



KDCA

Korea Disease Control and
Prevention Agency

Social Distancing Guidelines for Chuseok Holidays

For Safe and Enjoyable Holidays

○ **GENERAL PRINCIPLE: Follow infection prevention guidelines as appropriate for each circumstances**

- △ Spend holidays at home with immediate family or household members
- △ Keep physical distance (2m or more) from others
- △ Wear masks indoors
- △ Wear masks outdoors if it is difficult to maintain 2m distance
- △ Wear masks, wash hands, and maintain distance when meeting elderly people
- △ Choose safe locations
 - Outdoor spaces that are not crowded
 - Indoor spaces that are well-ventilated
 - Places where it is possible to maintain sufficient distance from other people (make reservations in advance if possible)

① **(SAFE OUTDOOR ACTIVITIES) Light exercise such as walking and outdoor activities for relaxation**

- ▶ Quiet neighborhood park
- ▶ Walkways and hiking trails near home
- ▶ Nearby recreational parks

② **(SAFE INDOOR ACTIVITIES) Indoor cultural activities**

- ▶ Utilize free online resources
- ▶ Make reservations to visit national and public museums and exhibits
- ▶ Enjoy holiday special TV programming

③ **(EXPRESSING GREETINGS SAFELY)**

- ▶ Sending greetings through video calls to elderly parents and grandparents in stead of traveling



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□ Guidelines for Safe and Enjoyable Holidays

○ **General Principle: Avoid visiting hometowns and relatives**

"Restful holidays" for the health of my family

* If there's fever, cough, or other respiratory symptoms, avoid going out or visiting public places visited by a large number of people

○ **If you have to travel, follow daily prevention guidelines as appropriate for circumstances**

* When indoors or in public transit: Wear masks at all times, avoid consuming food, talking or making phone calls

When outdoors: Maintain 2m distance from others, wear masks at all times if difficult to maintain distance

① **During transit**

△ Use personal vehicle if possible

△ Utilize non-face-to-face services (online reservations, mobile check-in, etc.)

△ Prepare snacks and water in advance to avoid having to visit rest area stores, and if visiting rest area, stay for a minimum necessary duration

② **In hometown**

△ Try to make each visit short

△ If meeting elderly or other people considered high-risk group, keep masks on even inside home

△ Maintain strict personal hygiene including hand washing

△ Use personal plates when having meals together

△ Minimize the number of participants for activities including rituals and ceremonies

△ Ventilate at least twice a day

△ Say hi by exchanging bows or waving hands instead of handshakes or hugs

③ **For paying respects at family gravesite or charnel house**

△ Utilize "online visits" (video calls)

△ Visit on dates and times to avoid busy hours

△ Minimize duration of stay and number of participants