

Date: 30-05-2021

Health Bulletin

Time: 6:30PM

क्या फर्क पड़ता है! यदि आपमें लक्षण आये या नहीं आये पर आप कोरोना से संक्रमित हो सकते हैं

यदि आपके निकट मित्र या परिवार के अन्य लोग कोविड-19 से संक्रमित हैं और आप में लक्षण नहीं हैं तो भी 14 दिनों तक घर में रहें या तुरन्त अपना भी कोविड टेस्ट करवायें!



सतर्कता ही बचाव है!

COVID-19
Uttarakhand State Control Room



दवाई भी.. कड़ाई भी

पूर्ण टीकाकरण के बाद मिलेगा छुटकारा सभी बन्धनों से..

परस्पर दूरी बना कर रखें, सैनिटाइजर का प्रयोग करें, अपना फेस कवर/मास्क हर समय पहने



ई संजीवनी एप के द्वारा अर्हता धारक डाक्टर से
लें अपनी बीमारी के लिये सही परामर्श

राज्य के योग्य डाक्टरों की टीम
आनलाईन मुफ्त ईलाज के
लिये आपके ही मोबाईल पर
सेवा में तत्पर है ..

मोबाईल या डेस्कटाप कम्प्यूटर पर रोगी को
उपचार हेतु घर बैठे ऑनलाईन सलाह दी जाती है
परीक्षण के उपरान्त दवा व सलाह लिखित
रूप में रोगी pdf फाईल के फारमेट में
डाउनलोड कर सकते हैं

प्रतिदिन सुबह 9 बजे से सांय 8 बजे तक

9412080703, 9412080554

9412080686 Toll Free No. 104



ई संजीवनी एप को क्यू आर कोड को स्कैन
करके भी डाउनलोड कर सकते हैं

www.esanjeevaniopd.in/Register

eSanjeevani OPD
STAY HOME OPD



COVID-19
Uttarakhand State Control Room



सही से मास्क न पहनना घातक है आपके लिये...
और आपके परिवार के लिये

COVID-19
Uttarakhand State Control Room



वया मास्क पहनना आपके लिये मात्र शीपचारिविषया भर है...



PREVENTION IS BETTER THAN CURE

for your own safety



WEAR MASK



QUARANTINE



DISINFECT HANDS

Cover cough and sneeze



NO FACE TOUCH




WEAR GLOVES OUTSIDE



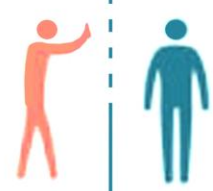
KEEP DISTANCE

COVID-19
Uttarakhand State Control Room


अगर आप कोविड-19 से संक्रमित हैं या परिवार में संक्रमित लोग हैं.. तो आप खुद सावधानी बरतिये ताकि कोई दूसरा संक्रमित न हो!




घर में रहें




दूसरों के सम्पर्क में न आयें



इस्तेमाल के बाद व्यर्थ सामग्री को कूड़ेदान में डालें और हाथों को अच्छी तरह साफ करें।



खांसते समय अपने मुंह व नाक को ढकें



सरफेस एरिया को साफ रखें

Uttarakhand State Control Room
COVID-19

कोविड-19 से सम्बन्धित महत्वपूर्ण सूचनाओं की जानकारी के लिये दिये गये लिंक पर क्लिक करें

<u>Covid-19 Telephone/ Mobile Directory</u>	https://health.uk.gov.in/pages/display/140-novel-coronavirus-guidelines-and-advisory-
<u>Sample Collection Centers</u>	https://covid19.uk.gov.in/map/sccLocation.aspx
<u>Availability of Beds</u>	https://covid19.uk.gov.in/bedsummary.aspx
<u>Covid-19 Vaccination Sites</u>	www.cowin.gov.in
<u>RT – PCR Testing Report</u>	https://covid19.uk.gov.in/
<u>To get Medical assistant and Doctor's consultation: Free Consultation from Esanjeevani</u>	http://www.esanjeevaniopd.in/Register Download app: https://play.google.com/store/apps/details?id=in.hied.esanjeevaniopd&hl=en_US Or call: 9412080703, 9412080622, 9412080686
<u>Home Isolation Registration</u>	https://dsclservices.org.in/self-isolation.php
<u>Home Isolation Booklet(Do's &Don'ts)</u>	https://health.uk.gov.in/files/Covid-19-Directory/Home Isolation booklet.pdf
<u>Vaccination (Self Registration)</u>	https://selfregistration.cowin.gov.in/ www.cowin.gov.in
<u>Standard Operating Procedure for issue of TOCILIZUMAB AMPHOTERICIN B</u>	https://health.uk.gov.in/pages/view/146-tocilizumab-amphotericin--procedure
<u>Daily Bulletin</u>	https://health.uk.gov.in/pages/display/140-novel-coronavirus-guidelines-and-advisory-
<u>Travelling to/from Uttarakhand Registration</u>	https://dsclservices.org.in/apply.php
<u>Any other Help</u>	<u>Call 104 (24X7) / State Control Room 0135-2609500/ District Control Rooms of respective district for any other help and assistance.</u>
<u>for any queries and suggestions</u>	covid19statewarroomuk@gmail.com Toll Free Number 104 State Covid-19 Control Room 0135 2609500

