

Date: 30-03-2021

Health Bulletin

Time: 06:00 PM



पिछले तीन दिनों के बीच में जो भी लोग
कोरोना पॉजिटिव व्यक्ति
के करीबी सम्पर्क में आयेँ..
..वो भी अपना
कोविड टेस्ट करवायें

दवाई भी.. कड़ाई भी
जिन्दगी जीतेगी, कोविड हारेगा..

मास्क का प्रयोग करें
साबुन से हाथ धोयें
या सैनेटाइजर का प्रयोग करें
5 FEET परस्पर दूरी
है जरूरी

COVID-19 Vaccination

- Sessions Held Today : 415
- Number of Beneficiaries Vaccinated Today : 14942
- Number of Beneficiaries Fully Vaccinated: 122450
- Number of 60+ years given First Dose: 324635
- Number of 45-59 years with co-morbidity given First Dose: 24960

Details of Sessions held and Beneficiaries Vaccinated in Uttarakhand

Districts	Sessions Today	60+ years Vaccinated Today		45-59 years with co-morbidity Vaccinated Today		Health Care Worker			Front Line Worker		
		Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)
Almora	37	705	24476	55	845	6	5728	4267	15	3321	2181
Bageshwar	1	0	11431	0	218	0	2327	2164	0	1480	1299
Chamoli	10	153	17303	32	1190	20	3831	3368	49	5532	2346
Champawat	13	137	5670	32	1013	4	2135	1758	111	3929	2955
Dehradun	100	3616	74802	291	3635	188	31777	18064	178	15266	8668
Haridwar	91	1437	41202	268	4182	39	16103	9560	503	30568	13575
Nainital	43	1388	26458	223	2735	19	12791	7405	57	7414	4928
Pauri	16	726	31605	23	1034	33	7235	4777	54	3950	1830
Pithoragarh	11	397	9601	10	198	3	3777	3177	82	6888	4316
Rudraprayag	13	404	9065	53	826	2	2200	1734	27	1554	717
Tehri	18	797	22113	65	1642	8	5862	4902	40	2829	1994
US Nagar	36	1180	27440	593	6683	71	10166	5466	180	9658	5365
Uttarkashi	26	553	23469	25	759	6	3205	2854	84	4254	2780
Total	415	11493	324635	1670	24960	399	107137	69496	1380	96643	52954

क्योंकि खतरा अभी टला नहीं है ..

अपना फेस कवर / मारस्क
हर समय पहने चाहे
बाजार में हों या अपने
आफिस परिसर में !!





Positive Cases Today: **128**



Recovered Today: **147**



Death Today: **02**



Active Cases: **1696**

S⁺vty

Sample Positivity: **3.67%**

R%

Recovery Percentage: **95.10%**

- Total cumulative Positive COVID-19 detected: **100118**
- Total Number (%) of COVID-19 Patients Treated/ Cured: **95212 (95.10%)**
- Total Number (%) of COVID-19 patients migrated/ Others: **1497 (1.50%)**
- Total Number (%) of COVID-19 Deaths: **1713 (1.71%)**
- Number of samples found negative for COVID-19 today: **8779**
- Total number of samples sent for COVID-19 testing today: **8092**
- Total number of cumulative samples found negative: **2628437**
- Total number of samples result awaited: **5925**

हम प्रतिबद्ध हैं आपकी मदद के लिये.. 24 X 7

आप राज्य सरकार द्वारा संचालित सभी स्वास्थ्य सेवाओं के बारे में **जानकारी सुझाव अथवा शिकायतों** के निवारण हेतु **104** इन्टिग्रेटिड हैल्पलाइन (टोल फ्री नम्बर) पर कॉल कर सकते हैं



● जानकारी ● सुझाव शिकायत ● निवारण

24 x 7 निःशुल्क सेवा

Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	109	47	88307	3	3303	91610	116
Bageshwar	73	294	65239	2	1551	66790	75
Chamoli	79	73	95200	5	3514	98714	86
Champawat	185	39	98596	0	1826	100422	280
Dehradun	3238	2040	469451	48	30928	500379	2407
Haridwar	1232	2510	625374	20	15007	640381	205
Nainital	1045	622	238774	12	13125	251899	894
Pauri Garhwal	388	326	165960	9	5208	171168	599
Pithoragarh	199	59	85039	0	3388	88427	351
Rudraprayag	118	60	55057	0	2304	57361	122
Tehri Garhwal	170	139	111715	0	4366	116081	252
US Nagar	1039	2231	399799	22	11771	411570	317
Uttarkashi	217	339	129926	7	3827	133753	221
Total	8092	8779	2628437	128	100118	2728555	5925

Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated/ Others	Days since last positive case reported
Almora	3303	3104	43	26	130	0
Bageshwar	1551	1495	13	17	26	0
Chamoli	3514	3385	23	15	91	0
Champawat	1826	1790	20	9	7	3
Dehradun	30928	28902	613	976	437	0
Haridwar	15007	14119	494	163	231	0
Nainital	13125	12654	137	238	96	0
Pauri Garhwal	5208	5046	78	60	24	0
Pithoragarh	3388	3308	20	48	12	1
Rudraprayag	2304	2258	29	10	7	2
Tehri Garhwal	4366	4041	123	16	186	2
U.S. Nagar	11771	11458	65	118	130	0
Uttarkashi	3827	3652	38	17	120	0
Total	100118	95212	1696	1713	1497	

