

## Press Releases

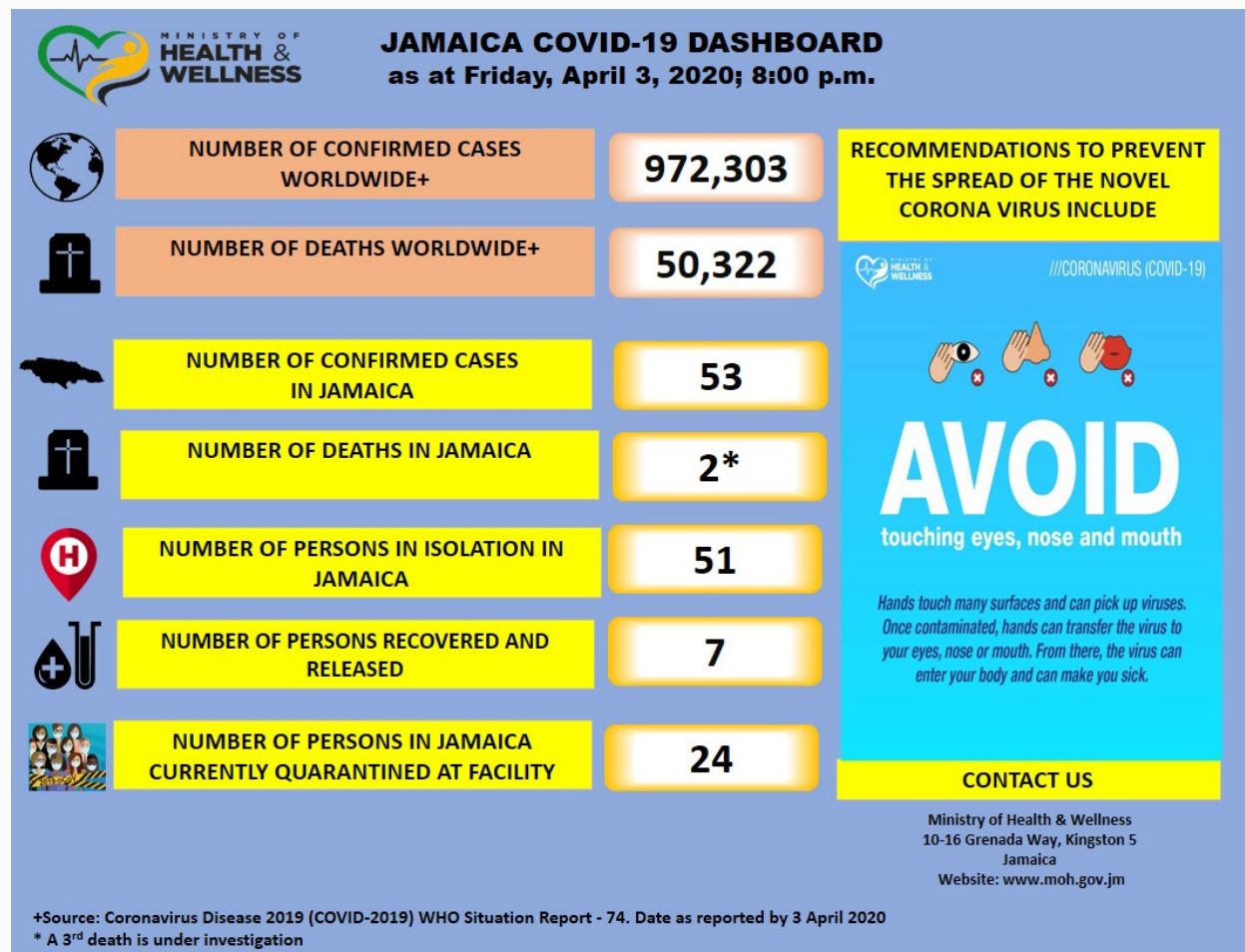
### 55 confirmed COVID-19 cases in Jamaica

Jamaica now has fifty-five (55) confirmed cases of the Coronavirus Disease 2019 (COVID-19). The new additions are: A 74-year-old female from Manchester, who is the contact of a confirmed case; and A 63-year-old female from Portland, who is under investigation. They bring to twenty-eight (28) the number of imported cases...

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April 4th, 2020

### COVID-19 Update – April 3, 2020



Here's a snapshot of Jamaica's situation as it relates to #COVID19 as well as the global data.