For complaints regarding black marketing of medicines, oxygen and other malpractices related to covid-19 in Uttarakhand

Landline No. 0135-2656202 and Mobile: 9412029536

Date: 30-05-2021

Health Bulletin

Time: 6:30PM



Positive Today: **1226**



Recovered Today: **1927**



Death Today: **32**



Active Cases: **30357**

S⁺vt^y

Sample Positivity: **6.89%**

R%

Recovery Percentage: **87.07%**

1. Total cumulative Positive COVID-19 detected: **328338**
2. Total Number (%) of COVID-19 Patients Treated/ Cured: **285889 (87.07%)**
3. Total Number (%) of COVID-19 patients migrated out of state: **5691 (1.73%)**
4. Total Number (%) of COVID-19 Deaths: **6401* (1.95%)**
5. Number of samples found negative for COVID-19 today: **28923**
6. Total number of samples sent for COVID-19 testing today: **22766**
7. Total number of cumulative samples found negative: **4436081**
8. Total number of samples result awaited: **8621**

*Deaths reported from previous date added in cumulative figure (details on page 8). These deaths were reflected in district reports/daily bulletin, but not submitted timely to State COVID-19 Control Room.

होम आइसोलेशन



कोरोना पॉजिटिव व्यक्ति
डाक्टर की सलाह के अनुसार घर में
रहते हुये जरूरी उपचार लेते रहें..

..अगर ऑक्सीजन का स्तर 94 से कम आता है तब
हमारे हैल्प लाईन नम्बरर्स जैसे 104 व ई संजीवनी
एप के माध्यम से ऑनलाईन रजिस्टर करके जरूरी
डाक्टरी सलाह प्राप्त करें या स्वयं को किसी
अस्पताल में भर्ती करवायें !

अधिक जानकारी के लिए सम्पर्क करें **Toll Free No.104**

9412080703, 9412080554, 9412080686



Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	472	119	135284	21	10952	146236	668
Bageshwar	1163	1409	108603	4	5349	113952	566
Chamoli	405	918	143024	87	11452	154476	205
Champawat	1016	647	135596	22	7170	142766	671
Dehradun	5368	5830	839999	241	108278	948277	2833
Haridwar	5716	6497	1402259	159	49420	1451679	484
Nainital	1344	1106	327407	59	37574	364981	1111
Pauri Garhwal	468	972	222604	100	16980	239584	342
Pithoragarh	1231	2966	119996	276	9131	129127	225
Rudraprayag	723	873	87974	50	8266	96240	112
Tehri Garhwal	1392	1536	162314	94	15182	177496	255
US Nagar	2760	4973	567483	89	36710	604193	823
Uttarkashi	708	1077	183538	24	11874	195412	326
Total	22766	28923	4436081	1226	328338	4764419	8621

Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated/ Others
Almora	10952	8911	1340	134	567
Bageshwar	5349	4240	1038	46	25
Chamoli	11452	8800	2418	54	180
Champawat	7170	6181	775	50	164
Dehradun	108278	100619	3937	3148	574
Haridwar	49420	39855	7573	836	1156
Nainital	37574	34884	1696	867	127
Pauri Garhwal	16980	12966	3175	256	583
Pithoragarh	9131	7116	1894	109	12
Rudraprayag	8266	6618	1464	70	114
Tehri Garhwal	15182	12392	1837	66	887
U.S. Nagar	36710	32786	2256	693	975
Uttarkashi	11874	10521	954	72	327
Total	328338	285889	30357	6401	5691

Details of Patients Treated & Cured

DISTRICT NAME	Treated & Cured in last 24 hrs
ALMORA	183
BAGESHWAR	74
CHAMOLI	0
CHAMPAWAT	0
DEHRADUN	558
HARIDWAR	261
NAINITAL	399
PAURI GARHWAL	110
PITHORAGARH	0
RUDRA PRAYAG	203
TEHRI GARHWAL	53
UDAM SINGH NAGAR	3
UTTAR KASHI	83
Total	1927

कोविड को हराने के लिये सावधान रहने के अलावा शरीर की रोग प्रतिरोधकता को बढ़ाना भी जरूरी है-

- + ताजा, गर्म, शीघ्र पचने वाला हल्का भोजन करें.
- + यथासंभव गर्म पानी का सेवन करें.
- + चीनी से बने पदार्थों का सेवन कम से कम करें.
- + प्रतिदिन एक चम्मच च्यवनप्राश का प्रयोग करें.
- + तुलसी, दालचीनी, कालीमिर्च व सोंठ 1/2 चम्मच मुनक्का से निर्मित आयुष पेय/हर्बल चाय का स्वादानुसार नींबू/गुड़ आदि को मिलाकर दिन में 1-2 बार सेवन करें.
- + हल्दी, धनिया, जीरा, लहसुन आदि व अन्य मसालों का भोजन में नियमित प्रयोग करें.
- + प्रतिदिन 10 से 45 मिनट कार्मन रोग प्रोटोकाल का अभ्यास करें.
- + धूम्रपान, तम्बाकू, गुटका, शराब आदि का पूर्णतः परित्याग करें।



