Uttarakhand State Control Room COVID-19

Integrated Disease Surveillance Programme
Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun

Date:01-03-2021   **Health Bulletin**   **Time: 06:00 PM**

कोरोना के विरुद्ध लड़ाई होगी कारगर.. जब प्रत्येक व्यक्ति टीकाकरण को अपनायेगा!

COVID-19 Vaccination

- Sessions Held Today :   **72**

- Number of Beneficiaries Vaccinated Today :   **1377**

- Number of Beneficiaries Fully Vaccinated: **15196**

- Number of 60+ given First Dose Today: **989**

- Number of 45-60 with comorbidity given First Dose: **56**

Details of Sessions held and Beneficiaries Vaccinated in Uttarakhand

Districts	Session Sites held Today	60+ Vaccinated Today	45-60 with comorbidity Vaccinated Today	Health Care Worker			Front Line Worker	
				Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	last 24 hrs	Partially Vaccinated (1st Dose Coverage)
Almora	5	433	11	0	4826	863	4	2573
Bageshwar	3	0	0	0	2268	811	0	1455
Chamoli	4	5	1	1	3591	968	84	3668
Champawat	3	0	0	0	2024	1022	0	3504
Dehradun	19	33	1	4	22216	4002	8	11810
Haridwar	11	0	0	7	11602	2238	38	16368
Nainital	4	97	37	2	8677	1942	0	6479
Pauri Garhwal	2	58	0	174	5292	1765	3	2628
Pithoragarh	0	62	0	0	3574	978	0	5184
Rudraprayag	1	9	0	0	1871	1082	1	1004
Tehri Garhwal	6	25	6	0	5249	1489	0	2477
US Nagar	8	72	0	2	6946	2035	4	6466
Uttarkashi	6	195	0	0	2978	1309	0	3217
Total	**72**	**989**	**56**	**190**	**81114**	**20504**	**142**	**66833**

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'सरकारी अस्पताल में प्रसव करवाने पर'

एक मुश्त धनराशि का लाभ !
साथ ही जच्चा बच्चा की निःशुल्क जांच
(जैसे रक्त, पेशाब, अल्ट्रा सोनोग्राफी इत्यादि)
व अन्य सुविधाओं को भी निःशुल्क
प्रदान किया जाता है...

1400 रूपये
ग्रामीण क्षेत्र की स्त्री को
तथा 1000 रूपये की राशि
शहरी क्षेत्र की स्त्री को प्रसव
होने के बाद..
प्रोत्साहन स्वरूप दी जाती है।

जननी सुरक्षा योजना

Positive Today: **27**		Recovered Today: **26**	
Death Today: **00**		Active Cases: **447**	
S^{+vty} Sample Positivity: **4.01%**		R% Recovery Percentage: **96.35%**	

1.	Total cumulative Positive COVID-19 detected:	**97019**
2.	Total Number (%) of COVID-19 Patients Treated/ Cured:	**93479 (96.35%)**
3.	Total Number (%) of COVID-19 patients migrated/ Others:	**1401 (1.44%)**
4.	Total Number (%) of COVID-19 Deaths:	**1692 (1.74%)**
5.	Number of samples found negative for COVID-19 today:	**10689**
6.	Total number of samples sent for COVID-19 testing today:	**10017**
7.	Total number of cumulative samples found negative:	**2320400**
8.	Total number of samples result awaited:	**7450**

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Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	119	134	85022	0	3260	88282	119
Bageshwar	62	62	60104	0	1535	61639	65
Chamoli	223	135	92634	0	3487	96121	223
Champawat	34	69	97648	0	1821	99469	35
Dehradun	1993	1696	423026	6	29724	452750	1998
Haridwar	3937	5009	472595	16	14204	486799	1455
Nainital	1548	893	216708	1	12658	229366	1515
Pauri Garhwal	360	319	146789	0	5123	151912	390
Pithoragarh	227	32	80241	0	3362	83603	269
Rudraprayag	130	114	52476	0	2270	54746	130
Tehri Garhwal	140	216	107260	1	4234	111494	140
US Nagar	1154	1790	362999	3	11552	374551	998
Uttarkashi	90	220	122898	0	3789	126687	113
Total	**10017**	**10689**	**2320400**	**27**	**97019**	**2417419**	**7450**

Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated /Others	Days since last positive case reported
Almora	3260	3083	24	25	128	1
Bageshwar	1535	1488	4	17	26	3
Chamoli	3487	3378	6	15	88	4
Champawat	1821	1790	15	9	7	1
Dehradun	29724	28218	105	963	438	0
Haridwar	14204	13715	152	158	179	0
Nainital	12658	12285	56	237	80	0
Pauri Garhwal	5123	5011	28	60	24	6
Pithoragarh	3362	3303	0	48	11	3
Rudraprayag	2270	2252	1	10	7	11
Tehri Garhwal	4234	4028	19	16	171	0
U.S. Nagar	11552	11282	28	117	125	0
Uttarkashi	3789	3646	9	17	117	24
Total	**97019**	**93479**	**447**	**1692**	**1401**	

Situation Update, Uttarakhand: Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **38** dedicated COVID Hospitals and **422** COVID Care Centres (CCC).

