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# **COVID-19 (novel coronavirus)**

There are currently outbreaks overseas of a new disease called COVID-19. This section provides the latest updates, information and advice on COVID-19.

## **Current situation**

New Zealand has five confirmed cases of COVID-19. See our latest media release for a summary of the current status.

With continued vigilance the chance of widespread community outbreak is expected to remain low.

People coming into New Zealand should check our <u>information for travellers arriving to New Zealand</u> as they may be subject to border controls or asked to self-isolate.

We're also asking people who have visited <u>countries or areas of concern</u> and who have developed symptoms of fever, cough or shortness of breath to seek medical advice – phone Healthline's dedicated COVID-19 number <u>0800 358 5453</u> or contact your GP, including phoning ahead of your visit.

For COVID-19 health advice and information, contact the Healthline team (for free) on <u>0800 358 5453</u> or <u>+64 9 358 5453</u> for international SIMS.

# Health advice for the public

- <u>Latest advice: Symptoms, prevention, treatment, how it spreads & more</u>
- Contact tracing
- Countries and areas of concern
- Face mask and hygiene advice
- Home care information
- Managing your mental wellbeing
- Questions and answers
- Self-isolation information

# Information for:

• Health professionals

- Aged care providers
- Airline staff
- Border sector
- Cleaning services
- Hotels and hotel staff
- Public events and mass gatherings
- Travellers arriving to New Zealand

# Information in other languages

- COVID-19 新型冠状病毒信息
- New Zealand Sign Language
- Te reo Māori
- More languages

# News and media updates

- 12 March COVID-19 planning well advanced
- 11 March 4th day: No new cases of COVID-19
- 11 March COVID-19 update
- 10 March No new cases of COVID-19

All news and media updates

## Resources

- Information sheets for the general public
- Welfare support factsheet
- Posters
- Ministry social media

# Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

## 12 March:

- Updated information for Aged Care Providers
- COVID-19: Aeromedical transfer of patients advice document
- Updated Transmission of COVID-19 and the role of face masks in health settings document
- Updated advice on clinical coding

- Updated primary care quick reference guide
- Information in Indonesian and Tuvaluan
- Update to the Countries and areas of concern the whole of Italy is now in category 1b

### 11 March:

- <u>Updated questions and answers for primary health care workers</u>
- Information on public events and mass gatherings in Tokelauan

#### 10 March:

- Information on contact tracing for COVID-19 includes the previously published factsheets for contacts of suspected or confirmed cases
- General public health advice updated in other languages
- Resources for the border sector now on a new page

### 9 March:

- Information sheets for the general public added
- Advice to border sector: COVID-19 becomes a quarantinable disease

### 8 March:

- <u>Updated case definition</u>
- Updated advice for health professionals
- New document on Transmission of COVID-19 and the role of face masks in health settings

### 7 March:

- Updated No Change of Health Status Report for Health Pratique form now available
- Paracetamol: Supply issue update from PHARMAC
- Questions and answers updated with information for the immune-compromised

Page last updated: 12 March 2020









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Where to go for help

Emergencies
Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

**Poisons** 

Dial 0800 POISON (0800 764 766)

Mental health crisis Emergency contact numbers

New Zealand Government

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