च्यवनप्राश



Hospital Wise Death

District	Cumulative Deaths	Name of The Hospitals	No. of Deaths
Dehradun	3148*(A)	Aarogyadham Hospital, Dehradun	3
		AIIMS Rishikesh, Dehradun	4
		Prasad Doon Hospital, Dehradun	1
		Govt.Doon Medical College, Dehradun	4
		Himalayan Hospital, Dehradun	3
		Kailash Hospital, Dehradun	1
		Kanishk Hospital, Dehradun	1
		Max Hospital, Dehradun	1
		MH, Dehradun	1
Haridwar	836*(B)	MH Roorkee, Haridwar	1
		Yog Mata Pilot Baba, Haridwar	1
Nainital	867*(C)	Dr. Susheela Tiwari Govt. Hospital Haldwani, Nainital	3
		Ram Dutt Joshi Govt. Combined Hospital, Nainital	1
		Sai Hospital, Nainital	2
Pauri Garhwal	256	HNB Base Hospital Srinagar, Pauri Garhwal	1
US Nagar	693	JLN DH Rudrapur, US Nagar	1
		Navya Hospital Kashipur, US Nagar	1
		Prayas Hospital Sitarganj, US Nagar	1
		The Medicity Hospital, US Nagar	1
Total		Grand Total	32

***Note:** Deaths reported from previous date added in cumulative figure. These deaths were reflected in district reports/daily bulletin, but not submitted timely to State COVID-19 Control Room.

***(A) DEHRADUN (01):**

Kanishk Hospital (01)- 23 May 2021 (1)

***(B) HARIDWAR (06):**

Jaya Maxwell (03)- 2 May (1), 21 May (1), 23 May 2021 (1)

New Dev Bhoomi Hospital (01)- 20 May (1)

Tulsi Hospital (02)- 23 May 2021 (1), 24 May 2021 (1)

***(C) NAINITAL (02):**

Brijlal Hospital (02)- 25 May (1), 27 May (1)

Mucormycosis Cases and Deaths - Uttarakhand as on 30.05.2021

S.No.	District	Hospital Name	Total No. of cases	Death	Discharge
1	Udham Singh Nagar	JLN District Hospital, Rudrapur	1	1	0
2	Dehradun	City Heart Hospital	1	0	0
		AIIMS Rishikesh	121	7	4
		Max Hospital	7	0	3
		Doon Medical College	11	0	0
		Sri Mahant Indresh Hospital	15	3	0
		HIHT Joly Grant	24	3	6
		Aarogyadham Hospital	2	0	0
3	Nainital	Krishna Hospital, Haldwani	3	0	0
		Dr. Susheela Tiwari Govt. Hospital, Haldwani	12	1	0
		Tiwari Nursing Home	1	0	0
Total			198	15	13

Details of State Control Room

E-mail: covid19statewarroomuk@gmail.com, idsputtarakhand@gmail.com

Toll free No: 104/01352609500

 Whatsapp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237874
Bageshwar	05963-221822
Chamoli	7617429778, 9068787120, 7830839443, 01372-252187
Champawat	05965-230943, 05965-230819
Dehradun	0135-2724506
Haridwar	01334-239072
Nainital	05946-281234
Paurigarhwal	01368-222213
Pithoragarh	05964-297551
TehriGarhwal	01376-234793
Rudraprayag	01364-233727
U.S. Nagar	05944-246590,05944-250250
Uttarkashi	01374-222641,7417162869

दवाई भी.. कड़ाई भी

**अपना फेस कवर / मास्क
सही से पहने चाहे
बाजार में हो या अपने
आफिस परिसर में
लापरवाही घातक हो
सकती है..**












**सर्वकता
ही बचाव है!**

COVID-19 Vaccination

30th May 2021

☀ Sessions Held Today :	364
☀ Number of Beneficiaries Vaccinated Today :	12364
☀ Number of Beneficiaries Partially Vaccinated:	2216968
☀ Number of Beneficiaries Fully Vaccinated:	683285
☀ Total 18-44 years beneficiaries Vaccinated:	268584

Details of Beneficiaries Vaccinated in Uttarakhand

Districts	Citizen				Health Care Worker			Front Line Worker		
	Last 24 hrs	>45 Partially Vaccinated (1st Dose Coverage)	>45 Fully Vaccinated (Both Dose Coverage)	Partially vaccinated (more than 18 to <45 years)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)
Almora	1,784	123174	36,063	14,583	2	5,918	4,802	42	8,895	2,887
Bageshwar	266	58947	23,152	15,033	0	2,434	2,259	1	2,290	1,399
Chamoli	260	89173	30,281	15,404	0	3,981	3,702	0	6,448	4,245
Champawat	108	54746	14,104	14,033	0	2,204	1,852	61	6,393	3,347
Dehradun	3,648	350506	113,128	40,475	72	35,791	26,053	120	26,894	15,393
Haridwar	1,983	216546	48,909	32,680	3	17,143	11,859	213	47,608	29,952
Nainital	640	164633	51,111	29,270	19	13,712	9,891	224	15,154	6,135
Pauri	35	136902	36,321	15,548	8	7,763	6,226	9	6,733	3,918
Pithoragarh	417	71810	20,181	15,430	5	4,018	3,386	106	7,827	5,068
Rudraprayag	237	52402	16,434	15,850	3	2,401	1,954	3	2,587	1,329
Tehri	38	106707	32,804	15,082	0	6,138	5,295	0	4,796	3,025
US Nagar	1,088	170012	45,964	30,038	58	11,658	8,044	842	22,966	8,103
Uttarkashi	69	72757	38,291	15,158	0	3,428	3,081	0	4,889	3,337
Total	10,573	1668315	506,743	268,584	170	116,589	88,404	1,621	163,480	88,138



