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# **COVID-19 (novel coronavirus)**

There are currently outbreaks overseas of a new disease called COVID-19. This section provides the latest updates, information and advice on COVID-19.

### **Current situation**

New Zealand has eight confirmed cases of COVID-19. One of the eight cases was diagnosed in Australia. For a summary of the current status see our latest media release (15 March).

With continued vigilance the chance of widespread community outbreak is expected to remain low.

On 14 March 2020, Prime Minister Jacinda Ardern announced new border measures, a ban on cruise ships entering New Zealand waters and other provisions. Many of these take effect from 23:59 on Sunday 15 March.

People coming into New Zealand should check our <u>information for travellers arriving to New Zealand</u> as all travellers except those listed on the <u>countries and areas of concern under Category 2</u>, will be required to self-isolate. If you arrive in New Zealand before 23:59 pm on Sunday 15 March from any country (except Italy or South Korea) you do not need to self-isolate. If you arrive after 1:00 am on Monday 16 March from any country except those listed on the <u>countries and areas of concern under Category 2</u> you will need to self-isolate for 14 days.

We're also asking people who have visited those countries and areas of concern who have developed symptoms of fever, cough or shortness of breath to seek medical advice – phone Healthline's dedicated COVID-19 number <u>0800 358 5453</u> or contact your GP, including phoning ahead of your visit.

For COVID-19 health advice and information, contact the Healthline team (for free) on <u>0800 358 5453</u> or <u>+64 9 358 5453</u> for international SIMS.

## Health advice for the public

- · Latest advice: Symptoms, prevention, treatment, how it spreads & more
- Contact tracing
- Countries and areas of concern
- Face mask and hygiene advice
- Home care information
- Managing your mental wellbeing
- Questions and answers
- Staying at home (self-isolation) information

### Information for:

- Health professionals
- Aged care providers
- Airline staff
- Border sector
- Cleaning services
- Hotels and hotel staff
- Public events and mass gatherings
- Travellers arriving to New Zealand

# Information in other languages

- COVID-19 新型冠状病毒信息
- New Zealand Sign Language
- Te reo Māori
- More languages

# News and media updates

- 15 March 7th and 8th Cases overseas links
- 15 March COVID-19 media briefing
- 14 March COVID-19 6th Case overseas link
- 14 March COVID-19 media briefing

All news and media updates

### Resources

- Information sheets for the general public
- Welfare support factsheet
- <u>Posters</u>
- Ministry social media

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

#### 15: March:

• Updated countries and areas of concern page to reflect updated border control measures

#### 13 March:

- <u>Updated Questions and answers for primary health care workers</u> (new question on who not to swab)
- New information sheets added: Information on tikanga and gatherings, Cultural/religious practices, looking after your mental wellbeing.

#### 12 March:

- Updated information for Aged Care Providers
- COVID-19: Aeromedical transfer of patients advice document
- Updated Transmission of COVID-19 and the role of face masks in health settings document
- Updated advice on clinical coding
- Updated primary care quick reference guide
- Information in Indonesian and Tuvaluan
- Update to the Countries and areas of concern the whole of Italy is now in category 1b

#### 11 March:

- Updated questions and answers for primary health care workers
- Information on public events and mass gatherings in Tokelauan

#### 10 March:

- Information on contact tracing for COVID-19 includes the previously published factsheets for contacts of suspected or confirmed cases
- General public health advice updated in other languages
- Resources for the border sector now on a new page

#### 9 March:

- Information sheets for the general public added
- Advice to border sector: COVID-19 becomes a quarantinable disease

#### 8 March:

- <u>Updated case definition</u>
- Updated advice for health professionals
- New document on Transmission of COVID-19 and the role of face masks in health settings

#### 7 March:

- Updated No Change of Health Status Report for Health Pratique form now available
- Paracetamol: Supply issue update from PHARMAC F
- Questions and answers updated with information for the immune-compromised

Page last updated: 15 March 2020









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**Consultations** 

Where to go for help

Emergencies Dial 111 (for ambulance, fire or police) Healthline

Dial 0800 611 116

Poisons Dial 0800 POISON (0800 764 766)

Mental health crisis Emergency contact numbers

New Zealand Government

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