

Date: 19-03-2021

Health Bulletin

Time: 07:00 PM

हम सुरक्षित,  
तो देश सुरक्षित!

**Covid-19 के फिर से  
बढ़ते हुये खतरे से  
बचने के लिये  
टीका अब जरूरी है..**

**KILLING  
CORONAVIRUS  
COVID-19**



मास्क का  
प्रयोग करें



साबुन से हाथ धोएं  
या सैनेटाइजर का  
प्रयोग करें



**FEET**  
परस्पर दूरी  
है जरूरी



लक्षण होने पर  
दूसरों के सम्पर्क  
से बचें



COVID-19  
Uttarakhand State Control Room

**दवाई भी.. कड़ाई भी जिन्दगी जीतेगी, कोविड हारेगा..**

## COVID-19 Vaccination

- Sessions Held Today : **470**
- Number of Beneficiaries Vaccinated Today : **30435**
- Number of Beneficiaries Fully Vaccinated: **107364**
- Number of 60+ years given First Dose: **187985**
- Number of 45-59 years with co-morbidity given First Dose: **10733**

## Details of Sessions held and Beneficiaries Vaccinated in Uttarakhand

Districts	Sessions Today	60+ years Vaccinated Today		45-59 years with co-morbidity Vaccinated Today		Health Care Worker			Front Line Worker		
		Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)
Almora	19	1445	18141	18	569	24	5680	4222	86	3232	1939
Bageshwar	12	998	5730	16	89	8	2311	2130	15	1478	1257
Chamoli	25	1694	10167	72	372	41	3765	3290	230	5055	1580
Champawat	5	357	3630	62	537	8	2125	1729	254	3892	2458
Dehradun	95	4873	47953	145	1769	742	29606	16976	1188	14234	6013
Haridwar	134	2012	21600	390	2155	446	15444	9229	1680	26206	10041
Nainital	44	1348	15299	152	1341	156	12471	7111	405	7247	3789
Pauri	27	2579	16269	55	432	63	7095	4604	131	3774	1286
Pithoragarh	9	615	6409	12	105	40	3733	3097	134	6751	3336
Rudraprayag	15	1050	5175	45	325	11	2174	1714	38	1305	548
Tehri	24	2164	10811	132	529	24	5794	4813	124	2760	1620
US Nagar	41	1777	13382	361	2058	203	9485	5176	386	8376	4210
Uttarkashi	20	1435	13419	22	452	13	3184	2836	156	4161	2360
<b>Total</b>	<b>470</b>	<b>22347</b>	<b>187985</b>	<b>1482</b>	<b>10733</b>	<b>1779</b>	<b>102867</b>	<b>66927</b>	<b>4827</b>	<b>88471</b>	<b>40437</b>

खांसते या छींकते  
समय मुंह को ढकें

साबुन से हाथ धोयें  
या सैनेटाइजर का  
प्रयोग करें

मास्क का  
प्रयोग करें

**पूर्ण टीकाकरण  
के बाद मिलेगा  
छुटकारा  
सभी बन्धनों से..**

**दूसरे चरण के कोविड 19  
टीकाकरण में 60 वर्ष से  
अधिक आयु के वरिष्ठ  
नागरिकों के लिये  
टीकाकरण किया जा  
रहा है...लाभार्थी  
[cowin.gov.in](http://cowin.gov.in) एवं  
[Aarogya Setu App](#)  
पर खुद का पंजीकरण  
करा सकते हैं**