April 3rd, 2020

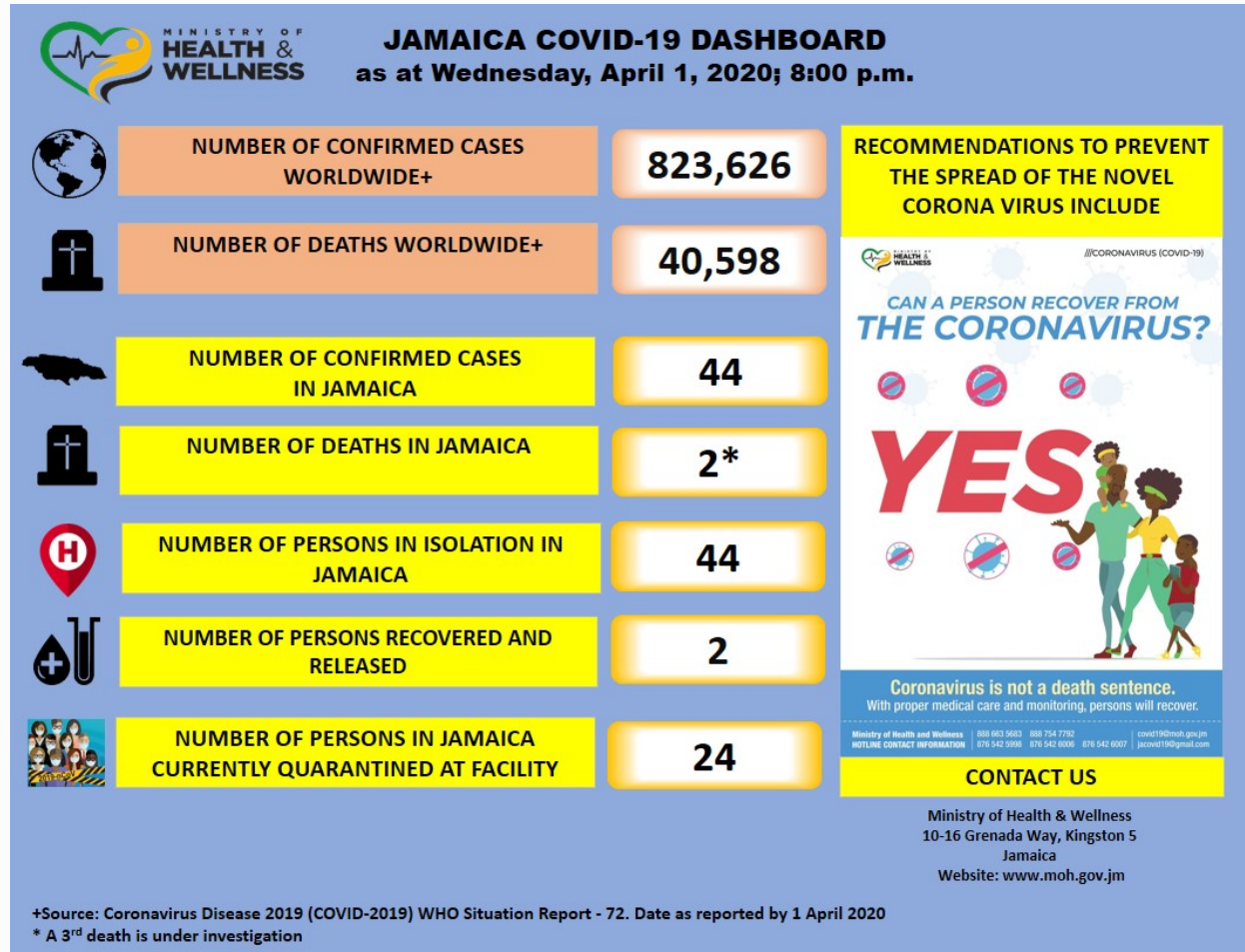
## 47 confirmed COVID-19 cases in Jamaica

The National Influenza Centre has advised that of the five pending test results from yesterday (April 1), two samples have tested negative while three are positive for the Coronavirus Disease 2019 (COVID-19). This brings the total number of cases in Jamaica to 47. The new cases are: A couple from...

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April 2nd, 2020

## COVID-19 Update – April 1, 2020



Here's a snapshot of Jamaica's situation as it relates to #COVID19 as well as the global data.

April 2nd, 2020

## 38 Confirmed Cases of COVID-19 in Jamaica – Second patient released from hospital

There are now 38 confirmed cases of COVID-19 in Jamaica. Additional results received last evening from the National Influenza Centre, showed that of the nine pending results, seven samples tested negative, while two were positive for COVID-19. The two new cases are: a 48 year old female from St. Elizabeth...

