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COVID-19 (novel coronavirus)

There are currently outbreaks overseas of a new disease called COVID-19. This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand has six confirmed cases of COVID-19. For a summary of the current status see our [latest media release \(14 March\)](#).

With continued vigilance the chance of widespread community outbreak is expected to remain low.

On 14 March 2020, Prime Minister Jacinda Ardern announced new border measures, a ban on cruise ships entering New Zealand waters and other provisions. Many of these take effect from 23:59 on Sunday 15 March.

People coming into New Zealand should check our [information for travellers arriving to New Zealand](#) as all travellers except those listed on the [countries and areas of concern under Category 2](#), will be required to self-isolate.

We're also asking people who have visited those countries and areas of concern who have developed symptoms of fever, cough or shortness of breath to seek medical advice – phone Healthline's dedicated COVID-19 number [0800 358 5453](#) or contact your GP, including phoning ahead of your visit.

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health advice for the public

- [Latest advice: Symptoms, prevention, treatment, how it spreads & more](#)
- [Contact tracing](#)
- [Countries and areas of concern](#)
- [Face mask and hygiene advice](#)
- [Home care information](#)
- [Managing your mental wellbeing](#)
- [Questions and answers](#)
- [Self-isolation information](#)

Information for:

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- [Aged care providers](#)
- [Airline staff](#)
- [Border sector](#)
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- [Hotels and hotel staff](#)
- [Public events and mass gatherings](#)
- [Travellers arriving to New Zealand](#)

Information in other languages

- [COVID-19 新型冠状病毒信息](#)
- [New Zealand Sign Language](#)
- [Te reo Māori](#)
- [More languages](#)

News and media updates

- [14 March - COVID-19 6th Case – overseas link](#)
- [14 March - COVID-19 media briefing](#)
- [13 March - COVID-19 - no further cases](#)
- [12 March - COVID-19 planning well advanced](#)

[All news and media updates](#)

Resources

- [Information sheets for the general public](#)
- [Welfare support factsheet](#)
- [Posters](#)
- [Ministry social media](#)

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

14: March:

- Updated [countries and areas of concern page](#) to reflect updated border control measures

13 March:

- [Updated Questions and answers for primary health care workers](#) (new question on who not to swab)
- [New information sheets added](#): Information on tikanga and gatherings, Cultural/religious practices, looking after your mental wellbeing.

12 March:

- [Updated information for Aged Care Providers](#)
- [COVID-19: Aeromedical transfer of patients - advice document](#)
- [Updated Transmission of COVID-19 and the role of face masks in health settings document](#)
- [Updated advice on clinical coding](#)
- [Updated primary care quick reference guide](#)
- [Information in Indonesian and Tuvaluan](#)
- Update to the [Countries and areas of concern](#) – the whole of Italy is now in category 1b

11 March:

- [Updated questions and answers for primary health care workers](#)
- [Information on public events and mass gatherings in Tokelauan](#)

10 March:

- [Information on contact tracing for COVID-19](#) – includes the previously published factsheets for contacts of suspected or confirmed cases
- [General public health advice updated in other languages](#)
- [Resources for the border sector now on a new page](#)

9 March:

- [Information sheets for the general public added](#)
- [Advice to border sector: COVID-19 becomes a quarantinable disease](#)

8 March:

- [Updated case definition](#)
- [Updated advice for health professionals](#)
- [New document on Transmission of COVID-19 and the role of face masks in health settings](#)

7 March:

- [Updated No Change of Health Status Report for Health Pratique form now available](#)
- [Paracetamol: Supply issue - update from PHARMAC](#) 📄
- [Questions and answers updated with information for the immune-compromised](#)

Page last updated: **14 March 2020**



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Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

[New Zealand Government](#)

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