

Date: 20-03-2021

Health Bulletin

Time: 07:00 PM

हम सुरक्षित,  
तो देश सुरक्षित!

**Covid-19 के फिर से  
बढ़ते हुये खतरे से  
बचने के लिये  
टीका अब जरूरी है..**

**KILLING  
CORONAVIRUS  
COVID-19**



मास्क का  
प्रयोग करें



साबुन से हाथ धोएं  
या सैनेटाइजर का  
प्रयोग करें



**FEET**  
परस्पर दूरी  
है जरूरी



लक्षण होने पर  
दूसरों के सम्पर्क  
से बचें



COVID-19  
Uttarakhand State Control Room

**दवाई भी.. कड़ाई भी जिन्दगी जीतेगी, कोविड हारेगा..**

## COVID-19 Vaccination

- Sessions Held Today : 276
- Number of Beneficiaries Vaccinated Today : 13870
- Number of Beneficiaries Fully Vaccinated: 109148
- Number of 60+ years given First Dose: 197811
- Number of 45-59 years with co-morbidity given First Dose: 11785

## Details of Sessions held and Beneficiaries Vaccinated in Uttarakhand

Districts	Sessions Today	60+ years Vaccinated Today		45-59 years with co-morbidity Vaccinated Today		Health Care Worker			Front Line Worker		
		Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)
Almora	6	184	18325	10	579	0	5680	4222	46	3241	1976
Bageshwar	12	400	6130	2	91	0	2311	2130	0	1478	1257
Chamoli	17	879	11046	54	426	4	3767	3292	95	5103	1627
Champawat	0	0	3630	0	537	0	2125	1729	0	3892	2458
Dehradun	40	1596	49549	121	1890	647	30043	17186	573	14330	6490
Haridwar	75	902	22502	128	2283	42	15471	9244	337	26365	10219
Nainital	22	911	16210	89	1430	63	12487	7158	188	7264	3960
Pauri	13	961	17230	40	472	64	7106	4657	94	3790	1364
Pithoragarh	12	402	6811	16	121	54	3751	3133	126	6763	3450
Rudraprayag	4	95	5270	8	333	2	2174	1716	11	1312	552
Tehri	13	689	11500	96	625	40	5800	4847	48	2783	1645
US Nagar	42	1817	15199	460	2518	104	9563	5202	391	8587	4390
Uttarkashi	20	990	14409	28	480	4	3186	2838	59	4174	2406
<b>Total</b>	<b>276</b>	<b>9826</b>	<b>197811</b>	<b>1052</b>	<b>11785</b>	<b>1024</b>	<b>103464</b>	<b>67354</b>	<b>1968</b>	<b>89082</b>	<b>41794</b>

खांसते या छींकते  
समय मुंह को ढकें

साबुन से हाथ धोयें  
या सैनेटाइजर का  
प्रयोग करें

मास्क का  
प्रयोग करें

**पूर्ण टीकाकरण  
के बाद मिलेगा  
छुटकारा  
सभी बन्धनों से..**

दूसरे चरण के कोविड 19  
टीकाकरण में 60 वर्ष से  
अधिक आयु के वरिष्ठ  
नागरिकों के लिये  
टीकाकरण किया जा  
रहा है...लाभार्थी  
[cowin.gov.in](http://cowin.gov.in) एवं  
[Aarogya Setu App](#)  
पर खुद का पंजीकरण  
करा सकते हैं