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March 31st, 2020

## COVID-19 Update – March 30, 2020



NUMBER OF CONFIRMED CASES  
WORLDWIDE+

693,224



NUMBER OF DEATHS WORLDWIDE+

33,106



NUMBER OF CONFIRMED CASES  
IN JAMAICA

36



NUMBER OF DEATHS IN JAMAICA

1



NUMBER OF PERSONS IN ISOLATION IN  
JAMAICA

51



NUMBER OF TRAVELLERS WHO HAVE VISITED  
COUNTRIES OF INTEREST PRIOR TO ARRIVAL

530



NUMBER OF PERSONS IN JAMAICA  
CURRENTLY QUARANTINED AT FACILITY

34

RECOMMENDATIONS TO PREVENT  
THE SPREAD OF THE NOVEL  
CORONA VIRUS INCLUDE



///CORONAVIRUS (COVID-19)

KEEP YOUR FAMILY SAFE



**AVOID**

- Close contact with people who are sick.
- Touching your eyes, nose, and mouth.
- Sharing cups, plates or other personal items.



Frequently clean and disinfect your household.



Have at least a 30-day supply of your prescription medications, health supplies, and food.



Cover your nose and mouth with a tissue when coughing and sneezing, then throw the tissue in the trash.



Get rest, be physically active, manage your stress, drink plenty of fluids and eat nutritious food.

CONTACT US

Ministry of Health & Wellness  
10-16 Grenada Way, Kingston 5  
Jamaica  
Website: [www.moh.gov.jm](http://www.moh.gov.jm)

+Source: Coronavirus Disease 2019 (COVID-2019) WHO Situation Report - 70. Date as reported by 30 March 2020

Here's a snapshot of Jamaica's situation as it relates to #COVID19 as well as the global data.

March 31st, 2020

### 36 Confirmed Cases of COVID-19 in Jamaica – Healthcare Worker tests positive

There are now 36 confirmed cases of COVID-19 in Jamaica. Additional results received at 9:00 p.m. from the National Influenza Centre, showed that of the five pending results from yesterday, three samples tested negative, while two were positive for COVID-19. The two new cases are: a 45 year old female,...

[Read More](#)

March 29th, 2020

### COVID-19 Update: Jamaica now has 34 cases

The total number of confirmed COVID-19 cases in Jamaica now stands at 34. The increase comes as the National Influenza Centre has reported two positive results from 5 tests that were pending. The two new cases are: a 34 year-old female from St. James with a travel history from New...

[Read More](#)

March 29th, 2020

### Health Ministry urges end to COVID-19 misinformation

The Ministry of Health and Wellness is once again urging Jamaicans to refrain from sharing unsubstantiated information about the Coronavirus Disease 2019 (COVID-19) on the island. "Misinformation about COVID-19, whether it is shared deliberately or not, is a disservice to the national efforts to contain the spread of the virus..."

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March 28th, 2020

## Jamaica records 32 COVID-19 cases

Jamaica, over the last 24 hours, recorded two new confirmed cases of the Coronavirus Disease (COVID-19), bringing the total number of confirmed cases on the island to thirty-two (32). The two new cases are: a 70-year-old female from St Catherine with no travel history; and a 67-year-old female from Kingston...

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March 28th, 2020

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## MINISTER'S PRESENTATIONS

🕒 Tuesday March 10, 2020

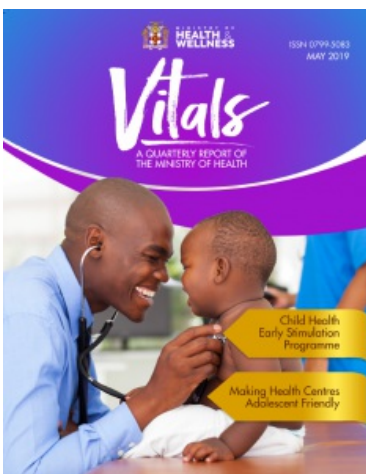
**National Statement: COVID-19 Delivered by Dr. the Hon. Christopher Tufton Minister of Health and Wellness**



[All Presentations](#) ↻

## PUBLICATIONS

**Vitals – A Quarterly Report of the Ministry of Health (May 2019)**



**Vision for Health 2030 – Ten Year Strategic Plan 2019 – 2030**





### Green Paper on National Health Insurance Plan for Jamaica



### Extraordinary 5-Year CapEx for Health Plan 2019 – 2024



All Publications 

## COVID-19 SELF REPORT

Complete a COVID-19 self assessment.