Public Health Action Taken

- To further increase the COVID-19 testing, the Government has lowered down the testing charges for both RT-PCR and Rapid Antigen COVID-19test.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.

Details of Patients Treated & Cured and Death Summary:

- **Treated & Cured:** Twenty Six (26) patients discharged in different districts (Almora– 00, Bageshwar– 00, Chamoli– 03, Champawat– 00, Dehradun– 10, Haridwar– 00, Nainital– 11, Pauri– 02, Pithoragarh– 00, Rudraprayag– 00, Tehri– 00, U.S. Nagar– 00 & Uttarkashi– 00).

- **Deaths: No death reported today.**

Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to every citizens of the state to exercise abundant caution by adopting COVID-19 appropriate behaviour in their daily routine.

- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.
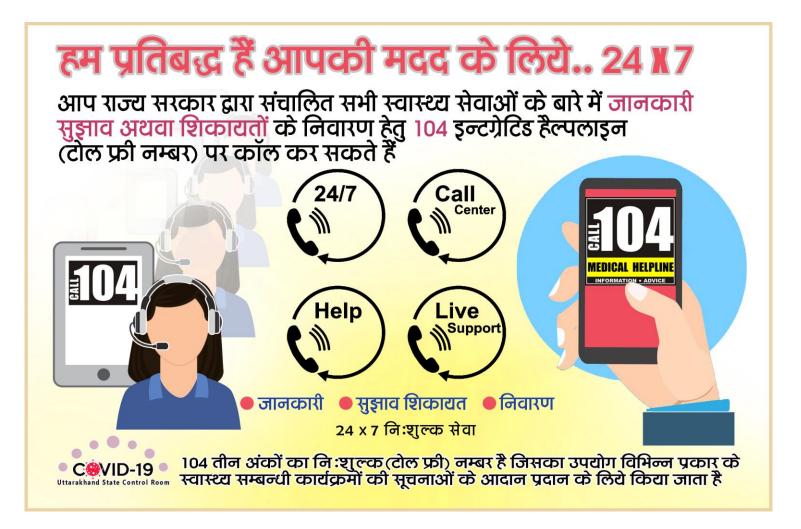
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Details of State Control Room

e-mail: covid19statewarroomuk@gmail.com Toll free No: 104/0135 2609500
email Id: idsputtarakhand@gmail.comWhatsApp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237875, 05962-237874
Bageshwar	05963-221822, 05963-220197
Chamoli	01372-251437
Champawat	05965-230943
Dehradun	0135-2724506
Haridwar	01334-239072
Paurigarhwal	01368-221840
Pithoragarh	05964-226326
Nainital	05942- 231178, 231179, 231181, 05946- 281234
TehriGarhwal	01376-232093, 01376-232831
Rudraprayag	01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222722, 7310913129

सकारात्मक रहें, अपने काम और जीवन में सन्तुलन बनाकर रखें

- ताजा, गर्म, शीघ्र पचने वाला हल्का भोजन करें.
- यथासंभव गर्म पानी का सेवन करें.
- चीनी से बने पदार्थों का सेवन कम से कम करें.
- प्रतिदिन एक चम्मच च्यवनप्राश का प्रयोग करें.
- तुलसी, दालचीनी, कालीमिर्च व सौंठ 1/2 चम्मच मुनक्का से निर्मित आयुष पेय/हर्बल चाय का स्वादानुसार नींबू/गुड़ आदि को मिलाकर दिन में 1-2 बार सेवन करें.
- हल्दी, धनिया, जीरा, लहसुन आदि व अन्य मसालों का भोजन में नियमित प्रयोग करें.
- प्रतिदिन 10 से 45 मिनट कॉमन योग प्रोटोकाल का अभ्यास करें.
- धूम्रपान, तम्बाकू, गुटका, शराब आदि का पूर्णत: परित्याग करें।

COVID-19
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च्यवनप्राश

उत्तराखण्ड स्वास्थ सेवायें
सदा आपके उपचार के प्रति सजग

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