District-wise Hotspots/ Containment Zones

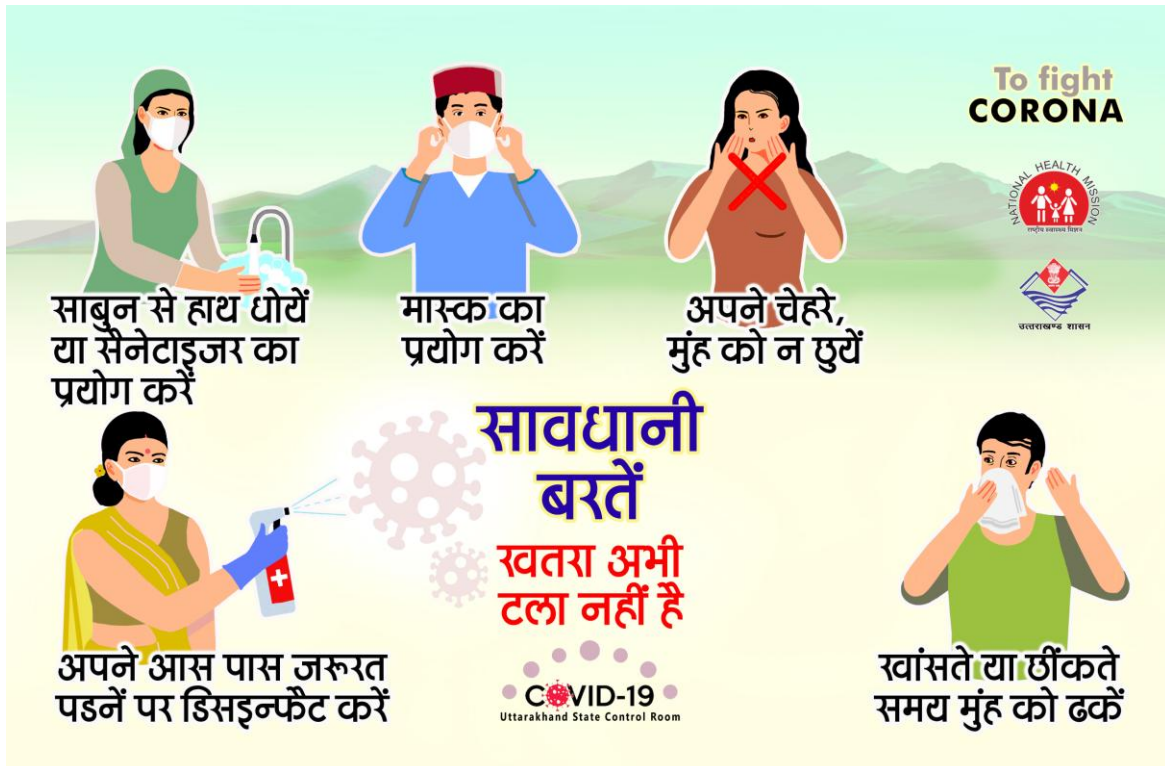
S.No.	District	Number of Containment Zone	Name of Containment Zone (Date of Start of Containment Zone)
1	Dehradun	04	<p>Mussorie (01) 1- Golway Cottage, Saint Goerge School Barloganj (11-03-2021)</p> <p>Dehradun (01) 1- Makan No. 144, Nehru Colony (28-03-2021) 2- Saraswati Soni Marg, Laxman Chowk (30-03-2021)</p> <p>Rishikesh (01) 1- Gram Gumaniwala, Gali No. 8 (28-03-2021)</p>

Situation Update, Uttarakhand: Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **38** dedicated COVID Hospitals and **415** COVID Care Centres (CCC).

Public Health Action Taken

- To further increase the COVID-19 testing, the Government has lowered down the testing charges for both RT-PCR and Rapid Antigen COVID-19test.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.



Details of Patients Treated & Cured and Death Summary:

- **Treated & Cured:** One Hundred Forty Seven (147) patients discharged in different districts (Almora– 00, Bageshwar– 00, Chamoli– 00, Champawat– 00, Dehradun– 40, Haridwar–59, Nainital– 10, Pauri– 05, Pithoragarh– 00, Rudraprayag– 00, Tehri– 00, U.S. Nagar– 33 & Uttarkashi– 00).
- **Death:** Two (02) COVID-19 positive patients expired in the state in last 24 hours. As per information provided by the respective hospitals, the death summary is as below:
 - (1) A 40 year old Male expired in AIIMS Rishikesh due to Severe Sepsis, Septic Shock & Severe COVID Pneumonia.
 - (2) A 69 year old Female expired in JLN Distt. Hospital Rudrapur, US Nagar due to Bilateral Pneumonitis & Acute Respiratory Distress Syndrome.

Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to every citizens of the state to exercise abundant caution by adopting COVID-19 appropriate behaviour in their daily routine.
- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.

Details of State Control Room

e-mail: covid19statewarroomuk@gmail.com Toll free No: 104/0135 2609500.
email Id: idsputtarakhand@gmail.com WhatsApp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237875, 05962-237874
Bageshwar	05963-221822, 05963-220197
Chamoli	01372-251437
Champawat	05965-230943
Dehradun	0135-2724506
Haridwar	01332-265211/212/213/214
-Paurigarhwal	01368-221840
Pithoragarh	05964-226326
Nainital	05942- 231178, 231179, 231181, 05946- 281234
TehriGarhwal	01376-232093, 01376-232831
Rudraprayag	01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222722, 7310913129