## EPIDEMIOLOGICAL ALERTS

Zika – MOH Epidemiological Surveillance  
Plan – Final – Nov 16, 2015



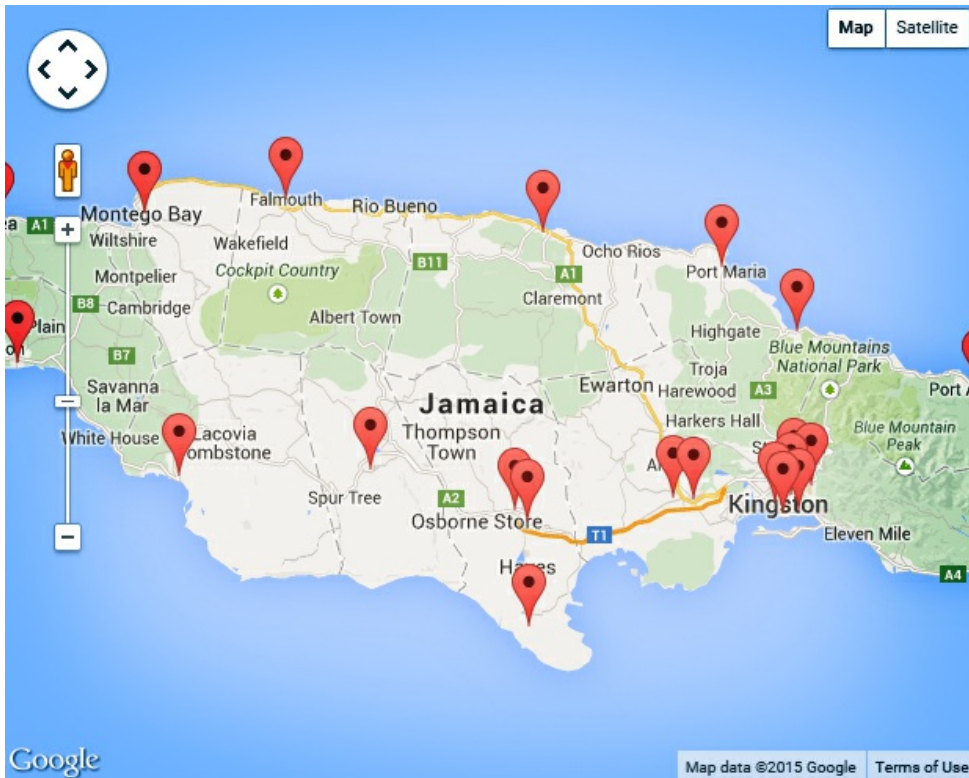
## VECTOR CONTROL

PCA Registered Mosquito Control Products  
Zika FAQs



## VIDEO FEATURE

## LOCATION OF HOSPITALS AND HEALTH CENTRES



Port Antonio Interactive Map

## PUBLIC EDUCATION RESOURCES

### Influenza A (H1N1)

**Ministry of Health**

# Influenza A (H1N1)

Influenza A (H1N1) is a highly contagious respiratory infection caused by a virus which is easily spread from person-to-person.

**How is Influenza A (H1N1) spread?**

- Breathing in the virus when an infected person coughs or sneezes
- Contact with objects that have been recently touched by an infected person eg. door knob and telephone

**SYMPTOMS:**

- Fever (but not always)
- Sore throat
- Watery, red eyes
- Headache
- Diarrhoea
- Cough
- Fatigue and stuffy nose
- Body aches
- Extreme tiredness
- Nausea and vomiting

**PREVENTION:**

**COVER COUGH & SNEEZE**

**CLEAN HANDS WITH SOAP & WATER**

**CONTROL SPREAD OF GERMS**

- Avoid touching eyes, nose and mouth with dirty hands
- Avoid close contact with persons who have flu like symptoms eg. hand shaking, hugging, kissing

**If you are sick:**

- Stay home until you are well
- Drink lots of fluid
- Rest
- If you have SEVERE flu-like symptoms, contact your doctor immediately.

FOR MORE INFORMATION CONTACT: 1-800-ONE LOVE (1-800-463-5626) or 433-7914  
 - Four Parish Health Department  
 @ministryofhealth

### Recommendation for Physical Activity



[Physical Activity Basic Resource Guide](#)

[Physical Activity Daily Guide](#)

[Physical Activity Guide and Toolkit for the Workplace](#)

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[All Public Education Resources](#) ↗

## WEEKLY SURVEILLANCE BULLETIN

[> Weekly Bulletin EW 10 2020](#)

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[> Weekly Bulletin EW 9 2020](#)

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[All Bulletins](#) ↗

## MINISTRY OF HEALTH & WELLNESS



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