पर अभी कोरोना अनुरूप  
व्यवहारों का पालन करते रहें  
**दवाई भी.. कड़ाई भी**









Positive Cases Today: **83**



Recovered Today: **50**



Death Today: **00**



Active Cases: **756**

**S<sup>+</sup>vty**

Sample Positivity: **3.75%**

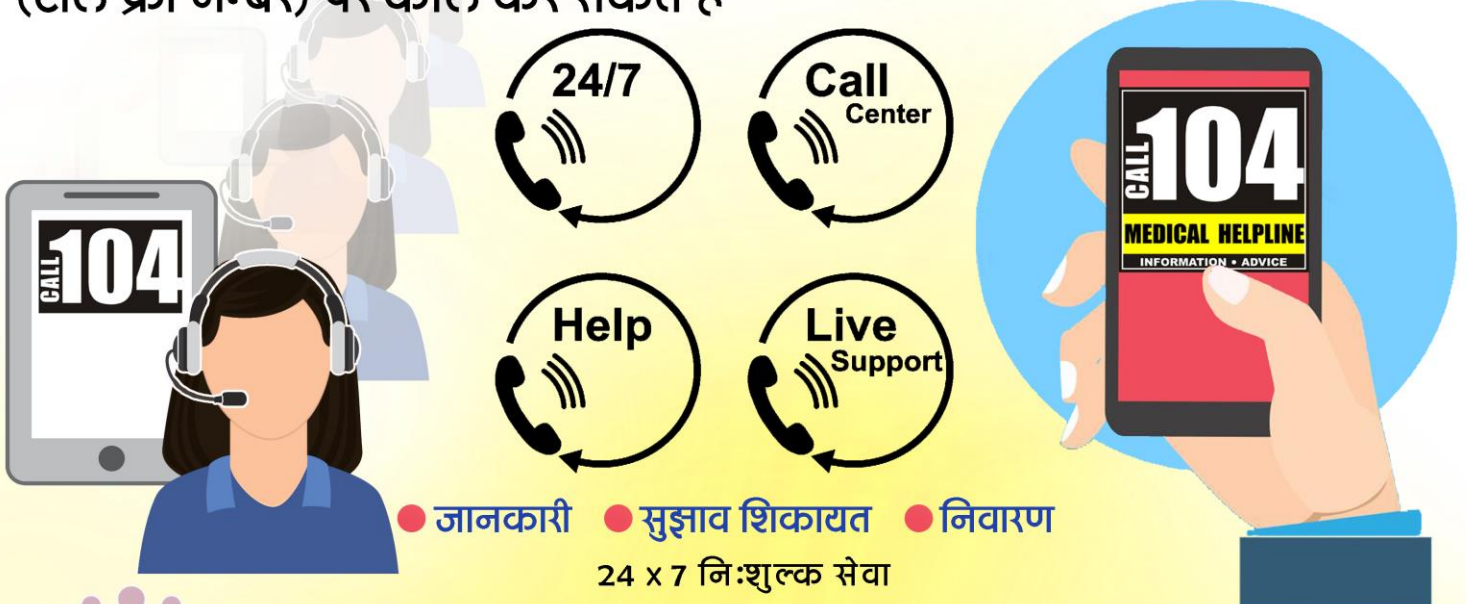
**R%**

Recovery Percentage: **96.05%**

1. Total cumulative Positive COVID-19 detected:	<b>98311</b>
2. Total Number (%) of COVID-19 Patients Treated/ Cured:	<b>94430 (96.05%)</b>
3. Total Number (%) of COVID-19 patients migrated/ Others:	<b>1421 (1.45%)</b>
4. Total Number (%) of COVID-19 Deaths:	<b>1704 (1.73%)</b>
5. Number of samples found negative for COVID-19 today:	<b>11226</b>
6. Total number of samples sent for COVID-19 testing today:	<b>14603</b>
7. Total number of cumulative samples found negative:	<b>2523395</b>
8. Total number of samples result awaited:	<b>15830</b>

## हम प्रतिबद्ध हैं आपकी मदद के लिये.. 24 X 7

आप राज्य सरकार द्वारा संचालित सभी स्वास्थ्य सेवाओं के बारे में **जानकारी सुझाव अथवा शिकायतों** के निवारण हेतु **104** इन्टग्रेटिड हैल्पलाइन (टोल फ्री नम्बर) पर कॉल कर सकते हैं



● जानकारी ● सुझाव शिकायत ● निवारण

24 x 7 निःशुल्क सेवा

## Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	42	50	87134	7	3283	90417	147
Bageshwar	294	125	63253	0	1544	64797	274
Chamoli	180	114	94228	0	3491	97719	290
Champawat	66	82	98352	1	1823	100175	106
Dehradun	2010	1586	450496	35	30143	480639	2744
Haridwar	8345	6078	572627	23	14525	587152	6717
Nainital	553	639	233545	6	12979	246524	668
Pauri Garhwal	774	872	160924	1	5157	166081	982
Pithoragarh	133	376	83751	0	3372	87123	176
Rudraprayag	63	162	54169	3	2282	56451	87
Tehri Garhwal	267	183	110168	1	4248	114416	584
US Nagar	1588	643	387621	4	11667	399288	2588
Uttarkashi	288	316	127127	2	3797	130924	467
<b>Total</b>	<b>14603</b>	<b>11226</b>	<b>2523395</b>	<b>83</b>	<b>98311</b>	<b>2621706</b>	<b>15830</b>

## Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated/ Others	Days since last positive case reported
Almora	3283	3097	30	26	130	0
Bageshwar	1544	1495	6	17	26	2
Chamoli	3491	3385	3	15	88	1
Champawat	1823	1790	17	9	7	0
Dehradun	30143	28552	183	971	437	0
Haridwar	14525	13915	266	161	183	0
Nainital	12979	12560	96	237	86	0
Pauri Garhwal	5157	5036	37	60	24	0
Pithoragarh	3372	3308	4	48	12	3
Rudraprayag	2282	2253	12	10	7	0
Tehri Garhwal	4248	4041	16	16	175	0
U.S. Nagar	11667	11352	72	117	126	0
Uttarkashi	3797	3646	14	17	120	0
<b>Total</b>	<b>98311</b>	<b>94430</b>	<b>756</b>	<b>1704</b>	<b>1421</b>	

