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ID-19)

About Coronavirus Disease (COVID-19)

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Press Conference

September 15, 2020

Press Conference held by Minister of Health, Labour and Welfare, KATO Katsunobu, Tuesday, September 15, 2020, 11:26 a.m. Ministry of Health, Labour and Welfare.

※Please click the "subtitles" in the video button, and you click the "Settings" afterwards, and choose English among "Subtitles/cc" to see English subtitles.

[Past Ministerial Conference](#)

Coronavirus disease (COVID-19) situation within and outside the country

As of 0:00, Sep. 30, 83,010cases have been confirmed.

○Confirmed cases in Japan

| | PCR tested | PCR tested positive | Need inpatient treatment | Critically ... | Discharge or end of medical | Death | Under confirmation |
|--|------------|---------------------|--------------------------|----------------|-----------------------------|-------|--------------------|
|--|------------|---------------------|--------------------------|----------------|-----------------------------|-------|--------------------|

| | | | | III | treatment | | |
|--|-------------------------|------------------|----------------|--------------|------------------|---------------|----|
| Domestic cases (excluding returnees by chartered flights) | 1,870,073 (+103,676) | 82,053 (+531) | 5,324 (-49) | 151 (-10) | 75,151 (+562) | 1,563 (+7) | 61 |
| Airport quarantine | 213,992 (+1,289) | 942 | 85 (-1) | 0 | 859 (+4) | 1 | 0 |
| Returnees by chartered flights | 829 | 15 | 0 | 0 | 15 | 0 | 0 |
| Total | 2,084,894 (+104,965) | 83,010 (+531) | 5,409 (-50) | 151 (-10) | 76,025 (+566) | 1,564 (+7) | 61 |

According to official government reports from other counties, as of 15:00, Sep. 30, 33,515,038 infectious cases and 1,006,189 deaths were confirmed.

○Confirmed cases outside Japan

[Confirmed cases outside Japan\(Sep.30\)](#)

Government measures

1. The Basic Policies

○Basic Policies for Novel Coronavirus Disease Control(Revised on May 25, 2020)

On May 25, 2020, the analysis and assessment was conducted again and the implementation of emergency measures are deemed no longer necessary; therefore, the lifting of the state of emergency was declared.

[Basic Policies for Novel Coronavirus Disease Control by the Government of Japan \(Summary\)](#)

○Basic Policies for Novel Coronavirus Disease Control(Revised on April 16, 2020)

On April 16, the areas under declaration of state of emergency were expanded to all 47 prefectures. The Basic Policies decided on March 28 have been revised.

[Basic Policies for Novel Coronavirus Disease Control by the Government of Japan \(Summary\)](#)[116KB]

○Basic Policies for Novel Coronavirus Disease Control(Revised on April 7, 2020)

With the declaration of a state of emergency on April 7, the Basic Policies decided on March 28 have been revised.

[Basic Policies for Novel Coronavirus Disease Control\(Revised on April7,2020\)](#)[123KB]

[\(Summary Version\)Basic Policies for Novel Coronavirus Disease Control by the Government of Japan](#)[42KB]

○Basic Policies for Novel Coronavirus Disease Control (March 28, 2020)

On March 28, "Basic Policies for Novel Coronavirus Disease Control" decided by the Headquarters for Novel Coronavirus Disease Control.

This Basic Policies present measures to be taken so that the government, local governments, and the people will work together to have an accurate grasp of the situation and further advance countermeasures against the novel coronavirus infectious disease.

[\(Summary Version\)Basic Policies for Novel Coronavirus Disease Control by the Government of Japan](#)[42KB]

○Basic Policies for Novel Coronavirus Disease Control (February 25, 2020)

On February 25, "Basic Policies for Novel Coronavirus Disease Control" decided by the Headquarters for Novel Coronavirus Disease Control. This policy summarizes the measures that are currently being taken and the perspectives of possible future measures to be taken to respond to future development.

