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COVID-19 (novel coronavirus)

There are currently outbreaks overseas of a new disease called COVID-19. This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand has five confirmed cases of COVID-19. See our [latest media release](#) for a summary of the current status.

With continued vigilance the chance of widespread community outbreak is expected to remain low.

People coming into New Zealand should check our [information for travellers arriving to New Zealand](#) as they may be subject to border controls or asked to self-isolate.

We're also asking people who have visited [countries or areas of concern](#) and who have developed symptoms of fever, cough or shortness of breath to seek medical advice – phone Healthline's dedicated COVID-19 number [0800 358 5453](#) or contact your GP, including phoning ahead of your visit.

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health advice for the public

- [Latest advice: Symptoms, prevention, treatment, how it spreads & more](#)
- [Contact tracing](#)
- [Countries and areas of concern](#)
- [Face mask and hygiene advice](#)
- [Home care information](#)
- [Managing your mental wellbeing](#)
- [Questions and answers](#)
- [Self-isolation information](#)

Information for:

- [Health professionals](#)

- [Aged care providers](#)
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- [Border sector](#)
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- [Hotels and hotel staff](#)
- [Public events and mass gatherings](#)
- [Travellers arriving to New Zealand](#)

Information in other languages

- [COVID-19 新型冠状病毒信息](#)
- [New Zealand Sign Language](#)
- [Arabic](#)
- [Te reo Māori](#)
- [Cook Island Māori](#)
- [Farsi](#)
- [Fijian](#)
- [French](#)
- [German](#)
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- [Korean](#)
- [Niuean](#)
- [Samoan](#)
- [Thai](#)
- [Tongan](#)

News and media updates

- [10 March - No new cases of COVID-19](#)
- [9 March - COVID-19 update](#)
- [8 March - COVID-19 update](#)
- [7 March - Fifth case of COVID-19 fits pattern of previous case](#)
- [6 March - Advice for those who attended the Tool concert at Spark Arena](#)

[All news and media updates](#)

Resources

- [Information sheets for the general public](#)
- [Welfare support factsheet](#)
- [Posters](#)

- [Ministry social media](#)

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

10 March:

- [Information on contact tracing for COVID-19](#) – includes the previously published factsheets for contacts of suspected or confirmed cases
- [General public health advice updated in other languages](#)
- [Resources for the border sector now on a new page](#)


9 March:

- [Information sheets for the general public added](#)
- [Advice to border sector: COVID-19 becomes a quarantinable disease](#)

8 March:

- [Updated case definition](#)
- [Updated advice for health professionals](#)
- [New document on Transmission of COVID-19 and the role of face masks in health settings](#)

7 March:

- [Updated No Change of Health Status Report for Health Pratique form now available](#)
- [Paracetamol: Supply issue - update from PHARMAC](#) 
- [Questions and answers updated with information for the immune-compromised](#)

6 March:

- [Advice for public events and mass gatherings factsheet available in te reo Māori, Samoan and Tongan](#)
- [Information for Aged Care Providers](#)
- [Welfare support factsheet available in Farsi, Italian, Korean, Japanese and Thai](#)
- [Updated questions and answers for primary health care workers](#)
- [Information in Japanese and Thai](#)

5 March:

- [Self-isolation guidance updated](#)
- [Information in Farsi, Italian and Korean](#)
- [Advice on clinical coding](#)

4 March:

- [COVID-19 - managing your mental wellbeing](#) advice page

Page last updated: **10 March 2020**



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Where to go for help

Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

[New Zealand Government](#)

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