## District-wise Hotspots/ Containment Zones

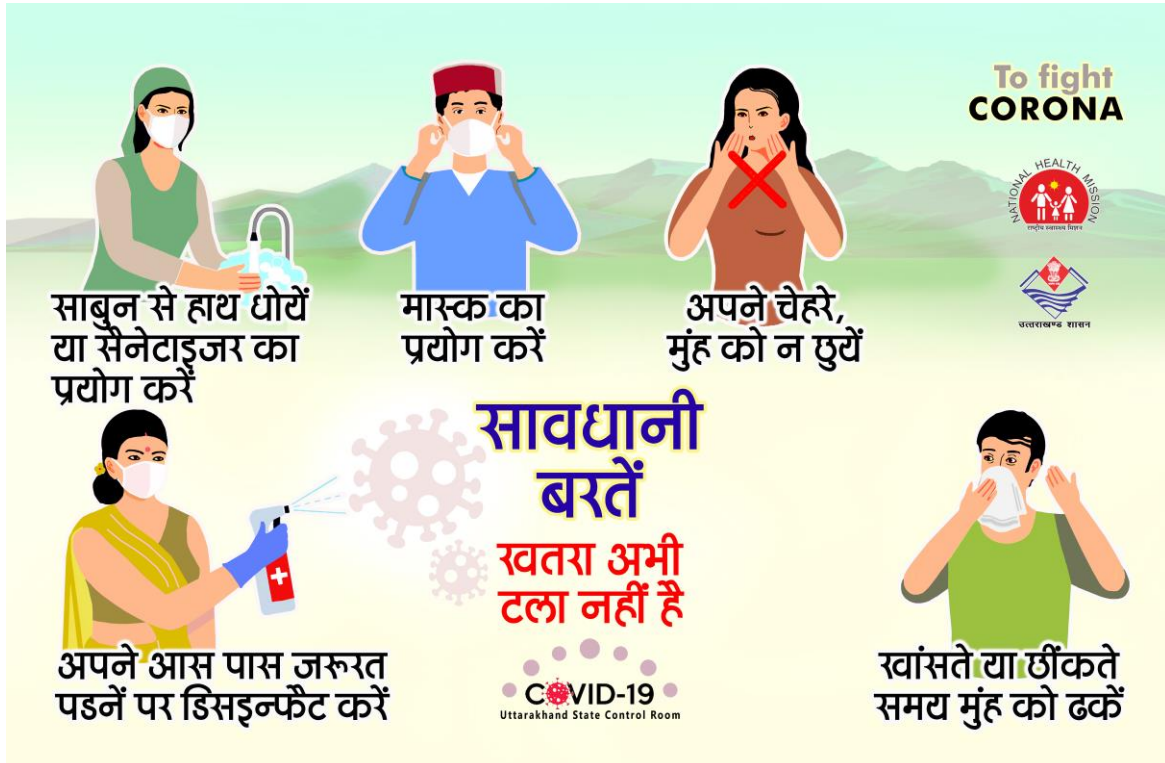
S.No.	District	Number of Containment Zone	Name of Containment Zone (Date of Start of Containment Zone)
1	Dehradun	01	<u>Mussorrie (01)</u> 1- Golway Cottage, Saint Goerge School Barloganj (11-03-2021)

## Situation Update, Uttarakhand: Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **38** dedicated COVID Hospitals and **415** COVID Care Centres (CCC).

### Public Health Action Taken

- To further increase the COVID-19 testing, the Government has lowered down the testing charges for both RT-PCR and Rapid Antigen COVID-19test.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.



## Details of Patients Treated & Cured and Death Summary:

- **Treated & Cured:** Fifty (50) patients discharged in different districts (Almora– 00, Bageshwar– 00, Chamoli– 01, Champawat– 00, Dehradun– 30, Haridwar– 05, Nainital– 14, Pauri– 00, Pithoragarh– 00, Rudraprayag– 00, Tehri– 00, U.S. Nagar– 00 & Uttarkashi– 00).
- **Death:** No death reported today

## Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

## APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to every citizens of the state to exercise abundant caution by adopting COVID-19 appropriate behaviour in their daily routine.
- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.

## Details of State Control Room

e-mail: [covid19statewaroomuk@gmail.com](mailto:covid19statewaroomuk@gmail.com) Toll free No: 104/0135 2609500.

email Id: [idsputtarakhand@gmail.com](mailto:idsputtarakhand@gmail.com) WhatsApp No. 9412080544

### Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237875, 05962-237874
Bageshwar	05963-221822, 05963-220197
Chamoli	01372-251437
Champawat	05965-230943
Dehradun	0135-2724506
Haridwar	01332-265211/212/213/214
-Paurigarhwal	01368-221840
Pithoragarh	05964-226326
Nainital	05942- 231178, 231179, 231181, 05946- 281234
TehriGarhwal	01376-232093, 01376-232831
Rudraprayag	01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222722, 7310913129