[Basic Policies for Novel Coronavirus Disease Control](#)[151KB]

○[Basic Policies for Novel Coronavirus Disease Control by the Government of Japan](#)[151KB]

【Press Conference】 Basic Policies for Prevention and Control of the Novel Coronavirus

On March 2, Government Officials and Experts held a press conference on the case of the coronavirus at the Ministry of Foreign Affairs of Japan. Conducted by:

SAHARA Yasuyuki Senior Assistant Minister for Global Health, Minister's Secretariat, Ministry of Health, Labor and Welfare

SUZUKI Tadaki M.D., Ph.D. Director, Department of Pathology, National Institute of Infectious Diseases

OSUMI Yo Deputy Director-General/ Deputy Assistant Minister, Consular Affairs Bureau, Ministry of Foreign Affairs

KAMOSHIDA Naoaki Assistant Press Secretary/ Director, International Press Division, Minister's Secretariat, Ministry of Foreign Affairs

INATSU Toshinobu Immigration Services Agency/ Deputy Director, Border Management Division

NODA Hiroyuki M.D., Ph.D. Councilor, Coordination Office of Measures on Emerging Infectious Diseases Office for Pandemic Influenza and Infectious Diseases Preparedness and Response, Cabinet Secretariat

Please refer to the YouTube video as follows;

YouTube video:[Basic Policies for Prevention and Control of the Novel Coronavirus](#)

2.Understanding the situation of infection

By notification by physicians under the Infections Diseases Control Law, grasp suspected disease carrier and conduct examination if it is deemed necessary by physicians.

If carrier is confirmed, conduct active epidemiological investigation based on the law and identify those who have been in close contact with the infected person.

For those who have been in close contact with infected person, the measures for preventing from spreading infection are being conducted by requesting to monitor own health condition and to refrain from leaving residence, etc..

We decided to apply medical insurance to the PCR test (on March 6). This makes it possible for medical institutions to request directory to private laboratories without going through public health centers, and further utilization of the examination capabilities of private laboratories will be achieved.

【Press Conference】 The case of the coronavirus

September 30,2020

On September 30, a press conference on the Response to the Novel Coronavirus Disease (COVID-19) was held by Related Ministries of Japan.

Please refer to the YouTube video as follows:

[YouTube video](#)

Figure 1 : [Resumption of Cross-Border Travel and other measures](#)[219KB]

Figure 2 : [Overview of the Relaxation of Measures for the Capacity of Events \(provisional translation\)](#)[155KB]

【Press Conference】 The case of the coronavirus

September 1 ,2020

On September 1, a press conference on the Response to the Novel Coronavirus Disease (COVID-19) was held by Related Ministries of Japan.

Please refer to the YouTube video as follows:

[YouTube video](#)

Figure 1 : [Changes in the number of individuals requiring hospital treatment, critically ill individuals, and newly reported cases](#)

[etc.](#)[1,981KB]

Figure 2 : [Resumption of Cross-Border Travel and other measures](#)[234KB]

Figure 3 : [Re-entry of foreign nationals with the status of residence](#) (Ministry of Foreign Affairs of Japan HP)

【Press Conference】 The case of the coronavirus

August 5,2020

On August 5, a press conference on the Border Measures to Prevent the Spread of the COVID-19 was held by Related Ministries of Japan.

Please refer to the YouTube video as follows:

[YouTube video](#)

Figure 1 : [Resumption of Cross-Border Travel and other measures](#)[180KB]

Figure 2 : [Phased Measures for Resuming Cross-Border Travel](#) (Ministry of Foreign Affairs of Japan HP)

Figure 3 : [Re-entry of foreign nationals who possess the status of residence](#) (Ministry of Foreign Affairs of Japan HP)

Figure 4 : [Process and Required Documents for Re-entry](#) (Ministry of Foreign Affairs of Japan HP)

【Press Conference】 The case of the coronavirus

July 13,2020

On July 13, a press conference on the situation of the COVID-19 was held by Related Ministries of Japan.

