

Date: 10-03-2021

**Health Bulletin**

Time: 07:30 PM

**Get Vaccinated**  
if over **60 years** old,  
or **45-59 years**  
with Comorbidity



Time to take **COVID-19 vaccine** is now

register using  
**cowin.gov.in** or  
**Aarogya Setu App.**

#LargestVaccineDrive

COVID-19  
Uttarakhand State Control Room

## COVID-19 Vaccination

- Sessions Held Today : **197**
- Number of Beneficiaries Vaccinated Today : **13248**
- Number of Beneficiaries Fully Vaccinated: **69780**
- Number of 60+ years given First Dose: **57327**
- Number of 45-59 years with co-morbidity given First Dose: **3059**

### Details of Sessions held and Beneficiaries Vaccinated in Uttarakhand

Districts	Sessions Today	60+ years Vaccinated Today		45-59 years with co-morbidity Vaccinated Today		Health Care Worker			Front Line Worker		
		Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)
Almora	20	1382	5664	98	339	43	5602	4028	244	3025	807
Bageshwar	3	0	1817	0	49	1	2293	2088	350	1466	611
Chamoli	3	328	2825	0	77	4	3695	3093	195	4583	256
Champawat	8	0	1627	0	241	0	2114	1691	187	3814	982
Dehradun	37	2025	15406	137	454	279	26582	14856	386	13258	748
Haridwar	50	992	3402	124	367	153	14458	8116	934	22382	1803
Nainital	11	494	6176	70	598	40	11859	6463	237	6948	521
Pauri	6	366	4154	14	107	29	6755	4353	35	3371	274
Pithoragarh	13	576	3338	13	24	12	3679	2955	317	6348	828
Rudraprayag	4	214	1412	10	51	5	2125	1647	38	1193	129
Tehri	4	105	1468	12	89	64	5642	4455	70	2621	106
US Nagar	28	758	4565	85	549	112	8867	4444	640	7356	1181
Uttarkashi	10	748	5473	17	114	1	3132	2734	304	3935	611
<b>Total</b>	<b>197</b>	<b>7988</b>	<b>57327</b>	<b>580</b>	<b>3059</b>	<b>743</b>	<b>96803</b>	<b>60923</b>	<b>3937</b>	<b>80300</b>	<b>8857</b>

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खांसते या छींकते समय मुंह को ढकें

साबुन से हाथ धोयें या सैनेटाइजर का प्रयोग करें

मास्क का प्रयोग करें

**पूर्ण टीकाकरण के बाद मिलेगा छुटकारा सभी बन्धनों से..**

पर अभी कोरोना अनुरूप व्यवहारों का पालन करते रहें दवाई भी.. कड़ाई भी

दूसरे चरण के कोविड 19 टीकाकरण में 60 वर्ष से अधिक आयु के वरिष्ठ नागरिकों के लिये टीकाकरण किया जा रहा है... नाभार्थी [cowin.gov.in](http://cowin.gov.in) एवं [Aarogya Setu App](#) पर खुद का पंजीकरण करा सकते हैं

NATIONAL HEALTH MISSION  
एनडीएम स्वास्थ्य मिशन

COVID-19  
Uttarakhand State Control Room



Positive Today: **36**



Recovered Today: **45**



Death Today: **02**



Active Cases: **600**

**S<sup>+</sup>ty**

Sample Positivity: **3.90%**

**R%**

Recovery Percentage: **96.20%**

- Total cumulative Positive COVID-19 detected: **97565**
- Total Number (%) of COVID-19 Patients Treated/ Cured: **93858 (96.20%)**
- Total Number (%) of COVID-19 patients migrated/ Others: **1410 (1.45%)**
- Total Number (%) of COVID-19 Deaths: **1697 (1.74%)**
- Number of samples found negative for COVID-19 today: **12628**
- Total number of samples sent for COVID-19 testing today: **10548**
- Total number of cumulative samples found negative: **2403079**
- Total number of samples result awaited: **7475**

## Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	74	151	86124	0	3264	89388	135
Bageshwar	146	293	61567	0	1537	63104	146
Chamoli	53	99	93649	0	3490	97139	53
Champawat	0	30	98094	0	1822	99916	16
Dehradun	1626	1418	437470	0	29873	467343	1977
Haridwar	4157	6651	501968	19	14319	516287	1551
Nainital	706	908	227949	12	12863	240812	444
Pauri Garhwal	1971	936	150325	1	5136	155461	1243
Pithoragarh	232	391	82152	0	3367	85519	244
Rudraprayag	75	98	53258	1	2273	55531	106
Tehri Garhwal	312	238	108723	0	4239	112962	355
US Nagar	940	1374	377097	3	11592	388689	792
Uttarkashi	256	41	124703	0	3790	128493	413
<b>Total</b>	<b>10548</b>	<b>12628</b>	<b>2403079</b>	<b>36</b>	<b>97565</b>	<b>2500644</b>	<b>7475</b>

## Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated/ Others	Days since last positive case reported
Almora	3264	3097	12	25	130	1
Bageshwar	1537	1492	2	17	26	4
Chamoli	3490	3381	6	15	88	2
Champawat	1822	1790	16	9	7	1
Dehradun	29873	28352	116	967	438	1
Haridwar	14319	13809	170	159	181	0
Nainital	12863	12365	180	237	81	0
Pauri Garhwal	5136	5020	32	60	24	0
Pithoragarh	3367	3303	4	48	12	4
Rudraprayag	2273	2252	4	10	7	0
Tehri Garhwal	4239	4036	14	16	173	4
U.S. Nagar	11592	11315	35	117	125	0
Uttarkashi	3790	3646	9	17	118	4
<b>Total</b>	<b>97565</b>	<b>93858</b>	<b>600</b>	<b>1697</b>	<b>1410</b>	



## Situation Update, Uttarakhand: Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **38** dedicated COVID Hospitals and **422** COVID Care Centres (CCC).

### Public Health Action Taken

- To further increase the COVID-19 testing, the Government has lowered down the testing charges for both RT-PCR and Rapid Antigen COVID-19test.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.



**भरोसा अफवाहों पर नहीं, कोरोना वैक्सीन पर करें !**  
**क्योंकि यह सुरक्षित है**

कोरोना अनुरूप व्यवहारों का पालन करना याद रखें,

- मास्क का प्रयोग करें
- साबुन से हाथ धोयें या सैनेटाइजर का प्रयोग करें
- FEET परस्पर दूरी है जरूरी

दवाई भी.. कड़ाई भी  
जिन्दगी जीतेगी, कोविड हारेगा..

