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COVID-19 (novel coronavirus)

There are currently outbreaks overseas of a new disease called COVID-19. This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand has twenty confirmed cases of COVID-19. For a summary of the current status see our latest [media release \(18 March\)](#). More information is now available on our [current cases page](#).

With continued vigilance the chance of widespread community outbreak is expected to remain low.

New border measures are in place as of Monday 16 March. Most travellers arriving in New Zealand are now required to [self isolate for 14 days](#) – check our [information for travellers arriving to New Zealand](#) to find out more.

If you have been overseas within the last 14 days and develop a fever, cough or shortness of breath, phone Healthline's dedicated COVID-19 number [0800 358 5453](#) or contact your GP, including phoning ahead of your visit.

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health advice for the public

- [Latest advice: Symptoms, prevention, treatment, how it spreads & more](#)
- [Self-isolation](#)
- [Contact tracing](#)
- [Countries and areas of concern](#)
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Information in other languages

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- [Easy Read](#)
- [Simplified Chinese](#)
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News and media updates

- [18 March - COVID-19 - Eight new cases](#)
- [18 March - COVID-19 media update](#)

[All news and media updates](#)

[Information about current cases](#)

Resources

- [Information sheets for the general public](#)
- [Welfare support factsheet](#)
- [Posters](#)
- [Ministry social media](#)

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

18 March:

- [Information on current cases](#) now available
- Added resources for health professionals: [Road ambulance transfer of patients](#) and [guidance for cancer services](#)
- Added [Te reo Māori poster - protect yourself and others against COVID-19](#)

17 March:

- [Information for disabled people or people who need support for daily life and their family/whānau](#)
- [Information for residential care providers](#)
- Updated [Advice to airline crew on the use of personal protective equipment](#)
- Updated [Self-isolation information](#)

16 March:

- [Advice for public events and mass gatherings](#) updated

15 March:

- Updated [resources for health professionals](#)
- Updated [countries and areas of concern page](#) to reflect updated border control measures

13 March:

- [Updated Questions and answers for primary health care workers](#) (new question on who not to swab)
- [New information sheets added](#): Information on tikanga and gatherings, Cultural/religious practices, looking after your mental wellbeing.

12 March:

- [Updated information for Aged Care Providers](#)
- [COVID-19: Aeromedical transfer of patients - advice document](#)
- [Updated Transmission of COVID-19 and the role of face masks in health settings document](#)
- [Updated advice on clinical coding](#)
- [Updated primary care quick reference guide](#)

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Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

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