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## **COVID-19 (novel coronavirus)**

This section provides the latest updates, information and advice on COVID-19.

### **Current situation**

New Zealand has 28 confirmed cases of COVID-19. For a summary of the current status see our latest <u>media release (19 March)</u>. More information is available on our <u>current cases page</u>. With continued vigilance the chance of widespread community outbreak is expected to remain low.

Most travellers who have arrived in New Zealand within the last 14 days are being asked to self-isolate – see Self-isolation to find out more.

If you have been overseas within the last 14 days and develop a fever, cough or shortness of breath, call Healthline on 0800 358 5453

For COVID-19 health advice and information, contact the Healthline team (for free) on <u>0800 358 5453</u> or <u>+64 9 358 5453</u> for international SIMS.

# Health advice for the public

- Latest advice: Symptoms, prevention, treatment, how it spreads & more
- Self-isolation
- Contact tracing
- · Countries and areas of concern
- Face mask and hygiene advice
- Home care information
- Managing your mental wellbeing
- Questions and answers

### Information for:

- Health professionals
- Aged care providers
- Airline staff

- Border sector
- Cleaning services
- Disabled people and residential care providers
- Hotels and hotel staff
- Public events and mass gatherings
- Travellers arriving to New Zealand

## Information in other languages & formats

- New Zealand Sign Language
- Easy Read
- Simplified Chinese
- Te reo Māori
- More languages

## News and media updates

- 19 March Test results negative for all Logan Park High School contacts
- 19 March New cases confirmed, no community transmission
- 19 March COVID-19 media update

All news and media updates

Information about current cases

### Resources

- Information sheets for the general public
- Welfare support factsheet
- Posters
- Ministry social media

### **Latest updates**

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

#### 19 March:

Updated advice for public events and mass gatherings

#### 18 March:

- Update to self-isolation advice
- Information on current cases now available
- Added resources for health professionals: Road ambulance transfer of patients and guidance for cancer services
- Added <u>Te reo Māori poster protect yourself and others against COVID-19</u>

#### 17 March:

- Information for disabled people or people who need support for daily life and their family/whānau
- Information for residential care providers
- Updated Advice to airline crew on the use of personal protective equipment
- Updated Self-isolation information

#### 16 March:

• Advice for public events and mass gatherings updated

#### 15 March:

- Updated resources for health professionals
- Updated countries and areas of concern page to reflect updated border control measures

#### 13 March:

- <u>Updated Questions and answers for primary health care workers</u> (new question on who not to swab)
- New information sheets added: Information on tikanga and gatherings, Cultural/religious practices, looking after your mental wellbeing.

#### 12 March:

- Updated information for Aged Care Providers
- COVID-19: Aeromedical transfer of patients advice document
- <u>Updated Transmission of COVID-19 and the role of face masks in health settings document</u>
- Updated advice on clinical coding
- Updated primary care quick reference guide

Page last updated: 19 March 2020









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Where to go for help

Emergencies
Dial 111 (for ambulance, fire or police)

Healthline
Dial 0800 611 116

Poisons
Dial 0800 POISON (0800 764 766)

Mental health crisis
Emergency contact numbers

New Zealand Government

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