Tehri– 02, U.S. Nagar– 07 & Uttarkashi– 01).

- **Deaths: One (01)** COVID-19 positive patients expired in the state in last 24 hours. As per information provided by the respective hospitals, the death summary is as below:
  - (1) A 29-year-old Female expired in CHC Munsyari, Pithoragarh due to Acute Respiratory Distress Syndrome & Severe COVID Infection.
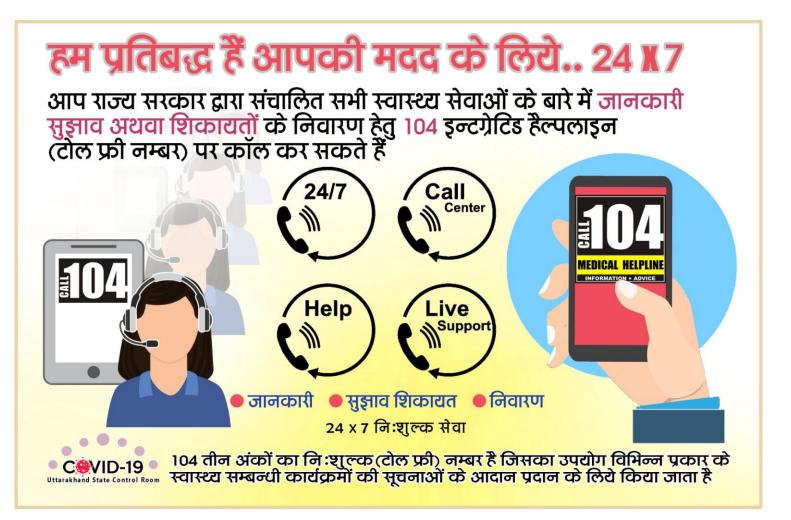
Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to every citizens of the state to exercise abundant caution by adopting COVID-19 appropriate behaviour in their daily routine.

- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.

Details of State Control Room

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email Id: idsputtarakhand@gmail.comWhatsApp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237875, 05962-237874
Bageshwar	05963-221822, 05963-220197
Chamoli	01372-251437
Champawat	05965-230943
Dehradun	0135-2724506
Haridwar	01334-239072
Paurigarhwal	01368-221840
Pithoragarh	05964-226326
Nainital	05942- 231178, 231179, 231181, 05946- 281234
TehriGarhwal	01376-232093, 01376-232831
Rudraprayag	01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222722, 7310913129

सकारात्मक रहें, अपने काम और जीवन में सन्तुलन बनाकर रखें

- ताजा,गर्म, शीघ्र पचने वाला हल्का भोजन करें।
- यथासंभव गर्म पानी का सेवन करें।
- चीनी से बने पदार्थों का सेवन कम से कम करें।
- प्रतिदिन एक चम्मच च्यवनप्राश का प्रयोग करें।
- तुलसी, दालचीनी, कालीमिर्च व सौंठ 1/2 चम्मच मुनक्का से निमित आयुष पेय/हर्बल चाय का स्वादानुसार नींबू/गुड़ आदि को मिलाकर दिन में 1-2 बार सेवन करें।
- हल्दी, धनिया, जीरा, लहसुन आदि व अन्य मसालों का भोजन में नियमित प्रयोग करें।
- प्रतिदिन 10 से 45 मिनट कार्मॉन योग प्रोटोकाल का अभ्यास करें।
- धूम्रपान, तम्बाकू, गुटका, शराब आदि का पूर्णतः परित्याग करें।