Uttarakhand State Control Room COVID-19

Integrated Disease Surveillance Programme

Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



Date: 30-05-2021

District-wise Hotspots/ Containment Zones

<i>DISTRICT NAME</i>	<i>Number Of Active Containment Zone</i>
ALMORA	17
BAGESHWAR	0
CHAMOLI	19
CHAMPAWAT	23
DEHRADUN	55
HARIDWAR	27
NAINITAL	08
PAURI GARHWAL	16
PITHORAGARH	10
RUDRA PRAYAG	31
TEHRI GARHWAL	50
UDAM SINGH NAGAR	54
UTTAR KASHI	60
Total	370

Avoid crowded places for your own safety



**avoid close contact
with people**





Uttarakhand State Control Room COVID-19

Integrated Disease Surveillance Programme

Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



S.No	District Name	Total	Detail of District-Wise Hotspots/ Containment Zones
1	Dehradun	55	<p>Dehradun (29)</p> <ol style="list-style-type: none"> Sumitra Bhawan, Library Mussorrie (27-04-2021) Ganesh Hotel, Landour Cantt (28-04-2021) B-172 Nehru Colony (30-04-2021) 176 Upper Rajiv Nagar Dharampur (30-04-2021) Balahissar, Mussorrie (01-05-2021) Tagore Colony (01-05-2021) 09, Chander Road Dalanwala (01-05-2021) 35/79 Subhash Road ,Chabra Pathology Lab waaligali (01-05-2021) Badripur Majri Maffi Marg, Near Rawat Farm (01-05-2021) BadrishVihar Colony Miyawaala (01-05-2021) Santala Devi Gram Jantanwala Marg (01-05-2021) Rajbhawan Colony Awas (01-05-2021) Anarwala Vijay purGopiwala (14-05-2021) Doon Site View, Cottage Police chownki, ChandalGarhi (14-05-2021) Pradhanacharya Awas, CST Happy Valley (16-05-2021) Green Valley Housing Rajpur Road (16-05-2021) Gram Tarlanagal (16-05-2021) 49 Mohini Road, Near control shop (16-05-2021) Cross -08, House No- 19, Tapovan enclave AamwalaTarla (16-05-2021) C block , Race Course, Near Banshilal Shop (16-05-2021) 219- Rajpur Road (16-05-2021) Vijay Colony Hathibarkala (16-05-2021) Laxman puri, LandourCant (15-05-2021) Tunwala (Raipur Tunwala Marg) (15-05-2021) PaschamiPatelnagar, Dehrakhas (15-05-2021) Christian Village Center George School Barloganj (16-05-2021) Hathibarkala, New Cantt Road (17-05-2021) Kehri Gaon, Thakurpur Road (18-05-2021) Shiv Shakti Colony , Nathuwala (20-05-2021) <p>Doiwala (03)</p> <ol style="list-style-type: none"> Gram Khatta (30-04-2021) Ward no-10 , Kailash Kunj Gali No-07, Bhaniyawala (26-05-2021) Ward No-10, Kailash Kunj Gali no-07,Bhaniyawala (26-05-2021)
2	Haridwar	27	<p>Vikas Nagar (08)</p> <ol style="list-style-type: none"> Gram Sudhhowaala , shakti Vihar (01-05-2021) Gram Sudhoowaala, Jail Road (01-05-2021) Gram Thakurpur (01-05-2021) Gram ChotuwaalaBadamwala (16-05-2021) Gram Shaspur Teachers Colony (17-05-2021) Ward No-13, Gram Nawabgarh Majra ,chiranjpur Amar Vihar (17-05-2021) Moja Dumet(18-05-2021) Gram JhajramaujaDhulkot, Tibbeti School (21-05-2021) <p>Kalsi (3)</p> <ol style="list-style-type: none"> Gram Datanu khat SiliGothan (16-05-2021) Gram Haripur (Near Yamuna River) (16-05-2021) Gram Dhara Khadar (17-05-2021) <p>Tvuni (10)</p> <ol style="list-style-type: none"> Gram Baurad (Kuna)(30-04-2021) TaunsRiver ,Purva Disha (10-05-2021) Gram Mandrath Kheda(19-05-2021) Gram Mandrath (22-05-2021) Gram Baghi (21-05-2021) Gram Ragi (24-05-2021) Gram Shediya (24-05-2021) Gram Chausal I (24-05-2021) Gram Chausal II (24-05-2021) Gram Tayutad (26-05-2021) <p>Chakrata (02)</p> <ol style="list-style-type: none"> Gram Meharwala (24-05-2021) Gram Matiyawa (26-05-2021)
2	Haridwar	27	<p>Haridwar (04)</p> <ol style="list-style-type: none"> Bhagtanpur, Ibrahimpur (18-05-2021) Rasoolpur ,MeethiberiMajra , dundiyanwaalapanganar, Najibabad (20-05-2021) Rasoolpur Meethiberi, Majra Choota, Rasoolpur Pargana Najibabad (24-05-2021) Opposite St. Merry School , Paschim Nathannagar (24-05-2021) <p>Laksar (11)</p> <ol style="list-style-type: none"> Gram Khanpur, Brhampur (17-05-2021) Gram Fatwa (17-05-2021) Gram dugarpur (18-05-2021) Gram Alwalpur (18-05-2021) Gram Lalbandawa, Ward No-02 (20-05-2021) Ward No-02, GramRayasi (20-05-2021) Ward No-03, GramRayasi (20-05-2021) Ward No.09 Padowali (22-05-2021) Gram Kalsiya, Ward No-11 (24-05-2021) Gram Kabulpuri, Raighati (25-05-2021) Gram Sherpubela (26-05-2021) <p>Bhagwanpur (01)</p> <ol style="list-style-type: none"> Gram Shahidwala (20-05-2021)
2	Roorkee	11	<p>Roorkee (11)</p> <ol style="list-style-type: none"> H No. 501 , 502 Awas Vikas Colony, Nagar Nigam (15-05-2021) Gram Thaska Pargana Mangalore (15-05-2021) Gali no-11, Krishna Nagar Salempur ,Rajputaan Nagar Nigam (17-05-2021) H-No. 632/1 & 641 Paschmi Amber Tal Nagar Nigam (16-05-2021) Gram Libarhedi, Pargana Mangalore (18-05-2021) Block B, Ashok Nagar , Gram dhandera Pargana (20-05-2021) Gram Makanpur Devpur Pargana Bhagwanpur (21-05-2021) Shyamnagar Gali No-03, Sunhara (21-05-2021) Gram Daulatpur Pargana (22-05-2021) Gram Thaska Pargana Mangalore (23-05-2021) H.No. 173, block C , Shivaji Nagar Gram Dhandera Pargana (25-05-2021)



