

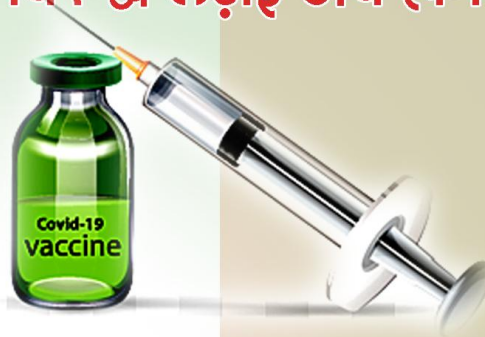
Date: 04-07-2021

## Health Bulletin

Time: 6:00 PM



### कोरोना के विरुद्ध लड़ाई अब होगी कारगर..



हम सुरक्षित,  
तो देश सुरक्षित!



### थोड़ी सी सावधानी.. कोविड से सुरक्षा



#LargestVaccineDrive

अपनी बारी आने पर  
टीकाकरण करवायें  
और  
खुद को सुरक्षित करें

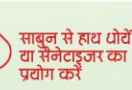
**18 वर्ष** से अधिक  
आयु के सभी नागरिकों  
के लिये कोविड-19 का  
मुफ्त टीकाकरण किया  
जा रहा है...लाभार्थी  
[cowin.gov.in](http://cowin.gov.in) एवं  
**Aarogya Setu App**  
पर खुद का पंजीकरण  
करा सकते हैं



## असहायों के लिये घर के निकट ही कोविड वैक्सीन लगाने की सुविधा दी जा रही है..

**दूरस्थ स्थानों से सम्बन्धित** ऐसे विशेष नागरिकों का टीकाकरण किया जा रहा है जो **60** वर्ष से अधिक आयु के हैं अथवा **60** वर्ष से कम आयु के दिव्यांग हैं अथवा जो किसी बीमारी से पीड़ित हैं तथा आवागमन की असुविधा के कारण उनका अब तक टीकाकरण नहीं हो पाया है...

उनका पंजीकरण करने के बाद वहीं उनके घर के पास ही टीकाकरण किया जा रहा है,  
लाभार्थी **cowin.gov.in** एवं **Aarogya Setu App** पर पहले से भी पंजीकरण करा सकते हैं।





## कोविड-19 से सम्बन्धित महत्वपूर्ण सूचनाओं की जानकारी के लिये दिये गये लिंक पर क्लिक करें

|   |  |
|---|--|
| <u>Covid-19 Telephone/<br/>Mobile Directory</u>   | <a href="https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-">https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-</a>  |
| <u>Sample Collection Centers</u>  | <a href="https://covid19.uk.gov.in/map/sccLocation.aspx">https://covid19.uk.gov.in/map/sccLocation.aspx</a>  |
| <u>Availability of Beds</u>   | <a href="https://covid19.uk.gov.in/bedsummary.aspx">https://covid19.uk.gov.in/bedsummary.aspx</a>  |
| <u>Covid-19 Vaccination Sites</u>   | <a href="http://www.cowin.gov.in">www.cowin.gov.in</a>   |
| <u>RT – PCR Testing Report</u>  | <a href="https://covid19.uk.gov.in/">https://covid19.uk.gov.in/</a>  |
| <u>To get Medical assistant and<br/>Doctor's consultation:<br/>Free Consultation from<br/>Esanjeevani</u> | <a href="http://www.esanjeevaniopd.in/Register">http://www.esanjeevaniopd.in/Register</a><br><b>Download app:</b><br><a href="https://play.google.com/store/apps/details?id=in.hied.esanjeevaniopd&amp;hl=en_US">https://play.google.com/store/apps/details?id=in.hied.esanjeevaniopd&amp;hl=en_US</a><br><b>Or call: 9412080703, 9412080622, 9412080686</b> |
| <u>Home Isolation Registration</u>  | <a href="https://dsclservices.org.in/self-isolation.php">https://dsclservices.org.in/self-isolation.php</a>  |
| <u>Home Isolation Booklet(Do's<br/>&amp;Don'ts)</u>   | <a href="https://health.uk.gov.in/files/Covid-19-Directory/Home Isolation booklet.pdf">https://health.uk.gov.in/files/Covid-19-Directory/Home Isolation booklet.pdf</a>  |
| <u>Vaccination (Self Registration)</u>  | <a href="https://selfregistration.cowin.gov.in/">https://selfregistration.cowin.gov.in/</a><br><a href="http://www.cowin.gov.in">www.cowin.gov.in</a>  |
| <u>Standard Operating Procedure for<br/>issue of TOCILIZUMAB<br/>AMPHOTERICIN B</u>                       | <a href="https://health.uk.gov.in/pages/view/146-tocilizumab-amphotericin--procedure">https://health.uk.gov.in/pages/view/146-tocilizumab-amphotericin--procedure</a>  |
| <u>Daily Bulletin</u>   | <a href="https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-">https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-</a>  |
| <u>Travelling to/from Uttarakhand<br/>Registration</u>  | <a href="https://dsclservices.org.in/apply.php">https://dsclservices.org.in/apply.php</a>  |
| <u>Joining hands in supporting<br/>Uttarakhand in its fight against<br/>COVID-19</u>                      | <a href="https://health.uk.gov.in/pages/view/149-support-uttarakhands-covid-19-efforts">https://health.uk.gov.in/pages/view/149-support-uttarakhands-covid-19-efforts</a>  |
| <u>Any other Help</u>   | <b>Call 104 (24X7) / State Control Room 0135-2609500/<br/>District Control Rooms of respective district for any<br/>other help and assistance.</b>   |
| <u>for any queries and suggestions</u>  | <a href="mailto:covid19statewarroomuk@gmail.com">covid19statewarroomuk@gmail.com</a><br><b>Toll Free Number 104<br/>State Covid-19 Control Room<br/>0135 2609500</b>   |