Please refer to the YouTube video as follows:

[YouTube video](#)

Figure : [The New Phase of Covid 19 Response in Japan \(2020/7/13\)](#)[1,124KB]

【Press Conference】 The case of the coronavirus

June 25,2020

On June 25, a press conference on the situation of the COVID-19 was held by Related Ministries of Japan.

Please refer to the YouTube video as follows:

[YouTube video](#)

Figure 1: [Regarding refusal of landing to prevent the spread of COVID-19\(novel Coronavirus\)](#)[88KB]

Figure 2: [Specific examples of cases where permission for re-entry may be granted due to being special exceptional circumstances corresponding to individual situation in relation to the measures for denial of landing relating to prevention of the spread of the novel coronavirus \(COVID-19\)](#)[126KB]

Figure 3: [Updates on COVID 19 in Japan](#)[2,432KB]

Figure 4: [Phased Measures toward Resuming Cross-Border Travel](#)[139KB]

Figure 5: [Update on Responses to the Novel Coronavirus Disease](#)[412KB]

【Press Conference】 The case of the coronavirus

June 1,2020

On June 1, a press conference on the situation of the COVID-19 was held by Related Ministries of Japan.

Please refer to the YouTube video as follows:

[YouTube video](#)

Figure 1: [Basic Policies for Novel Coronavirus Disease Control by the Government of Japan \(Summary\)](#)[456KB]

- Figure 1: [Basic Policies for Novel Coronavirus Disease Control by the Government of Japan \(Summary\)](#)[1,408KB]
Figure 2: [Guidelines for Lifting State of Emergency](#)[1,284KB]
Figure 3: [Japan's COVID-19 Response \(2020/6/1\)](#)[2,475KB]
Figure 4: [Overview of the Second Supplementary Budget for FY2020](#)[860KB]

【Press Conference】 The case of the coronavirus

May 21,2020

On May 21, a press conference on the situation of the COVID-19 was held by Related Ministries of Japan.

Please refer to the YouTube video as follows:

[YouTube video](#)

Figure : [Basic Policies for Novel Coronavirus Disease Control by the Government of Japan \(Summary\)](#)[522KB]

【Press Conference】 The case of the coronavirus

May 18,2020

On May 18, a press conference on the situation of the COVID-19 was held by Related Ministries of Japan.

Please refer to the YouTube video as follows:

[YouTube video](#)

Figure 1: [Basic Policies for Novel Coronavirus Disease Control by the Government of Japan \(Summary\)](#)[516KB]

Figure 2: [Expert Meeting on the Novel Coronavirus Disease Control Analysis of the Response to the Novel Coronavirus \(COVID-19\) and Recommendations \(May 14, 2020\) Summary](#)[790KB]

Figure 3: [Novel Coronavirus Control Measures by Region \(Conceptual Diagram\)](#)[1,662KB]

Figure 4: [Updates on COVID 19 in Japan](#)[2,274KB]

【Press Conference】 The case of the coronavirus

May 8 ,2020

On May 8, a press conference on the situation of the COVID-19 was held by Related Ministries of Japan.

Please refer to the YouTube video as follows:

[YouTube video](#)

Figure 1: [Key Revisions to Basic Policies for Novel Coronavirus Disease Control by the Government of Japan](#)[27KB]

Figure 2: [Basic Policies for Novel Coronavirus Disease Control by the Government of Japan \(Summary\)](#)[168KB]

Figure 3: [Expert Meeting on the Novel Coronavirus Disease Control Analysis of the Response to the Novel Coronavirus \(COVID-19\) and Recommendations \(May 4, 2020\) Summary](#)[469KB]

Figure 4: [Example of practicing "New Lifestyle"](#) [83KB]

Figure 5: [Expert Meeting on the Novel Coronavirus Disease Control Analysis of the Response to the Novel Coronavirus \(COVID-19\) and Recommendations \(May 1, 2020\) Summary](#)[135KB]

Figure 6: [Outlook for Novel Coronavirus Disease Control \(Projection\)](#)[235KB]

Figure 7: [10 tips for reducing contact](#)[137KB]

Figure 8: [Updates on COVID-19 in Japan](#)[656KB]

【Press Conference】 The case of the coronavirus

April 23,2020

On April 23, Government Officials held a press conference on the case of the coronavirus at the Ministry of Foreign Affairs of Japan.

