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## COVID-19 (novel coronavirus)

There are currently outbreaks overseas of a new disease called COVID-19. This section provides the latest updates, information and advice on COVID-19.

### Current situation

New Zealand has eight confirmed cases of COVID-19. One of the eight cases was diagnosed in Australia. For a summary of the current status see our [latest media release \(15 March\)](#).

With continued vigilance the chance of widespread community outbreak is expected to remain low.

New border measures are in place as of Monday 16 March. Most travellers arriving in New Zealand are now required to [self isolate for 14 days](#) – check our [information for travellers arriving to New Zealand](#) to find out more.

If you have been overseas within the last 14 days and develop a fever, cough or shortness of breath, phone Healthline's dedicated COVID-19 number [0800 358 5453](#) or contact your GP, including phoning ahead of your visit.

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

### Health advice for the public

- [Latest advice: Symptoms, prevention, treatment, how it spreads & more](#)
- [Contact tracing](#)
- [Countries and areas of concern](#)
- [Face mask and hygiene advice](#)
- [Home care information](#)
- [Managing your mental wellbeing](#)
- [Questions and answers](#)
- [Staying at home \(self-isolation\) information](#)

### Information for:

- [Health professionals](#)

- [Aged care providers](#)
- [Airline staff](#)
- [Border sector](#)
- [Cleaning services](#)
- [Hotels and hotel staff](#)
- [Public events and mass gatherings](#)
- [Travellers arriving to New Zealand](#)

## Information in other languages

- [COVID-19 新型冠状病毒信息](#)
- [New Zealand Sign Language](#)
- [Te reo Māori](#)
- [More languages](#)

## News and media updates

- [15 March - 7th and 8th Cases – overseas links](#)
- [15 March - COVID-19 media briefing](#)
- [14 March - COVID-19 6th Case – overseas link](#)
- [14 March - COVID-19 media briefing](#)

[All news and media updates](#)

## Resources

- [Information sheets for the general public](#)
- [Welfare support factsheet](#)
- [Posters](#)
- [Ministry social media](#)

## Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

**15: March:**

- Updated [staying at home \(self-isolation\) information](#)
- Updated [resources for health professionals](#)
- Updated [countries and areas of concern page](#) to reflect updated border control measures

### 13 March:

- [Updated Questions and answers for primary health care workers](#) (new question on who not to swab)
- [New information sheets added](#): Information on tikanga and gatherings, Cultural/religious practices, looking after your mental wellbeing.

### 12 March:

- [Updated information for Aged Care Providers](#)
- [COVID-19: Aeromedical transfer of patients - advice document](#)
- [Updated Transmission of COVID-19 and the role of face masks in health settings document](#)
- [Updated advice on clinical coding](#)
- [Updated primary care quick reference guide](#)
- [Information in Indonesian and Tuvaluan](#)
- Update to the [Countries and areas of concern](#) – the whole of Italy is now in category 1b

### 11 March:

- [Updated questions and answers for primary health care workers](#)
- [Information on public events and mass gatherings in Tokelauan](#)

### 10 March:

- [Information on contact tracing for COVID-19](#) – includes the previously published factsheets for contacts of suspected or confirmed cases
- [General public health advice updated in other languages](#)
- [Resources for the border sector now on a new page](#)


### 9 March:

- [Information sheets for the general public added](#)
- [Advice to border sector: COVID-19 becomes a quarantinable disease](#)

### 8 March:

- [Updated case definition](#)
- [Updated advice for health professionals](#)
- [New document on Transmission of COVID-19 and the role of face masks in health settings](#)

### 7 March:

- [Updated No Change of Health Status Report for Health Pratique form now available](#)
- [Paracetamol: Supply issue - update from PHARMAC](#) 
- [Questions and answers updated with information for the immune-compromised](#)

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Page last updated: **16 March 2020**



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**Where to go for help**

## Emergencies

Dial 111 (for ambulance, fire or police)

## Healthline

Dial 0800 611 116

## Poisons

Dial 0800 POISON (0800 764 766)

## Mental health crisis

Emergency contact numbers

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