*For complaints regarding black marketing of medicines, oxygen cylinders & medical equipments; more charges for medicines & oxygen cylinders; fake Covid-19 test/lab reports; more charges than decided by the Government for Covid-19 vaccination & treatment and other malpractices related to Covid-19 in Uttarakhand*

**Please call on Toll free No. 112, Landline No. 0135-2656202 and Mobile: 9412029536**

Date: 04-07-2021

## Health Bulletin

Time: 6:00 PM



Positive Today: **78**



Recovered Today: **144**



Death Today: **02**



Active Cases: **1749**

**S<sup>+</sup>vt<sup>y</sup>**

Sample Positivity: **6.05%**

**R%**

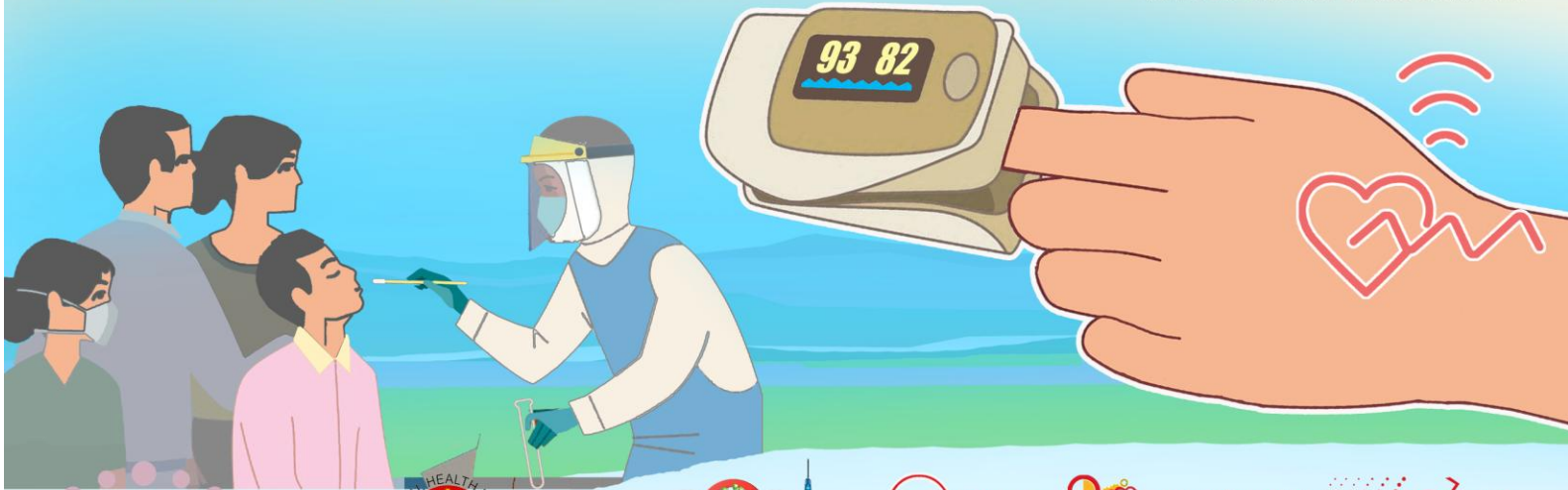
Recovery Percentage: **95.59%**

1. Total cumulative Positive COVID-19 detected: **340724**
2. Total Number (%) of COVID-19 Patients Treated/ Cured: **325692 (95.59%)**
3. Total Number (%) of COVID-19 patients migrated out of state: **5950 (1.75%)**
4. Total Number (%) of COVID-19 Deaths: **7333 (2.15%)**
5. Number of samples found negative for COVID-19 today: **29307**
6. Total number of samples sent for COVID-19 testing today: **16991**
7. Total number of cumulative samples found negative: **5289247**

## समय अभी भी सावधान रहने का है..

### कोई भी आशंका होने पर जरूरी कोविड का टेस्ट करवायें

ऑक्सीजन स्तर को समय समय पर माप करते रहें,  
अगर किसी भी व्यक्ति का ऑक्सीजन का स्तर **94**  
से कम आता है तब हमारे हेल्प लाईन नम्बरस **104**  
व **ईसंजीवनी एप** के माध्यम से ऑनलाइन रजिस्टर  
करके जरूरी डाक्टरी सलाह प्राप्त करें या स्वयं  
को किसी अस्पताल में भर्ती करवायें...



## Detailed Status of Sample Tested

| Districts     | Samples Sent to Labs Today | Negative                  |  | Positive                  |  | Cumulative Samples Tested | Results Awaited (including sample sent to labs today) |
|---------------|----------------------------|---------------------------|--|---------------------------|--|---------------------------|---|
|               |                            | Negative in last 24 hours | Negative Cumulative (including Pvt. Lab) | Positive in last 24 hours | Positive Cumulative (including Pvt. Lab) |                           |   |
| Almora        | 424                        | 280                       | 167986                                   | 0                         | 12030                                    | 180016                    | 609   |
| Bageshwar     | 431                        | 930                       | 138560                                   | 0                         | 5660                                     | 144220                    | 165   |