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3	Nainital	08	KaushyaKutoli (08) <ol style="list-style-type: none"> 1- Gram Dhadima Tok Ratoda (15-05-2021) 2- Gram Torad Tok, Nagir Gaon (15-05-2021) 3- Gram Halsol Patti Malla Kaushya (21-05-2021) 4- Gram Torad Patti Betalghat (21-05-2021) 5- Gram Joshikhola (21-05-2021) 6- Gram Ghiroli Patti Mallipali (23-05-2021) 7- Gram Kharali Bunga Patti Unchakot (23-05-2021) 8- Gram Gajar Patti Bargal (23-05-2021)
4	Pauri	16	Kotdwar (05) <ol style="list-style-type: none"> 1- SGRR Degree College , Ward No-20 (08-05-2021) 2- Ward No-37, PaschamiJhandichaud ,Geep Stand Gali No-02 (08-05-2021) 3- Subhash Bazar, Duggada (18-05-2021) 4- Gram Umraila ,Talla Vikas khand, Dugadda (18-05-2021) 5- Gram Kholkandi, Vikas Khand Duggada (18-05-2021) Lansdowne (05) <ol style="list-style-type: none"> 1- Gram Chokadi I (12-05-2021) 2- Gram Chokadi I (12-05-2021) 3- Gram Jyual Gaon (15-05-2021) 4- Gram Dewrari (15-05-2021) 5- Gram Bagankhola (22-05-2021)
5	Uttarkashi	60	Srinagar (02) <ol style="list-style-type: none"> 1- Gram GhadBasalyupattichalansayu (22-05-2021) 2- Gram Suralgaon Patti Chalansayu (24-05-2021) Pauri (02) <ol style="list-style-type: none"> 1- Ward no-06, Purana Kendriya Vidhyalaya(30-04-2021) 2- Gram Dadhogi (17-05-2021) Yamkeshwar (02) <ol style="list-style-type: none"> 1- Gram Sirasu (19-05-2021) 2- Gram NandMalla (19-05-2021)
			Bhatwari (04) <ol style="list-style-type: none"> 1- Gram Jaspur, Patti Badhagadi (12-05-2021) 2- Gram Aungi, Patti Badahaat (18-05-2021) 3- Gram Silla Patti, Nald Kathur (24-05-2021) 4- Gram Belatipari, Patti Nald Kathud (27-05-2021) Purola (19) <ol style="list-style-type: none"> 1- Gram Upala Math (26-04-2021) 2- Nagar Panchayat , Ward No-06 Nirankari Satsang Bhawan (06-05-2021) 3- Nagar Panchayat , Ward No-07 Nagraja Mandir (06-05-2021) 4- Gram Kantadi (08-05-2021) 5- Gram Dhoni (09-05-2021) 6- Nagar Panchayat Purola, Ward no-03, Near Jal Sansthan office (12-05-2021) 7- Gram Pora (12-05-2021) 8- Gram Thakada (12-05-2021) 9- Gram Saundhadi (12-05-2021) 10- Gram Chanika (12-05-2021) 11- Gram Maultadi (12-05-2021) 12- Gram Karda (13-05-2021) 13- Gram Angoda (13-05-2021) 14- Gram Sukdala (15-05-2021) 15- Gram Kumola (15-05-2021) 16- Gram Naagjhala (16-05-2021) 17- Gram Khaladi (16-05-2021) 18- Gram Thathung (24-05-2021) 19- Gram Barkot Madya Sakrola Tok (24-05-2021) Mori (11) <ol style="list-style-type: none"> 1- Saud I (10-05-2021) 2- Khanna (14-05-2021) 3- Jhakhol (14-05-2021) 4- Jhodadi (14-05-2021) 5- Nanai (14-05-2021) 6- Kiranu (14-05-2021) 7- Pasa (14-05-2021) 8- Eshali (16-05-2021) 9- Gamri (18-05-2021) 10- Sidhari (18-05-2021) 11- Dobhalgaon (22-05-2021)
			Barkot (14) <ol style="list-style-type: none"> 1- Nagar Panchayat, Ward No-04, Naogaon (21-04-2021) 2- Nagar PalikaParisadBarkot, Ward No-05Anshik (23-04-2021) 3- Nagar PalikaParisadBarkot Ward No-03Anshik (23-04-2021) 4- Ward No-04, Nagar PalikaParisad (27-04-2021) 5- Nagar Panchayat Naugaon Ward No-05 (05-05-2021) 6- Nagar PalikaParisad Ward No-05 (06-05-2021) 7- Nagar PalikaParisad Ward No-06 (06-05) 8- Nagar PalikaParisad Ward No-07 (06-05-2021) 9- Nagar Panchayat Naugaon , Ward No-04 (06-05-2021) 10- Gram Kawadi (09-05-2021) 11- Gram Kapnol (13-05-2021) 12- Gram Sunhara (13-05-2021) 13- Gram Bachangaon (16-05-2021) 14- Gram Sina Patti (23-05-2021) Chinvalisaur (09) <ol style="list-style-type: none"> 1- Gram Chootimani (06-05-2021) 2- Gram Badimani (06-05-2021) 3- Gram New Khalsi Patti Dashagi (09-05-2021) 4- Gram Sarp Patti Dilchi (09-05-2021) 5- Gram Garhwalghad (15-05-2021) 6- Gram Bankot (15-05-2021) 7- Gram Sulithang (15-05-2021) 8- Badsa (19-05-2021) 9- Kabagaddi (19-05-2021) Dunda (03) <ol style="list-style-type: none"> 1- Gram Junga (15-05-2021) 2- Gram NakuriMalli I (17-05-2021) 3- Gram NakuriMalli II (17-05-2021)