**पर अभी कोरोना अनुरूप  
व्यवहारों का पालन करते रहें  
दवाई भी.. कड़ाई भी**









Positive Cases Today: **99**



Recovered Today: **69**



Death Today: **00**



Active Cases: **728**

**S<sup>+</sup>vty**

Sample Positivity: **3.76%**

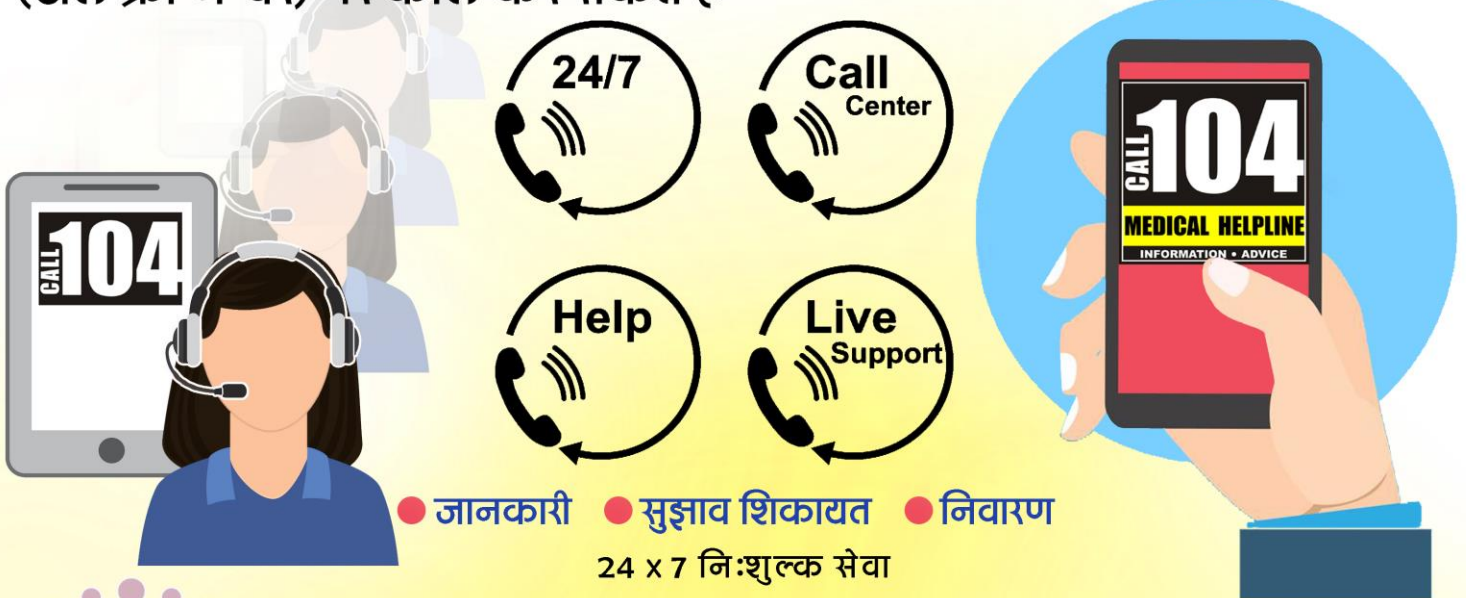
**R%**

Recovery Percentage: **96.08%**


1. Total cumulative Positive COVID-19 detected:	<b>98228</b>
2. Total Number (%) of COVID-19 Patients Treated/ Cured:	<b>94380 (96.08%)</b>
3. Total Number (%) of COVID-19 patients migrated/ Others:	<b>1416 (1.44%)</b>
4. Total Number (%) of COVID-19 Deaths:	<b>1704 (1.73%)</b>
5. Number of samples found negative for COVID-19 today:	<b>10703</b>
6. Total number of samples sent for COVID-19 testing today:	<b>12578</b>
7. Total number of cumulative samples found negative:	<b>2512169</b>
8. Total number of samples result awaited:	<b>12399</b>

## हम प्रतिबद्ध हैं आपकी मदद के लिये.. 24 X 7


आप राज्य सरकार द्वारा संचालित सभी स्वास्थ्य सेवाओं के बारे में **जानकारी सुझाव अथवा शिकायतों** के निवारण हेतु **104** इन्टग्रेटिड हैल्पलाइन (टोल फ्री नम्बर) पर कॉल कर सकते हैं




**24/7**




**Call Center**



**Help**



**Live Support**



● जानकारी ● सुझाव शिकायत ● निवारण  
24 x 7 निःशुल्क सेवा

## Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	132	79	87084	1	3276	90360	162
Bageshwar	82	282	63128	0	1544	64672	105
Chamoli	163	99	94114	1	3491	97605	224
Champawat	4	13	98270	0	1822	100092	16
Dehradun	1744	1625	448910	29	30108	479018	2355
Haridwar	6952	5342	566549	23	14502	581051	4473
Nainital	662	786	232906	28	12973	245879	760
Pauri Garhwal	613	660	160052	3	5156	165208	1081
Pithoragarh	187	41	83375	0	3372	86747	419
Rudraprayag	87	113	54007	2	2279	56286	159
Tehri Garhwal	215	121	109985	0	4247	114232	501
US Nagar	1378	1307	386978	10	11663	398641	1647
Uttarkashi	359	235	126811	2	3795	130606	497
<b>Total</b>	<b>12578</b>	<b>10703</b>	<b>2512169</b>	<b>99</b>	<b>98228</b>	<b>2610397</b>	<b>12399</b>

## Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated/ Others	Days since last positive case reported
Almora	3276	3097	23	26	130	0
Bageshwar	1544	1495	6	17	26	1
Chamoli	3491	3384	4	15	88	0
Champawat	1822	1790	16	9	7	10
Dehradun	30108	28522	178	971	437	0
Haridwar	14502	13910	248	161	183	0
Nainital	12973	12546	109	237	81	0
Pauri Garhwal	5156	5036	36	60	24	0
Pithoragarh	3372	3308	4	48	12	2
Rudraprayag	2279	2253	9	10	7	0
Tehri Garhwal	4247	4041	15	16	175	1
U.S. Nagar	11663	11352	68	117	126	0
Uttarkashi	3795	3646	12	17	120	0
<b>Total</b>	<b>98228</b>	<b>94380</b>	<b>728</b>	<b>1704</b>	<b>1416</b>	