Please refer to the YouTube video as follows:

[YouTube video](#)

Figure 1: [\[COVID-19\] Declaration of a State of Emergency in response to the Novel Coronavirus Disease](#) [22KB]

Figure 2: [Basic Policies for Novel Coronavirus Disease Control by the Government of Japan \(Summary\)](#) [114KB]

Figure 3: [Updates on COVID-19 in Japan](#) [2,172KB]

Figure 4: [Emergency Economic Measures for Response to COVID-19](#) [48KB]

Figure 5: [Changes in the number of passengers going through ticket gates of major stations](#) [396KB]

Figure 6: [Analysis of demographic changes in designated prefectures under special caution \(as of 15:00, April 22\)](#) [395KB]

【Press Conference】 The case of the coronavirus

April 8,2020

On April 8, a press conference on the situation of the COVID-19 was held by Related Ministries of Japan.

Please refer to the YouTube video as follows:

[YouTube video](#)

Figure 1: [Updates on COVID-19 in Japan](#)[2,351KB]

Figure 2: [Emergency Economic Measures for Response to COVID 19](#)[423KB]

Figure 3: [Revision of Basic Policies for Novel Coronavirus Disease Control \(Summary\)](#) [146KB]

Figure 4: [Basic Policies for Novel Coronavirus Disease Control\(Revised on April 7,2020\)](#) [123KB]

Figure 5: [Basic Policies for Novel Coronavirus Disease Control by the Government of Japan \(summary\)](#)[42KB]

【Press Conference】 The case of the coronavirus

March 31,2020

On March 31, an expert and Government Officials held a press conference on the responses to the coronavirus disease at the Ministry of Foreign Affairs of Japan.

Please refer to the YouTube video as follows:

[YouTube video](#)

Figure 1: [Updates on COVID-19 in Japan](#)[2,171KB]

Figure 2: [Basic Policies for Novel Coronavirus Disease Control by the Government of Japan\(summary\)](#)[42KB]

【Press Conference】 The case of the coronavirus

March 17,2020

On March 17, Government Officials held a press conference on the case of the coronavirus at the Ministry of Foreign Affairs of Japan.

Please refer to the YouTube video and figures used in their explanation as follows:

YouTube video:[Part1,Part2,Part3](#)

Figures: [Coronavirus Disease 2019 \(COVID-19\) Situation in Japan](#)[1,249KB]

【Press Conference】 The case of the coronavirus

March 10,2020

YouTube video:[Part1,Part2,Part3](#)

On March 10, Government Officials held a press conference on the case of the coronavirus at the Ministry of Foreign Affairs of Japan.

Please refer to the YouTube video and figures used in their explanation as follows;

YouTube video:[Part1,Part2,Part3](#)

Figure 1:[COVID-19 Clusters in Japan](#)[463KB]

Figure 2:[Overview of the Act on Special Measures](#)[416KB]

Figure 3:[PCR Testing system](#)[431KB]

Figure 4:[Screenshot_COVID19Map_MHLW](#)[1,848KB]

Figure 5:[Immigration Control and Refugee Recognition Act](#)[120KB]

3 . Measures for preventing outbreaks

In Japan, sporadic cases of small numbers of patients have been observed.

The spread of infection can be prevented by tracing the route of transmission, especially for close contacts.

The important thing is to minimize the spread of infection in the country by preventing one cluster of patients from creating another cluster.

