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# COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

## Current situation

New Zealand has 39 confirmed cases of COVID-19. For a summary of the current status see our latest [media release \(20 March\)](#). More information is available on our [current cases page](#). With continued vigilance the chance of widespread community outbreak is expected to remain low.

Travellers who have arrived in New Zealand within the last 14 days are being asked to self-isolate – see [Self-isolation](#) to find out more.

If you have been overseas within the last 14 days and develop a fever, cough or shortness of breath, call Healthline on [0800 358 5453](#).

## New border measures announced

The Government has announced [further border measures](#) restricting entry to New Zealand.

From 11.59pm 19 March 2020, only New Zealand residents and citizens (and their children and partners) will be permitted to enter New Zealand. (This includes the Realm countries, Australian citizens and permanent residents ordinarily resident in New Zealand, airline and marine crew.)

[Find out more.](#)

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

## Health advice for the public

- [Latest advice: Symptoms, prevention, treatment, how it spreads & more](#)
- [Self-isolation](#)
- [Contact tracing](#)
- [Countries and areas of concern](#)
- [Face mask and hygiene advice](#)
- [Home care information](#)
- [Managing your mental wellbeing](#)
- [Questions and answers](#)

## Information for:

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- [Aged care providers](#)
- [Airline staff](#)
- [Border sector](#)
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- [Disabled people and residential care providers](#)
- [Hotels and hotel staff](#)
- [Public events and mass gatherings](#)
- [Travellers arriving to New Zealand](#)

## Information in other languages & formats

- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Simplified Chinese](#)
- [Te reo Māori](#)
- [More languages](#)

## News and media updates

- [20 March - 11 new cases of COVID-19](#)
- [20 March - COVID-19 media update](#)
- [19 March - Test results negative for all Logan Park High School contacts](#)
- [19 March - New cases confirmed, no community transmission](#)

[All news and media updates](#)

[Information about current cases](#)

## Resources

- [Information sheets for the general public](#)
- [Welfare support factsheet](#)
- [Posters](#)
- [Ministry social media](#)

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# Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

## 20 March:

- Advice updated across the site to reflect new border measures

## 19 March:

- [Updated advice for public events and mass gatherings](#)
- [New border measures announced](#)

## 18 March:

- [Update to self-isolation advice](#)
- [Information on current cases](#) now available
- Added resources for health professionals: [Road ambulance transfer of patients](#) and [guidance for cancer services](#)
- Added [Te reo Māori poster - protect yourself and others against COVID-19](#)

## 17 March:

- [Information for disabled people or people who need support for daily life and their family/whānau](#)
- [Information for residential care providers](#)
- Updated [Advice to airline crew on the use of personal protective equipment](#)
- Updated [Self-isolation information](#)

## 16 March:

- [Advice for public events and mass gatherings](#) updated

## 15 March:

- Updated [resources for health professionals](#)
- Updated [countries and areas of concern page](#) to reflect updated border control measures

## 13 March:

- [Updated Questions and answers for primary health care workers](#) (new question on who not to swab)
- [New information sheets added](#): Information on tikanga and gatherings, Cultural/religious practices, looking after your mental wellbeing.

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Page last updated: **20 March 2020**



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**Where to go for help**

## Emergencies

Dial 111 (for ambulance, fire or police)

## Healthline

Dial 0800 611 116

## Poisons

Dial 0800 POISON (0800 764 766)

## Mental health crisis

Emergency contact numbers

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