## District-wise Hotspots/ Containment Zones

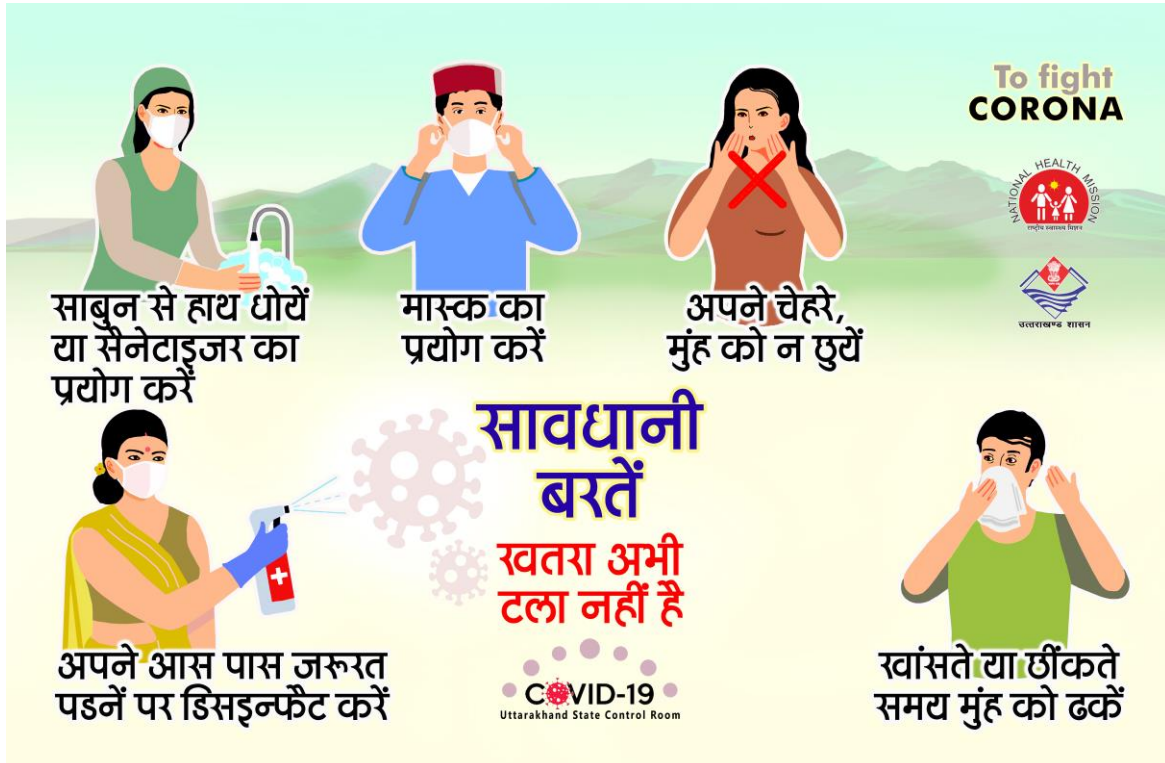
S.No.	District	Number of Containment Zone	Name of Containment Zone (Date of Start of Containment Zone)
1	Dehradun	01	<u>Mussorrie (01)</u> 1- Golway Cottage, Saint Goerge School Barloganj (11-03-2021)

## Situation Update, Uttarakhand: Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **38** dedicated COVID Hospitals and **415** COVID Care Centres (CCC).

### Public Health Action Taken

- To further increase the COVID-19 testing, the Government has lowered down the testing charges for both RT-PCR and Rapid Antigen COVID-19test.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.



## Details of Patients Treated & Cured and Death Summary:

- **Treated & Cured:** Sixty-Nine (69) patients discharged in different districts (Almora– 00, Bageshwar– 00, Chamoli– 00, Champawat– 00, Dehradun– 30, Haridwar– 17, Nainital– 13, Pauri– 06, Pithoragarh– 02, Rudraprayag– 00, Tehri– 00, U.S. Nagar– 01 & Uttarkashi– 00).
- **Death:** No death reported today

## Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

## APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to every citizens of the state to exercise abundant caution by adopting COVID-19 appropriate behaviour in their daily routine.
- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.

## Details of State Control Room

e-mail: [covid19statewaroomuk@gmail.com](mailto:covid19statewaroomuk@gmail.com) Toll free No: 104/0135 2609500.

email Id: [idsputtarakhand@gmail.com](mailto:idsputtarakhand@gmail.com) WhatsApp No. 9412080544

### Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237875, 05962-237874
Bageshwar	05963-221822, 05963-220197
Chamoli	01372-251437
Champawat	05965-230943
Dehradun	0135-2724506
Haridwar	01332-265211/212/213/214
-Paurigarhwal	01368-221840
Pithoragarh	05964-226326
Nainital	05942- 231178, 231179, 231181, 05946- 281234
TehriGarhwal	01376-232093, 01376-232831
Rudraprayag	01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222722, 7310913129