Please refer to the handout below;

[Preventing Outbreaks of the Novel Coronavirus](#) [148KB]

Expert Meeting on Novel Coronavirus Disease Control “Analysis of the Response to the Novel Coronavirus Disease (COVID-19) and Recommendations” (May 29, 2020)

[Expert Meeting on Novel Coronavirus Disease Control “Analysis of the Response to the Novel Coronavirus Disease \(COVID-19\) and Recommendations” \(May 29, 2020\)](#) [1.13MB]

[\[Addendum\] Japan’s Cluster-based Approach](#) [585KB]

Analysis and Recommendations of the Response to the Novel Coronavirus (COVID-19) (April 22, 2020)(Summary)

[Analysis and Recommendations of the Response to the Novel Coronavirus \(COVID-19\) \(April 22, 2020\)\(Summary\)](#)[264KB]

[10 tips for reducing contact by 80%](#)[520KB]

Expert Meeting on Control of the Novel Coronavirus Disease Control "Analysis and Recommendations of the Response to the Novel Coronavirus (COVID-19) "(April 1, 2020)

[Expert Meeting on Control of the Novel Coronavirus Disease Control Analysis and Recommendations of the Response to the Novel Coronavirus \(COVID-19\) \(April 1, 2020\) \(Excerpt\)](#) [106KB]

Expert Meeting on the Novel Coronavirus Disease Control : Analysis of the Response to the Novel Coronavirus (COVID-19) and Recommendations (Exerpt) (As of March 19)

["Views Expert Meeting on the Novel Coronavirus Disease Control \(As of March 19\) "\(PDF\)](#)

Expert Meeting on the Novel Coronavirus Disease Control "Views on the Novel Coronavirus Disease Control" (As of March 19)

Coronavirus Disease Control" (As of March 9)

The Expert Meeting on the Novel Coronavirus Disease Control released "Views on the Novel Coronavirus Disease Control" summarizing the results of the study based on the analysis of the Cluster Response Team of MHLW.

In the Views, Japanese situation as of today (March 9) is not moving toward an explosive spread of infections, and appears to be somewhat holding steady. In addition, regarding measures in Hokkaido, it is difficult to estimate the effect about at least two weeks after the declaration of state of emergency in Hokkaido, and thereafter, the analysis of the effects of this measures is scheduled to be announced around March 19.

["Views on the Novel Coronavirus Disease Control" \(As of March 9\)](#) [217KB]

4. Border Control Measures

In order to prevent 2019-nCoV from entering Japan via foreign aircraft and ships and take necessary measures related to aircraft, etc., in the Ministry of Health, Labour and Welfare classifies 2019-nCoV infection as "Type of infectious disease of Quarantine law article 34". This means that government is able to take measures such as inquiry and medical consultation for people entering Japan from abroad, isolation and detention of patients, disinfection for aircrafts, etc.

Based on the epidemic of this infection in other countries, as a border control measure in Japan, for arriving flights and ships from some countries, take measures to reduce the risk of domestic secondary infections by interviewing for all passengers using questionnaires, calling for self-reports by displaying posters, distributing health cards.

In the meantime, foreigners who have stayed in some areas of some countries within 14 days will be refused entering Japan under the Immigration Control and Refugee Recognition Act, with or without symptoms, unless there are special circumstances.

Anyone who has boarded an airplane or ships arriving from China or Republic of Korea at or after 0:00 on March 9 (JST), or from European countries, or Egypt at or after 0:00 on March 21 (JST), or from United States of America at or after 0:00 on March 26 (JST), or from Indonesia, Singapore, Thailand, Philippines, Brunei Darussalam, Viet Nam, Malaysia, Israel, Qatar, Democratic Republic of the Congo or Bahrain at or after 0:00 on March 28 (JST) and not be isolated or stopped is required to stay 14 days at a location designated by the quarantine station chief and not to use public transportation in Japan.

[Q&A](#)

5. The Cruise ship

All passengers and crews disembarked from the Cruise ship "Diamond Princess" on July 14th.

| | PCR tested positive ※[With no symptoms] | Already discharged from hospital | Hospitalized with a ventilator or intensive care unit | Death |
|--|--|----------------------------------|---|-------|
| Cases at the Cruise ship (Identified by quarantine policy) (3,711) | 712 [331] | 659 | 0 | 13 |

The infection control measures taken at the Cruise ship "Diamond Princess" (provisional translation)

[The infection control measures taken at the Cruise ship "Diamond Princess" \(provisional translation\)](#)

[PDF](#) [29KB]

【Press Conference】 Expert Meeting on the Novel Coronavirus Disease Control

On February 24, Experts held a press conference on the case of the novel coronavirus at the Ministry of Foreign Affairs of Japan.