| Chamoli       | 309                        | 533                       | 174958                                   | 3                         | 12074                                    | 187032                    | 190   |
| Champawat     | 437                        | 674                       | 161109                                   | 2                         | 7498                                     | 168607                    | 279   |
| Dehradun      | 5213                       | 7728                      | 1044513                                  | 17                        | 111582                                   | 1156095                   | 2193  |
| Haridwar      | 4118                       | 5950                      | 1608922                                  | 14                        | 51181                                    | 1660103                   | 158   |
| Nainital      | 572                        | 1651                      | 377059                                   | 9                         | 38862                                    | 415921                    | 302   |
| Pauri Garhwal | 604                        | 1029                      | 257302                                   | 1                         | 17497                                    | 274799                    | 351   |
| Pithoragarh   | 504                        | 1233                      | 146400                                   | 5                         | 10008                                    | 156408                    | 249   |
| Rudraprayag   | 565                        | 1193                      | 110076                                   | 8                         | 8636                                     | 118712                    | 184   |
| Tehri Garhwal | 762                        | 1454                      | 212155                                   | 3                         | 15775                                    | 227930                    | 358   |
| US Nagar      | 1918                       | 2926                      | 666888                                   | 9                         | 37562                                    | 704450                    | 906   |
| Uttarkashi    | 1134                       | 3726                      | 223319                                   | 7                         | 12359                                    | 235678                    | 648   |
| <b>Total</b>  | <b>16991</b>               | <b>29307</b>              | <b>5289247</b>                           | <b>78</b>                 | <b>340724</b>                            | <b>5629971</b>            | <b>6592</b>   |

