

Date: 21-03-2021

Health Bulletin

Time: 08:30 PM

हम सुरक्षित,
तो देश सुरक्षित!

**Covid-19 के फिर से
बढ़ते हुये खतरे से
बचने के लिये
टीका अब जरूरी है..**

**KILLING
CORONAVIRUS
COVID-19**



मास्क का
प्रयोग करें



साबुन से हाथ धोएं
या सैनेटाइजर का
प्रयोग करें



FEET
परस्पर दूरी
है जरूरी



लक्षण होने पर
दूसरों के सम्पर्क
से बचें



COVID-19
Uttarakhand State Control Room

दवाई भी.. कड़ाई भी जिन्दगी जीतेगी, कोविड हारेगा..

COVID-19 Vaccination

- Sessions Held Today : 46
- Number of Beneficiaries Vaccinated Today : 2782
- Number of Beneficiaries Fully Vaccinated: 109260
- Number of 60+ years given First Dose: 200017
- Number of 45-59 years with co-morbidity given First Dose: 12063

Details of Sessions held and Beneficiaries Vaccinated in Uttarakhand

Districts	Sessions Today	60+ years Vaccinated Today		45-59 years with co-morbidity Vaccinated Today		Health Care Worker			Front Line Worker		
		Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)
Almora	0	0	18325	0	579	0	5680	4222	0	3241	1976
Bageshwar	4	179	6309	1	92	4	2313	2132	1	1478	1258
Chamoli	7	361	11407	47	473	0	3767	3292	1	5104	1627
Champawat	0	0	3630	0	537	0	2125	1729	0	3892	2458
Dehradun	13	375	49924	24	1914	32	30068	17193	55	14377	6498
Haridwar	8	390	22892	10	2293	14	15475	9254	46	26385	10245
Nainital	2	55	16265	3	1433	37	12499	7183	54	7286	3992
Pauri	0	0	17230	0	472	0	7106	4657	0	3790	1364
Pithoragarh	0	0	6811	0	121	0	3751	3133	0	6763	3450
Rudraprayag	1	89	5359	10	343	0	2174	1716	0	1312	552
Tehri	3	166	11666	19	644	0	5800	4847	3	2785	1646
US Nagar	8	591	15790	164	2682	18	9581	5202	33	8620	4390
Uttarkashi	0	0	14409	0	480	0	3186	2838	0	4174	2406
Total	46	2206	200017	278	12063	105	103525	67398	193	89207	41862

खांसते या छींकते
समय मुंह को ढकें

साबुन से हाथ धोयें
या सैनेटाइजर का
प्रयोग करें

मास्क का
प्रयोग करें

**पूर्ण टीकाकरण
के बाद मिलेगा
छुटकारा
सभी बन्धनों से..**

दूसरे चरण के कोविड 19
टीकाकरण में 60 वर्ष से
अधिक आयु के वरिष्ठ
नागरिकों के लिये
टीकाकरण किया जा
रहा है... लाभार्थी
cowin.gov.in एवं
[Aarogya Setu App](#)
पर खुद का पंजीकरण
करा सकते हैं

पर अभी कोरोना अनुरूप
व्यवहारों का पालन करते रहें
दवाई भी.. कड़ाई भी







Positive Cases Today: **137**



Recovered Today: **32**



Death Today: **00**



Active Cases: **861**

S⁺vty

Sample Positivity: **3.75%**


R%

Recovery Percentage: **95.95%**

- Total cumulative Positive COVID-19 detected: **98448**
- Total Number (%) of COVID-19 Patients Treated/ Cured: **94462 (95.95%)**
- Total Number (%) of COVID-19 patients migrated/ Others: **1421 (1.44%)**
- Total Number (%) of COVID-19 Deaths: **1704 (1.73%)**
- Number of samples found negative for COVID-19 today: **9839**
- Total number of samples sent for COVID-19 testing today: **10024**
- Total number of cumulative samples found negative: **2533234**
- Total number of samples result awaited: **11918**

हम प्रतिबद्ध हैं आपकी मदद के लिये.. 24 X 7

आप राज्य सरकार द्वारा संचालित सभी स्वास्थ्य सेवाओं के बारे में **जानकारी सुझाव अथवा शिकायतों** के निवारण हेतु **104** इन्टग्रेटिड हैल्पलाइन (टोल फ्री नम्बर) पर कॉल कर सकते हैं



● जानकारी ● सुझाव शिकायत ● निवारण

24 x 7 निःशुल्क सेवा

Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	26	11	87145	2	3285	90430	41
Bageshwar	173	283	63536	1	1545	65081	420
Chamoli	19	77	94305	5	3496	97801	215
Champawat	0	3	98355	0	1823	100178	99
Dehradun	1088	1042	451538	53	30196	481734	3342
Haridwar	6497	6330	578957	41	14566	593523	2345
Nainital	153	118	233663	14	12993	246656	717
Pauri Garhwal	542	514	161438	2	5159	166597	998
Pithoragarh	0	86	83837	0	3372	87209	164
Rudraprayag	1	89	54258	1	2283	56541	80
Tehri Garhwal	173	145	110313	2	4250	114563	578
US Nagar	1123	813	388434	15	11682	400116	2343
Uttarkashi	229	328	127455	1	3798	131253	576
Total	10024	9839	2533234	137	98448	2631682	11918

Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated/ Others	Days since last positive case reported
Almora	3285	3097	32	26	130	0
Bageshwar	1545	1495	7	17	26	0
Chamoli	3496	3385	8	15	88	0
Champawat	1823	1790	17	9	7	1
Dehradun	30196	28582	206	971	437	0
Haridwar	14566	13916	306	161	183	0
Nainital	12993	12560	110	237	86	0
Pauri Garhwal	5159	5036	39	60	24	0
Pithoragarh	3372	3308	4	48	12	4
Rudraprayag	2283	2253	13	10	7	0
Tehri Garhwal	4250	4041	18	16	175	0
U.S. Nagar	11682	11352	87	117	126	0
Uttarkashi	3798	3647	14	17	120	0
Total	98448	94462	861	1704	1421	

District-wise Hotspots/ Containment Zones

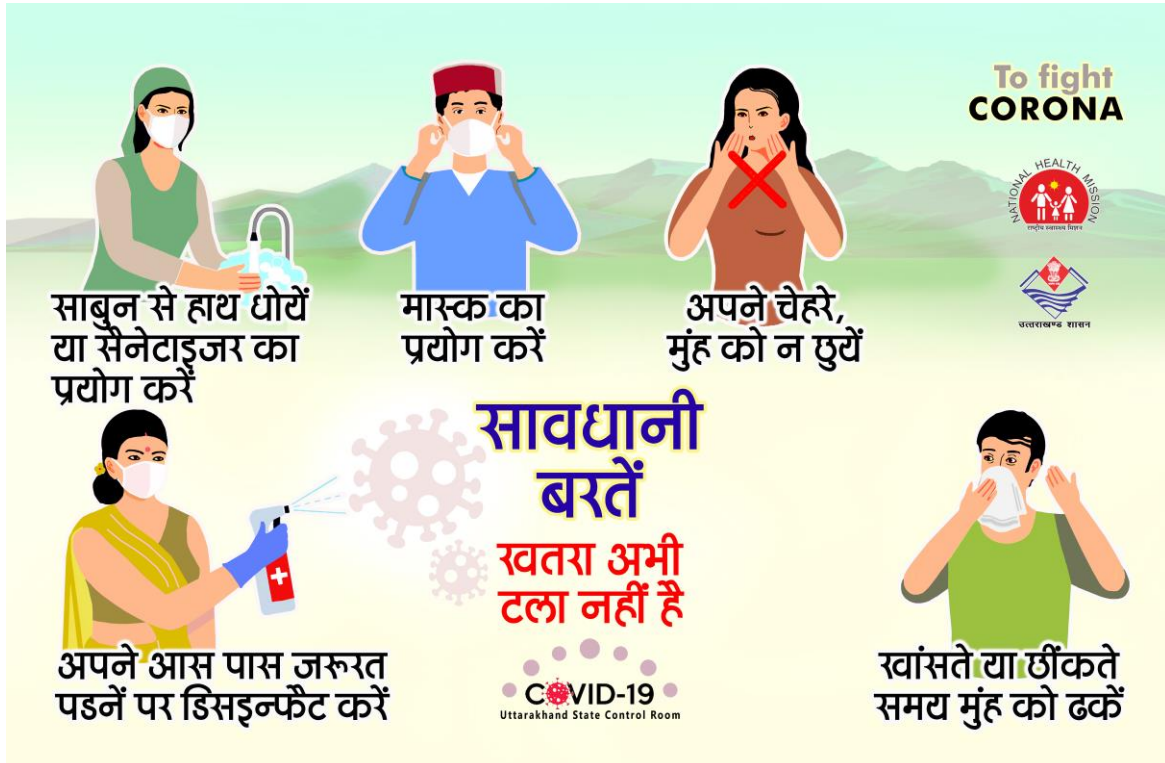
S.No.	District	Number of Containment Zone	Name of Containment Zone (Date of Start of Containment Zone)
1	Dehradun	01	<u>Mussorrie (01)</u> 1- Golway Cottage, Saint Goerge School Barloganj (11-03-2021)

Situation Update, Uttarakhand: Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **38** dedicated COVID Hospitals and **415** COVID Care Centres (CCC).

Public Health Action Taken

- To further increase the COVID-19 testing, the Government has lowered down the testing charges for both RT-PCR and Rapid Antigen COVID-19test.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.



Details of Patients Treated & Cured and Death Summary:

- **Treated & Cured:** Thirty Two (32) patients discharged in different districts (Almora– 00, Bageshwar– 00, Chamoli– 00, Champawat– 00, Dehradun– 30, Haridwar– 01, Nainital– 00, Pauri– 00, Pithoragarh– 00, Rudraprayag– 00, Tehri– 00, U.S. Nagar– 00 & Uttarkashi– 01).
- **Death:** No death reported today

Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to every citizens of the state to exercise abundant caution by adopting COVID-19 appropriate behaviour in their daily routine.
- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.

Details of State Control Room

e-mail: covid19statewarroomuk@gmail.com Toll free No: 104/0135 2609500.

email Id: idsputtarakhand@gmail.com WhatsApp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237875, 05962-237874
Bageshwar	05963-221822, 05963-220197
Chamoli	01372-251437
Champawat	05965-230943
Dehradun	0135-2724506
Haridwar	01332-265211/212/213/214
-Paurigarhwal	01368-221840
Pithoragarh	05964-226326
Nainital	05942- 231178, 231179, 231181, 05946- 281234
TehriGarhwal	01376-232093, 01376-232831
Rudraprayag	01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222722, 7310913129