Conducted by:

Members of Expert Meeting on the Novel Coronavirus Disease

- OMI Shigeru, M.D., Ph.D., President, Japan Community Health care Organization

- OHMAGARI Norio, M.D., Ph.D., Director, Disease Control & Prevention Center, National Center for Global Health and Medicine

- KITA Yosuke, Senior Coordinator for Global Health Cooperation, International Affairs Division, Ministry of Health, Labour and Welfare

Please refer to the YouTube video clips and figures used in their explanation as follows;

YouTube video clips: [Part1](#), [Part2](#), [Part3](#), [Part4](#), [Part5](#), [Part6](#), [Part7](#)

Figure: [Number of new symptomatic coronavirus infection cases and fever reports, by date of onset, Cruise Ship DP, as of February 23, 2020](#) [68KB]

Press Conference: Situation of the COVID-19 in the Cruise Ship "Diamond Princess"

Press Conference on the Situation of the novel Coronavirus Disease in the Cruise Ship off the coast of Yokohama was held in the MOFA Press Conference Room from 20:40 to 21:40 on Friday 21 February 2020.

Professor, SUZUKI Motoi, M.D., MSc., PHDC, Ph.D., of Infectious Disease Surveillance Center, National Institute of Infectious Disease and Professor, NISHIURA Hiroshi, M.D., Ph.D., DTM&H, of Social Medicine, Faculty of Medicine, Hokkaido University explained the situation based on their analysis using the data obtained on the cruise ship.

Please refer to the YouTube video clips and figures used in their explanation as follows;

YouTube video clips: [Part1](#), [Part2](#), [Part3](#), [Part4](#)

Figure 1: [Changes in the number of new coronavirus infection cases and fever reports on the cruise ship \(as of February 19\)](#) [374KB]

Figure 2: [Number of COVID-19 cases with symptoms among the passengers on the Cruise ship \(by close contact status, as of 02/19/2020\)](#) [412KB]

Figure 3: [Number of predicted infections from one patient, by generation \(Reproduction rate\)](#) [182KB]

Message to the people in Japan

1. Characteristics of new coronavirus infections ascertained at present (As of March 28)

<The routes of transmission>

The routes of transmission are generally through droplets and contacts.

In addition, under certain circumstances, such as when talking to many people at a short distance in confined spaces, there is the risk of spreading the infection even without coughing or sneezing.

The risk of occurrence of clusters is particularly high when the "Three Cs" overlap.

- 1 . Closed spaces with insufficient ventilation
- 2 . Crowded conditions with people
- 3 . Conversations in short distance

< Common symptoms and risk of developing severe >

Often, fevers or respiratory symptoms may persist for around one week, and many patients complain of strong fatigue. It has been reported that the period of hospitalization tends to be longer than that of seasonal influenza.

Those infected often present only mild symptoms, which will heal in many cases. The severity of the novel coronavirus disease, it does have the higher risk than seasonal influenza. The risks of developing severe symptoms are particularly high among the elderly and patients with underlying diseases.

2. Prevention Measures and Guide of Consultation


It is important to wash your hands frequently and to cover your mouth and nose with a tissue, or with the crook of your arm if a tissue is unavailable, when coughing or sneezing. To protect yourself and others from the virus, just as you do for the common cold or the flu. We strongly recommend everyday preventive actions to help keep the virus from spreading.

strongly recommend everyday preventive actions to help keep the virus from spreading.


Important notice for preventing COVID-19 outbreaks.

Avoid the "Three Cs"!

- 1. Closed spaces** with poor ventilation.
- 2. Crowded places** with many people nearby.
- 3. Close-contact settings** such as close-range conversations.