भारत द्वारा विश्व के सबसे बड़े टीकाकरण अभियान का शुभारंभ

VACCINE

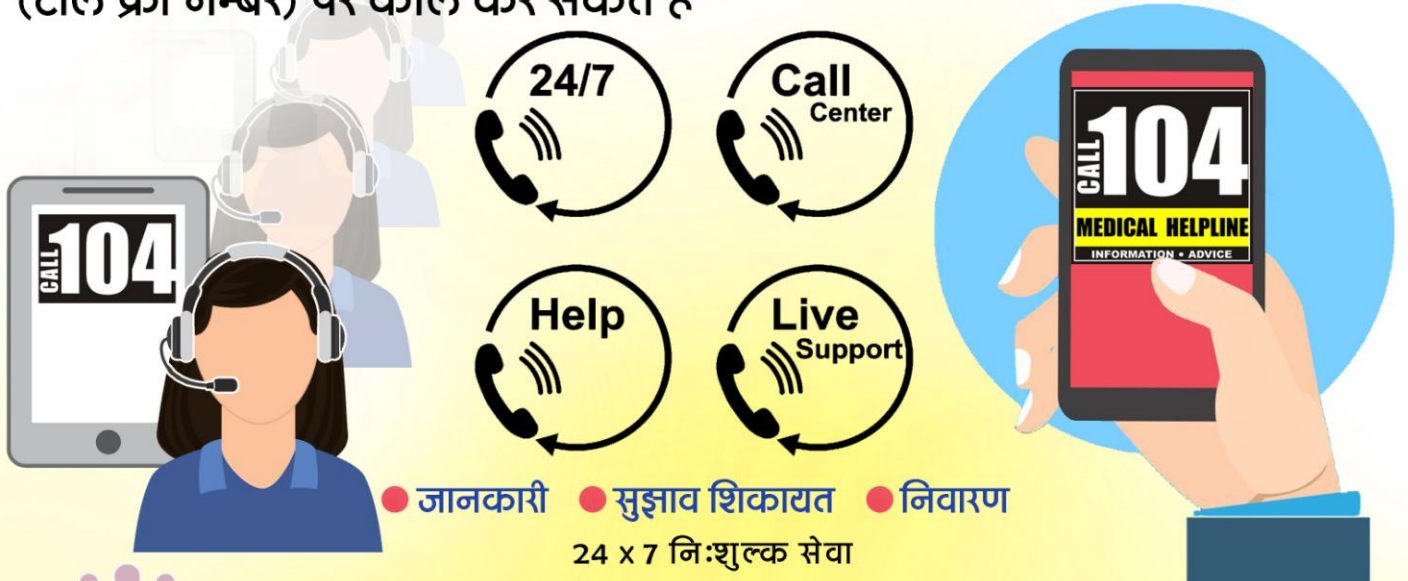
उत्तराखण्ड शासन

## Details of Patients Treated & Cured and Death Summary:

- **Treated & Cured:** Forty Five (45) patients discharged in different districts (Almora- 00, Bageshwar- 00, Chamoli- 00, Champawat- 00, Dehradun- 20, Haridwar- 10, Nainital- 12, Pauri- 00, Pithoragarh- 00, Rudraprayag- 00, Tehri- 03, U.S. Nagar- 00 & Uttarkashi- 00).
- **Deaths:** Two (02) COVID-19 positive patients expired in the state in last 24 hours. As per information provided by the respective hospitals, the death summary is as below:
  1. A 85 year old Female expired in AIIMS Rishikesh, Dehradun due to Refractory Septic Shock, Severe COVID Pneumonia, Acute Kidney Injury Refractory Hyperkalemia & Atrial Fibrillation.
  2. A 80 year old male expired in Max Hospital, Dehradun due to Refractory Shock, COVID Pneumonia & Acute Kidney Injury.

## हम प्रतिबद्ध हैं आपकी मदद के लिये.. 24 X 7

आप राज्य सरकार द्वारा संचालित सभी स्वास्थ्य सेवाओं के बारे में जानकारी सुझाव अथवा शिकायतों के निवारण हेतु 104 इन्टिग्रेटिड हैल्पलाइन (टोल फ्री नम्बर) पर कॉल कर सकते हैं



The infographic features a central illustration of a woman wearing a headset, representing a call center agent. To her right, a hand holds a smartphone displaying 'CALL 104 MEDICAL HELPLINE INFORMATION • ADVICE'. Four circular icons with telephone handset symbols are arranged in a 2x2 grid: '24/7', 'Call Center', 'Help', and 'Live Support'. Below these icons, three red dots precede the text 'जानकारी • सुझाव शिकायत • निवारण' and '24 x 7 निःशुल्क सेवा'.

## Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

## APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to every citizens of the state to exercise abundant caution by adopting COVID-19 appropriate behaviour in their daily routine.
- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.

## Details of State Control Room

e-mail: [covid19statewarroomuk@gmail.com](mailto:covid19statewarroomuk@gmail.com) Toll free No: 104/0135 2609500.  
email Id: [idsputtarakhand@gmail.com](mailto:idsputtarakhand@gmail.com) WhatsApp No. 9412080544

## Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237875, 05962-237874
Bageshwar	05963-221822, 05963-220197
Chamoli	01372-251437
Champawat	05965-230943
Dehradun	0135-2724506
Haridwar	01334-239072
Paurigarhwal	01368-221840
Pithoragarh	05964-226326
Nainital	05942- 231178, 231179, 231181, 05946- 281234
TehriGarhwal	01376-232093, 01376-232831
Rudraprayag	01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222722, 7310913129