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COVID-19 (novel coronavirus)

There are currently outbreaks overseas of a new disease called COVID-19. This section provides the latest updates, information and advice on COVID-19.

Current situation

The fifth case of COVID-19 has been confirmed in New Zealand. See the [media release](#) for more information.

With continued vigilance the chance of widespread community outbreak is expected to remain low.

People coming into New Zealand should check our [information for travellers arriving to New Zealand](#) as they may be subject to border controls or asked to self-isolate.

We're also asking people who have visited [countries or areas of concern](#) and who have developed symptoms of fever, cough or shortness of breath to seek medical advice – phone Healthline's dedicated COVID-19 number [0800 358 5453](#) or contact your GP, including phoning ahead of your visit.

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health advice for the public

- [Latest advice: Symptoms, prevention, treatment, how it spreads & more](#)
- [Countries and areas of concern](#)
- [Face mask and hygiene advice](#)
- [Home care information](#)
- [Managing your mental wellbeing](#)
- [Questions and answers](#)
- [Self-isolation information](#)

Information for:

- [Health professionals](#)
- [Aged care providers](#)

- [Airline staff](#)
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- [Hotels and hotel staff](#)
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- [Travellers arriving to New Zealand](#)

Information in other languages

- [COVID-19 新型冠状病毒信息](#)
- [New Zealand Sign Language](#)
- [Farsi](#)
- [Italian](#)
- [Japanese](#)
- [Korean](#)
- [Thai](#)

News and media updates

- [7 March - Fifth case of COVID-19 Fits Pattern of Previous Case](#)
- [7 March - COVID-19 media update](#)
- [6 March - Advice for those who attended the Tool concert at Spark Arena](#)

[All news and media updates](#)

Resources


- [Welfare support factsheet](#)
- [Factsheets for contacts of suspected or confirmed cases](#)
- [Border advisories](#)
- [Posters](#)
- [Ministry social media](#)

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

7 March:

- [Updated Case definition of COVID-19 infection](#)
- [Updated No Change of Health Status Report for Health Pratique form now available](#)

- [Updated advice for health professionals](#)
- [Paracetamol: Supply issue - update from PHARMAC](#) 
- [Questions and answers updated with information for the immune-compromised](#)

6 March:

- [Information for Aged Care Providers](#)
- [Welfare support factsheet available in Farsi, Italian, Korean, Japanese and Thai](#)
- [Updated questions and answers for primary health care workers](#)
- [Information in Japanese and Thai](#)

5 March:

- [Self-isolation guidance updated](#)
- [Information in Farsi, Italian and Korean](#)
- [Advice on clinical coding](#)
- [Updated factsheets for contacts of suspected or confirmed cases](#)

4 March:

- [COVID-19 - managing your mental wellbeing](#) advice page

3 March:

- [Protect yourself from coronavirus - English poster updated](#)
- [Advice for health professionals updated](#)

2 March:

- [A second 2 March Border advisory added](#)
- People who have been in or transited through northern Italy or the Republic of Korea are now being asked to [self-isolate](#)
- [Information for hotels and hotel staff added](#)
- [2 March Border advisory added](#)

Page last updated: **07 March 2020**



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Emergencies

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Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