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6	UdhamSingh	54	Jaspur (40) 1- Veerpuri (20-05-2021 to 02-06-2021) 2- Bhagwantpur I (20-05-2021 to 02-06-2021) 3- Nagar Panchayat Muhadbara I (20-05-2021 to 02-06-2021) 4- Mohalla Natha singh (20-05-2021 to 06-06-2021) 5- Patrampur I (20-05-2021 to 02-06-2021) 6- Patrampur II (20-05-2021 to 02-05-2021) 7- Gram Kasampur (20-05-2021 to 02-06-2021) 8- Mohalla Natha Singh (20-05-2021 to 02-06-2021) 9- Mohalla Joshayan (20-05-2021 to 02-06-2021) 10- Nagar Panchayat MuhadbaraII (20-05-2021 to 02-06-2021) 11- Nagar Panchayat MuhadbaraIII (20-05-2021 to 02-06-2021) 12- Nagar Panchayat MuhadbaraIV (20-05-2021 to 02-06-2021) 13- Nagar Panchayat Muhadbara V (20-05-2021 to 02-06-2021) 14- Mohalla Chauhan I (20-05-2021 to 02-06-2021) 15- Mohalla Chauhan II (20-05-2021 to 02-06-2021) 16- Mohalla Chauhan III (20-05-2021 to 02-06-2021) 17- Mohalla Patti Chauhan (20-05-2021 to 02-06-2021) 18- Mohalla Julahan I (20-05-2021 to 02-06-2021) 19- Mohalla Julahan II (20-05-2021 to 02-06-2021) 20- Ramnagar (20-05-2021 to 02-06-2021) 21- Gram Meghawala (20-05-2021 to 02-06-2021) 22- Mohalla Bhoop Singh (20-05-2021 to 02-06-2021) 23- Bhogpur (20-05-2021 to 02-06-2021) 24- Kalyanpur (20-05-2021 to 02-06-2021) 25- Talabpur (20-05-2021 to 02-06-2021) 26- Ganguwala War no- 15 (20-05-2021 to 02-06-2021) 27- Mohalla Dheela Singh (20-05-2021 to 02-06-2021) 28- Angadpur (20-05-2021 to 02-06-2021) 29- Malpuri (20-05-2021 to 02-06-2021) 30- Gulargoji (20-05-2021 to 02-06-2021) 31- Mohalla Chauhan (20-05-2021 to 02-06-2021) 32- Bhagwantpur II (20-05-2021 to 02-06-2021) 33- Gram Halduwashu (25-05-2021 to 06-06-2021) 34- Gram Talabpur (25-05-2021 to 06-06-2021) 35- Gram Kasampur (25-05-2021 to 06-06-2021) 36- Kaliyawala I (29-05-2021 to 09-06-2021) 37- Kaliyawala II (29-05-2021 to 09-06-2021) 38- Gram Rajpur (29-05-2021 to 09-06-2021) 39- Gandhi Park (29-05-2021 to 09-06-2021) 40- Gulargoji (29-05-2021 to 09-06-2021)	Rudrapur (03) 1- Lok Vihar Colony Fazalpur (21-05-2021 to 01-06-2021) 2- Near PWD Guest House (21-05-2021 to 01-06-2021) 3- Canal colony (21-05-2021 to 01-06-2021) Sitarganj (08) 1- Gram Devipura (24-05-2021 to 03-06-2021) 2- Gram Gidhor (24-05-2021 to 03-06-2021) 3- Gram Bihi Thera (Gidhor) (24-05-2021 to 03-06-2021) 4- Gram Gidhor (24-05-2021 to 03-06-2021) 5- Gram Achenta (24-05-2021 to 03-06-2021) 6- Gram Bihi (27-05-2021 to 06-06-2021) 7- Gram Chatuakheda (27-05-2021 to 06-06-2021) 8- Gram Achenta (27-05-2021 to 06-06-2021) Gadarpur (03) 1. Gram Bhajpuri (25-05-2021 to 07-06-2021) 2. Gram Khempur (PalkaChaud) (25-05-2021 to 07-06-2021) 3. Gularbhoj Colony Ward No- 02 (27-05-2021 to 09-06-2021)
			7	Champawat