## Details of Districts having Positive COVID-19 Cases

| Districts     | Cases till Date | Treated/ Cured till Date | Active Cases | Deaths      | Migrated/ Others |
|---------------|-----------------|--------------------------|--------------|-------------|------------------|
| Almora        | 12030           | 11200                    | 49           | 183         | 598              |
| Bageshwar     | 5660            | 5386                     | 186          | 63          | 25               |
| Chamoli       | 12074           | 11716                    | 95           | 61          | 202              |
| Champawat     | 7498            | 7197                     | 82           | 53          | 166              |
| Dehradun      | 111582          | 106810                   | 694          | 3502        | 576              |
| Haridwar      | 51181           | 48817                    | 44           | 999         | 1321             |
| Nainital      | 38862           | 37670                    | 128          | 936         | 128              |
| Pauri Garhwal | 17497           | 16367                    | 116          | 313         | 701              |
| Pithoragarh   | 10008           | 9588                     | 140          | 176         | 104              |
| Rudraprayag   | 8636            | 8337                     | 56           | 105         | 138              |
| Tehri Garhwal | 15775           | 14715                    | 66           | 107         | 887              |
| U.S. Nagar    | 37562           | 36000                    | 31           | 761         | 770              |
| Uttarkashi    | 12359           | 11889                    | 62           | 74          | 334              |
| <b>Total</b>  | <b>340724</b>   | <b>325692</b>            | <b>1749</b>  | <b>7333</b> | <b>5950</b>      |



## Details of Patients Treated & Cured

| DISTRICT NAME    | Treated & cured in last 24 hrs |
|------------------|--------------------------------|
| ALMORA           | 0                              |
| BAGESHWAR        | 0                              |
| CHAMOLI          | 10                             |
| CHAMPAWAT        | 0                              |
| DEHRADUN         | 100                            |
| HARIDWAR         | 0                              |
| NAINITAL         | 10                             |
| PAURI GARHWAL    | 0                              |
| PITHORAGARH      | 0                              |
| RUDRA PRAYAG     | 4                              |
| TEHRI GARHWAL    | 0                              |
| UDAM SINGH NAGAR | 10                             |
| UTTAR KASHI      | 10                             |
| <b>Total</b>     | <b>144</b>                     |

**ई संजीवनी एप** के द्वारा अर्हता धारक डाक्टर से  
ले अपनी बीमारी के लिये सही परामर्श

राज्य के योग्य डाक्टरों की टीम  
आनलाईन मुफ्त ईलाज के  
लिये आपके ही मोबाईल पर  
सेवा में तत्पर है ..

मोबाईल या डेस्कटाप कम्प्यूटर पर रोगी को  
उपचार हेतु घर बैठे ऑनलाईन सलाह दी जाती है  
परीक्षण के उपरान्त दवा व सलाह लिखित  
रूप में रोगी pdf फाईल के फारमेट में  
डाउनलोड कर सकते हैं

प्रतिदिन सुबह 9 बजे से सांय 8 बजे तक

9412080703, 9412080554

9412080686 Toll Free No. 104



ई संजीवनी एप को क्यू आर कोड को स्कैन  
करके भी डाउनलोड कर सकते हैं

[www.esanjeevaniopd.in/Register](http://www.esanjeevaniopd.in/Register)

## Hospital Wise Death

| District    | Cumulative Deaths | Name of The Hospital | No. of Deaths |
|-------------|-------------------|----------------------|---------------|
| Dehradun    | 3502              | AIIMS Rishikesh      | 2             |
| Grand Total |                   |                      | 2             |

Joining hands in supporting Uttarakhand  
in its fight against COVID-19

कोरोना के विरुद्ध लड़ाई अब होगी कारगर..



