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COVID-19 (novel coronavirus)

There are currently outbreaks overseas of a new disease called COVID-19. This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand has five confirmed cases of COVID-19. See our [latest media release](#) for a summary of the current status.

With continued vigilance the chance of widespread community outbreak is expected to remain low.

People coming into New Zealand should check our [information for travellers arriving to New Zealand](#) as they may be subject to border controls or asked to self-isolate.

We're also asking people who have visited [countries or areas of concern](#) and who have developed symptoms of fever, cough or shortness of breath to seek medical advice – phone Healthline's dedicated COVID-19 number [0800 358 5453](#) or contact your GP, including phoning ahead of your visit.

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health advice for the public

- [Latest advice: Symptoms, prevention, treatment, how it spreads & more](#)
- [Contact tracing](#)
- [Countries and areas of concern](#)
- [Face mask and hygiene advice](#)
- [Home care information](#)
- [Managing your mental wellbeing](#)
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Information for:

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- [Travellers arriving to New Zealand](#)

Information in other languages

- [COVID-19 新型冠状病毒信息](#)
- [New Zealand Sign Language](#)
- [Te reo Māori](#)
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News and media updates

- [11 March - 4th day: No new cases of COVID-19](#)
- [11 March - COVID-19 update](#)
- [10 March - No new cases of COVID-19](#)
- [9 March - COVID-19 update](#)
- [8 March - COVID-19 update](#)

[All news and media updates](#)

Resources

- [Information sheets for the general public](#)
- [Welfare support factsheet](#)

- [Posters](#)
- [Ministry social media](#)

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

11 March:

- [Updated questions and answers for primary health care workers](#)
- [Information on public events and mass gatherings in Tokelauan](#)

10 March:

- [Information on contact tracing for COVID-19](#) – includes the previously published factsheets for contacts of suspected or confirmed cases
- [General public health advice updated in other languages](#)
- [Resources for the border sector now on a new page](#)


9 March:

- [Information sheets for the general public added](#)
- [Advice to border sector: COVID-19 becomes a quarantinable disease](#)

8 March:

- [Updated case definition](#)
- [Updated advice for health professionals](#)
- [New document on Transmission of COVID-19 and the role of face masks in health settings](#)

7 March:

- [Updated No Change of Health Status Report for Health Pratique form now available](#)
- [Paracetamol: Supply issue - update from PHARMAC](#) 
- [Questions and answers updated with information for the immune-compromised](#)

6 March:

- [Advice for public events and mass gatherings factsheet available in te reo Māori, Samoan and Tongan](#)
- [Information for Aged Care Providers](#)
- [Welfare support factsheet available in Farsi, Italian, Korean, Japanese and Thai](#)
- [Information in Japanese and Thai](#)

5 March:

- [Self-isolation guidance updated](#)
- [Information in Farsi, Italian and Korean](#)
- [Advice on clinical coding](#)

4 March:

- [COVID-19 - managing your mental wellbeing](#) advice page

Page last updated: **11 March 2020**



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Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

[New Zealand Government](#)

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