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8	Chamoli	19	<p>Ghat (04)</p> <ol style="list-style-type: none"> 1- Gram Guladi (05-05-2021) 2- Gram Mokhtalla (17-05-2021) 3- Gram Vijar (21-05-2021) 4- Gram Kundi (25-05-2021) <p>Karanpravag (03)</p> <ol style="list-style-type: none"> 1- Near Gram Bhatnagar, Railway Construction Company, MeghaParisar (06-05-2021) 2- Gram Jasyara (17-05-2021) 3- Gram Kandara (17-05-2021) <p>Gairsain (03)</p> <ol style="list-style-type: none"> 1- Gram Sirana (15-05-2021) 2- Gram Ramda (17-05-2021) 3- Gram Jingaud (17-05-2021) 	<p>Pokhri (02)</p> <ol style="list-style-type: none"> 1- Gram Sabha Uttaro, Didholi Tok (05-05-2021) 2- Gram KandaiKhola (08-05-2021) <p>Joshimath (05)</p> <ol style="list-style-type: none"> 1- Ravi Gram Ward (07-05-2021) 2- J.P. Company Lambagad (16-05-2021) 3- Hanumanchatti (18-05-2021) 4- Singdharkekhadhar Tok (18-05-2021) 5- Gram RanniPalli (21-05-2021) <p>Naravangarh (01)</p> <ol style="list-style-type: none"> 1- Gram Panchayat, Dungri (Dungri Tok) (09-05-2021) <p>Chamoli (01)</p> <ol style="list-style-type: none"> 1- Nagar Panchayat, Pipalkoti Ward No-02, Agthala, Kisan Nagar (27-05-2021)
9	Tehri	50	<p>Tehri Gharwal (15)</p> <ol style="list-style-type: none"> 1- Gram Mad Bhanali, Patti Bhamund (14-05-2021) 2- Gram Sunargaon (14-05-2021) 3- Gram Khand ke Chopidya&Anujati Basti (15-05-2021) 4- Gram Dobhra (16-05-2021) 5- Gram Budogi (16-05-2021) 6- Gram Bada Sayuta (16-05-2021) 7- Gram Kuttha (16-05-2021) 8- Gram Nawaghar (16-05-2021) 9- Gram Inder Patti (16-05-2021) 10- Gram Lamkot (19-05-2021) 11- Gram Chopadiyali (19-05-2021) 12- Gram Arakot (19-05-2021) 13- Gram Dabri (21-05-2021) 14- Gram Manda (27-05-2021) 15- Gram Jugad Gaon (28-05-2021) <p>Dhanulti (02)</p> <ol style="list-style-type: none"> 1- Gram Sinjal & Bhanswadi (15-05-2021) 2- Gram Mad Talla (17-05-2021) <p>Pratapnagar (1)</p> <ol style="list-style-type: none"> 1- Vethan Patti, RaundRamoli(16-05-2021) <p>Ghansali (4)</p> <ol style="list-style-type: none"> 1- Gram Kott Patti Hindav(16-05-2021) 2- Gram Behada, Patti Nalchami (16-05-2021) 3- Gram Behada, Patti Nalchami, Madya Ardhagi (16-05-2021) 4- Gram Banjiya Gaon Patti ,Hindav (17-05-2021) <p>Devpravag (05)</p> <ol style="list-style-type: none"> 1- Gram Kawili (15-05-2021) 2- Tyuna (15-05-2021) 3- Gram Palethi (25-05-2021) 4- Gram Kunadi (27-05-2021) 5- Gram Arota (29-05-2021) 	<p>Jakhnidhar (07)</p> <ol style="list-style-type: none"> 1- Gram Ganwali Patti Khas (15-05-2021) 2- Gram Kotichori (18-05-2021) 3- Gram Ratoli Patti Khas (22-05-2021) 4- Gram Sandhana Kot (23-05-2021) 5- Gram Doh Nauli (25-05-2021) 6- Gram Jagdhar (25-05-2021) 7- Gram Kolakandi (25-05-2021) <p>Kirti Nagar (10)</p> <ol style="list-style-type: none"> 1- Gram Thati (08-05-2021) 2- Gram Sabha Devgadi (09-05-2021) 3- Gram Jakhand (09-05-2021) 4- Gram Bhagwan (15-05-2021) 5- Gram Maletha (16-05-2021) 6- Gram Nandi (19-05-2021) 7- Gram Pandula (19-05-2021) 8- Gram Muthadgaon (20-05-2021) 9- Gram Dharkot (22-05-2021) 10- Gram Panchayat Badola , Gram Urman (22-05-2021) <p>Narendranagar (04)</p> <ol style="list-style-type: none"> 1- Gram Kot Patti (11-05-2021) 2- Gram Agar Patti, Dhamandsayu (15-05-2021) 3- Gram Banskatal Patti (21-05-2021) 4- Vichalaya Tok (25-05-2021) <p>Kandisaur (02)</p> <ol style="list-style-type: none"> 1- Gram Kayulagi (18-05-2021) 2- Gram Barwal Gaon (22-05-2021)
10	Rudraprayag	31	<p>Rudraprayag (14)</p> <ol style="list-style-type: none"> 1- Gram Mehdakandai (04-05-2021) 2- Jaggikandayi (04-05-2021) 3- Gram Mahad Kandhai (04-05-2021) 4- Gram Hitdang (08-05-2021) 5- Gram Malkhi (08-05-2021) 6- Gram Bhatwari (08-05-2021) 7- Gram Saurakhal (11-05-2021) 8- Gram Kottalla (12-05-2021) 9- Gram Madhgaon (14-05-2021) 10- Gram Sandar (16-05-2021) 11- Gram Gwefur, Tilni (16-05-2021) 12- Gram Naari, Satarekhal (16-05-2021) 13- Gram Kamodi, Pipali (16-05-2021) 14- Gram Kakkokhal , Sari (16-05-2021) 	<p>Basukedhar (01)</p> <ol style="list-style-type: none"> 1- Gram Dhankot (04-05-2021) <p>Jhakholi (03)</p> <ol style="list-style-type: none"> 1- Gram Bhanoli (06-05-2021) 2- Gram Bajira (10-05-2021) 3- Gram Chopda (10-05-2021) <p>Ukhimath (13)</p> <ol style="list-style-type: none"> 1- JwahanNavodhyaVidhyalayaParisarJakhdhar(Guptkashi) (17-04-2021) 2- Gram Sabha Rampur(12-05-2021) 3- Gram Sabha Rudrapur (12-05-2021) 4- Gram Sabha Kunjethi (15-05-2021) 5- Gram Sabha Parkandi (17-05-2021) 6- Gram Sabha Raulank (17-05-2021)