Organizations/ Civil Societies/ NGOs/ Individuals interested in supporting Government of Uttarakhand in their fight against COVID-19 can register on the link given below:

<https://health.uk.gov.in/pages/view/149-support-uttarakhands-covid-19-efforts>

## Mucormycosis Cases and Deaths - Uttarakhand as on 04.07.2021

| S.No.        | District          | Hospital Name                                | Today     |            |           | Cumulative  |              |            |
|--------------|-------------------|--|-----------|------------|-----------|-------------|--------------|------------|
|              |                   |  | Cases     | Death      | Discharge | Cases       | Death        | Discharge  |
| 1            | Udham Singh Nagar | JLN District Hospital, Rudrapur              | 0         | 0          | 0         | 1           | 1            | 0          |
| 2            | Dehradun          | City Heart Hospital                          | 0         | 0          | 0         | 1           | 0            | 0          |
|              |                   | AIIMS Rishikesh                              | 1         | 0          | 2         | 338         | 69           | 55         |
|              |                   | Max Hospital                                 | 0         | 0          | 0         | 16          | 3            | 9          |
|              |                   | Doon Medical College                         | 0         | 0          | 0         | 23          | 1            | 8          |
|              |                   | Sri Mahant Indresh Hospital                  | 0         | 0          | 0         | 32          | 3            | 15         |
|              |                   | HIHT Joly Grant                              | 0         | 0          | 0         | 48          | 14           | 15         |
|              |                   | Aarogyadham Hospital                         | 0         | 0          | 0         | 2           | 0            | 0          |
|              |                   | ONGC Hospital                                | 0         | 0          | 0         | 2           | 0            | 0          |
|              |                   | Synergy Hospital                             | 0         | 0          | 0         | 2           | 1            | 0          |
|              |                   | Military Hospital Dehradun                   | 0         | 0          | 0         | 1           | 0            | 0          |
| 3            | Nainital          | Krishna Hospital, Haldwani                   | 0         | 0          | 0         | 3           | 1            | 1          |
|              |                   | Dr. Susheela Tiwari Govt. Hospital, Haldwani | 0         | 0          | 0         | 33          | 6            | 2          |
| 4            | Uttarkashi        | District Hospital                            | 0         | 0          | 0         | 2           | 0            | 0          |
| 5            | Haridwar          | Military Hospital Roorkee                    | 0         | 0          | 0         | 2           | 1            | 1          |
|              |                   | Aarogyam Hospital, Roorkee                   | 0         | 0          | 0         | 1           | 0            | 0          |
| <b>Total</b> |                   |  | <b>1*</b> | <b>0**</b> | <b>2</b>  | <b>507#</b> | <b>100##</b> | <b>106</b> |

\* Other state 1 Case

# Other state 245 Cases

\*\* Other state 0 Death

## Other state 42 Deaths

***For any queries regarding Mucormycosis, please call on Toll Free Number 104***



## PREVENTION IS BETTER THAN CURE

for your own safety



WEAR MASK



QUARANTINE



DISINFECT HANDS



NO FACE TOUCH



WEAR GLOVES OUTSIDE



KEEP DISTANCE



Cover cough  
and sneeze



Uttarakhand State Control Room

### Details of State Control Room

**E-mail:** [covid19statewarroomuk@gmail.com](mailto:covid19statewarroomuk@gmail.com), [idsputtarakhand@gmail.com](mailto:idsputtarakhand@gmail.com)

**Toll free No:** 104/01352609500

 **Whatsapp No.** 9412080544

### Details of District Control Rooms

| Districts    | District Control Room Number                     |
|--------------|--|
| Almora       | 05962-237874                                     |
| Bageshwar    | 05963-221822                                     |
| Chamoli      | 7617429778, 9068787120, 7830839443, 01372-252187 |
| Champawat    | 05965-230943, 05965-230819                       |
| Dehradun     | 0135-2724506                                     |
| Haridwar     | 01334-239072                                     |
| Nainital     | 05946-281234                                     |
| Paurigarhwal | 01368-222213                                     |
| Pithoragarh  | 05964-297551                                     |
| TehriGarhwal | 01376-234793                                     |
| Rudraprayag  | 01364-233727                                     |
| U.S. Nagar   | 05944-246590, 05944-250250                       |
| Uttarkashi   | 01374-222641, 7417162869                         |

## COVID-19 Vaccination

4<sup>th</sup> July 2021

|   |                |
|---|----------------|
| ☀ Sessions Held Today :                                 | <b>352</b>     |
| ☀ Number of Beneficiaries Vaccinated Today :            | <b>57897</b>   |
| ☀ Number of Beneficiaries Partially Vaccinated:         | <b>3699202</b> |
| ☀ Number of Beneficiaries Fully Vaccinated:             | <b>875899</b>  |
| ☀ Total 18-44 years beneficiaries Partially Vaccinated: | <b>1451067</b> |
| ☀ Total 18-44 years beneficiaries Fully Vaccinated:     | <b>38422</b>   |