One of the key measures against COVID-19 is to prevent occurrence of clusters.
Keep these "Three Cs" from overlapping in daily life.



The risk of occurrence of clusters is particularly high when the "Three Cs" overlap!

In addition to the "Three Cs," items used by multiple people should be cleaned with disinfectant.

首相官邸 厚生労働省 MHLW COVID-19 Search



If you have any of the following symptoms, please consult with the consultation center for people with potential exposure to COVID-19:

- You have had cold symptoms or a fever of 37.5°C or over for four days or more.
(including when you need to continue to take an antipyretic)

- You have a strong feeling of weariness (fatigue) or shortness of breath (difficulty breathing).

* Please also consult with the consultation center if you are a senior citizen or have an underlying disease, and you have had the symptoms mentioned above for about two days.

If the consultation center suspects that you have been infected with the virus, it will introduce you to a medical institution where medical services for people with potential exposure to COVID-19 are available. Please visit the medical institution, wearing a facemask, and refrain from using public transportation.

※ [Prevention Measures COVID-19](#) (February 25, 2020 version) [464KB]

Prevention Measures against Coronavirus Disease 2019 (COVID-19)

About COVID-19

< Common symptoms and risk of developing severe >
Often, fever or respiratory symptoms may persist for around one week, and many patients complain of acute fatigue.

Those infected often present only mild symptoms, which will heal in many cases. The severity of the novel coronavirus disease is not as great as infectious diseases with extremely high mortality rates, but it does have the higher risk than seasonal influenza. **The risk of developing severe symptoms are particularly high among the elderly and patients with underlying diseases.**

<The routes of transmission>
The routes of transmission are generally through droplets and contacts. It is not thought to be caused by airborne infections. In addition, under certain circumstances, such as when talking to many people at a short distance in confined spaces, there is a risk of spreading the infection even without coughing or sneezing.

Precautions in daily life

- First of all, **washing hands** is important. Wash your hands frequently with soap or alcohol when you return home, before or after cooking, before eating, etc.
- When you have symptoms such as coughs and sneezes, please cover your mouth and nose. If you cover coughs and sneezes with your hands and touches objects around you with those hands, there is a chance of spreading virus via those objects, please observe the **"coughing etiquette"**.
- Seniors and persons with chronic diseases are advised to take extra precaution and avoid visiting packed places** and using public transportation as much as possible.

Do not go to office or school, especially if you have symptoms such as fever.
If you have cold symptoms such as fever, measure and record fever everyday.

※ [Eight-point list of precautions to take at home](#) [549KB]

※ [Measures against infectious diseases](#)[994KB]

※ [Washing Hands](#)[910KB]

※ [Coughing Manners](#)[951KB]

Reference

The CNN published at 11:00 (Japan time) on March 6

Call centers for foreign tourists

Tourists from other countries may seek help on <https://www.japan.travel/en/plan/hotline/>

Medical institutions offering assistance in foreign languages

You can find the medical institutions offering assistance in foreign languages on the following website. Click here [Medical institutions offering assistance in foreign languages](#)

WHO

[Pneumonia with unknown causes in China](#)

[WHO statement on the outbreak of pneumonia in Wuhan city, China](#)

[New coronavirus –South Korea](#)

[New coronavirus in China](#)

[International Health Regulations Emergency Committee on novel coronavirus in China](#)

National Institute of Infectious Diseases

[Human-to-human transmission of a new coronavirus](#)

[Details on coronavirus and information about pneumonia linked to a new coronavirus reported in Wuhan city, Hubei Province of the People's Republic of China](#)

Others

[National Health Commission of the People's Republic of China](#)

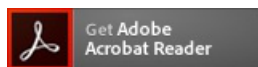
[Wuhan Municipal Health Commission](#)

[Guangdong Province Health Commission](#)

[Taiwan Centers for Disease Control - CDC](#)

[First Travel-related Case of 2019 Novel Coronavirus Detected in United States](#)

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