				7- Gram Sabha Jalai (21-05-2021) 8- Gram Sabha Ghad (21-05-2021) 9- Gram Sabha Sari (21-05-2021) 10- Gram Sabha Daula Kanyas Bhatwari sunhar (21-05-2021) 11- Gram Sabha Sitapur (21-05-2021) 12- Gram Sabha khumera (24-05-2021) 13- Gram Sabha Pav – Jagpuda (24-05-2021)
11	Pithoragarh	10	Berinag (05) 1- Tok Tharp (20-05-2021) 2- Tok Hadiyat (20-05-2021) 3- Tok Badet (20-05-2021) 4- Tok Vilat (20-05-2021) 5- Gram Ritha Retoil (20-05-2021) Badalu (02) 1- Kashani (20-05-2021) 2- Aathgaon (20-05-2021)	Kanalichinna (01) 1- Khawakot (20-05-2021) Didihat (01) 1- Baakhu (20-05-2021) Pithorgarh (01) 1- Kashani (20-05-2021)
12	Almora	17	Bhanoli (02) 1- Gram Chami (23-05-2021) 2- Gram Belak (26-05-2021) Ranikhet (01) 1- Gram Makado (18-05-2021) Almora (05) 1- Gram Udiayari (15-05-2021) 2- Gram Bhiroda (17-05-2021) 3- Gram & Block Hawalbagh (17-05-2021) 4- Gram Ujyola (22-05-2021) 5- Gram Gadhali (24-05-2021) Sult (01) 1- Gram Bhonkhal (17-05-2021)	Dwarahat (02) 1- Gram Jalali (18-05-2021) 2- Gram Malli Bitholi (21-05-2021) Svaldey (04) 1- Gram Surmoli (11-05-2021) 2- Siyannagar, Svaldey (14-05-2021) 3- Bajarkhoda (Sarikhet) (21-05-2021) 4- Gram Bharsoli Vikas Khand Svaldey (25-05-2021) Bhikivasain (02) 1- Ward No-01 Gandhi Nagar, Mohalla Badikot (20-05-2021) 2- Gram Barkinda (25-05-2021)
Total		370		



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