### Details of Beneficiaries Vaccinated in Uttarakhand

| Districts    | Citizen       |  |   |  |   | Health Care Worker |  |                                       | Front Line Worker |  |                                       |
|--------------|---------------|--|---|--|---|--------------------|--|---------------------------------------|-------------------|--|---------------------------------------|
|              | Last 24 hrs   | >45 Partially Vaccinated (1st Dose Coverage) | >45 Fully Vaccinated (Both Dose Coverage) | Partially vaccinated (more than 18 to <45 years) | Fully Vaccinated more than 18 to <45 years (Both Dose Coverage) | Last 24 hrs        | Partially Vaccinated (1st Dose Coverage) | Fully Vaccinated (Both Dose Coverage) | Last 24 hrs       | Partially Vaccinated (1st Dose Coverage) | Fully Vaccinated (Both Dose Coverage) |
| Almora       | 4,858         | 142137                                       | 47,122                                    | 65,927   | 2,401   | 2                  | 5,957                                    | 4,861                                 | 5                 | 9,816                                    | 4,861                                 |
| Bageshwar    | 1,850         | 65304  | 27,465                                    | 63,388   | 2,046   | 2                  | 2,456                                    | 2,292                                 | 1                 | 2,301                                    | 1,431                                 |
| Chamoli      | 2,429         | 94658  | 34,508                                    | 67,799   | 2,226   | 1                  | 3,985                                    | 3,761                                 | 18                | 6,454                                    | 4,370                                 |
| Champawat    | 718           | 60251  | 18,548                                    | 58,889   | 2,162   | 0                  | 2,226                                    | 1,871                                 | 1                 | 7,287                                    | 3,708                                 |
| Dehradun     | 10,858        | 391752                                       | 160,654                                   | 255,669  | 6,897   | 55                 | 36,904                                   | 27,835                                | 97                | 29,455                                   | 17,940                                |
| Haridwar     | 15,457        | 292913                                       | 65,637                                    | 226,118  | 4,102   | 11                 | 17,390                                   | 12,491                                | 79                | 48,769                                   | 31,225                                |
| Nainital     | 2,414         | 190923                                       | 66,787                                    | 165,505  | 4,946   | 1                  | 14,137                                   | 10,172                                | 52                | 19,813                                   | 6,950                                 |
| Pauri        | 2,212         | 144948                                       | 46,861                                    | 70,655   | 2,169   | 1                  | 7,825                                    | 6,357                                 | 0                 | 6,967                                    | 4,070                                 |
| Pithoragarh  | 493           | 90097  | 24,237                                    | 70,124   | 2,116   | 0                  | 4,060                                    | 3,410                                 | 0                 | 8,255                                    | 5,142                                 |
| Rudraprayag  | 1,537         | 57635  | 18,052                                    | 67,683   | 1,720   | 0                  | 2,437                                    | 1,974                                 | 2                 | 2,663                                    | 1,369                                 |
| Tehri        | 962           | 118111                                       | 39,124                                    | 78,941   | 1,731   | 0                  | 6,191                                    | 5,367                                 | 2                 | 4,893                                    | 3,141                                 |
| US Nagar     | 12,871        | 217156                                       | 58,713                                    | 191,408  | 3,878   | 22                 | 12,300                                   | 8,458                                 | 94                | 33,845                                   | 9,766                                 |
| Uttarkashi   | 792           | 77452  | 40,482                                    | 68,961   | 2,028   | 0                  | 3,441                                    | 3,099                                 | 0                 | 4,971                                    | 3,366                                 |
| <b>Total</b> | <b>57,451</b> | <b>1943337</b>                               | <b>648,190</b>                            | <b>1,451,067</b>                                 | <b>38,422</b>   | <b>95</b>          | <b>119,309</b>                           | <b>91,948</b>                         | <b>351</b>        | <b>185,489</b>                           | <b>97,339</b>                         |