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# COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

## Current situation

New Zealand has 52 confirmed cases of COVID-19. For a summary of the current status see our latest [media release \(21 March\)](#). More information is available on our [current cases page](#). With continued vigilance the chance of widespread community outbreak is expected to remain low.

There are currently [restrictions on who can enter New Zealand](#). Travellers who have arrived in New Zealand within the last 14 days are being asked to self-isolate – see [Self-isolation](#) to find out more.

If you have been overseas within the last 14 days and develop a fever, cough or shortness of breath, call Healthline on [0800 358 5453](#).

## New Zealand is currently at Alert Level 2 – Reduce

Rt Hon Jacinda Ardern has announced New Zealand COVID-19 alert levels. These new alert levels specify the public health and social measures to be taken. Nationwide, New Zealand is currently at Level 2 – Reduce. This means disease is contained but the risk of community transmission is growing.

See more information about [Alert levels](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

## Health advice for the public

- [Latest advice: Symptoms, prevention, treatment, how it spreads & more](#)
- [Self-isolation](#)
- [Contact tracing](#)
- [Countries and areas of concern](#)
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- [Home care information](#)
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## Information for:

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- [Aged care providers](#)
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- [Public events and mass gatherings](#)
- [Travellers arriving to New Zealand](#)
- [Workplaces](#)

## Information in other languages & formats

- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Simplified Chinese](#)
- [Te reo Māori](#)
- [More languages](#)

## News and media updates

- [21 March - COVID-19 update](#)
- [21 March - Media update](#)
- [20 March - Update on Ruby Princess and Celebrity Solstice cruises](#)

[All news and media updates](#)

[Information about current cases](#)

## Resources

- [Information sheets for the general public](#)
- [Welfare support factsheet](#)
- [Posters](#)
- [Ministry social media](#)

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## Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

### 21 March:

- [New information for community-based midwives](#)
- [Added COVID-19 event criteria guide](#)
- [Updated resources for primary care](#)
- [Information on alert levels added to the questions and answers](#)
- [New guidelines for the hospitality industry](#)
- [Updated advice for public events and mass gatherings](#)
- [Updated advice for workplaces](#)
- [Update on managed restricted access to aged care facilities](#)
- [Updated health pratique form](#)

### 20 March:

- Advice updated across the site to reflect new border measures

### 19 March:

- [Updated advice for public events and mass gatherings](#)
- [New border measures announced](#)

### 18 March:

- [Update to self-isolation advice](#)
- [Information on current cases](#) now available
- Added resources for health professionals: [Road ambulance transfer of patients](#) and [guidance for cancer services](#)
- Added [Te reo Māori poster - protect yourself and others against COVID-19](#)

### 17 March:

- [Information for disabled people or people who need support for daily life and their family/whānau](#)
- [Information for residential care providers](#)
- Updated [Advice to airline crew on the use of personal protective equipment](#)

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## Emergencies

Dial 111 (for ambulance, fire or police)

## Healthline

Dial 0800 611 116

## Poisons

Dial 0800 POISON (0800 764 766)

## Mental health crisis

Emergency contact numbers

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