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COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand has **1,349** confirmed and probable cases of COVID-19. For a summary of the current status see our [latest media release \(13 April\)](#). More information is available on our [current cases page](#). With continued vigilance the chance of widespread community outbreak is expected to remain low.

New Zealand is currently at Alert Level 4 – Eliminate. This means that it is likely that the disease is not contained. See more information about [Alert levels](#).

Find out how to look after your [mental health and wellbeing during Alert Level 4](#).

Important updates

- **Contact tracing phone calls:** If you have been identified as a close contact, you can expect calls from Ministry of Health and Healthline. It is important to answer your phone. Find out how to recognise a call from the Ministry or Healthline at [Contact tracing](#).
- **Join the COVID-19 surge workforce:** We are seeking expressions of interest from health and care professionals who are able and willing to work for a limited amount of time as part of the national strategic approach to managing COVID-19. [Find out more](#).
- **Personal protective equipment (PPE):** [What's important for you to know about PPE for essential workers](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health advice for the public

- [Latest advice: Symptoms, prevention, treatment, how it spreads & more](#)
- [Self-isolation](#)
- [Contact tracing](#)
- [Face mask and hygiene advice](#)
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Information for:

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Current situation

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- [Border controls](#)
- [Epidemic Notice](#)
- [Essential health & disability services](#)
- [COVID-19 modelling reports](#)


News and media updates

- [13 April - 19 new cases, 1 additional death](#)
- [13 April - Media update](#)
- [12 April - 18 new cases](#)
- [12 April - Media update](#)
- [11 April - Two further deaths, 29 new cases](#)
- [11 April - Media update](#)

[All news and media updates](#)

[Information about current cases](#)

Resources

- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Information sheets for the general public](#)
- [Posters](#)
- [Ministry social media](#)
- [Information in other languages](#) 

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

11 April:

- [General cleaning information following a suspected, probable or confirmed case of COVID-19](#)
- [Added several resources for Aged care providers](#)
- [Information for disabled people: What to do if you do not feel safe in your home](#)

10 April:

- [Specialist wellbeing and behavioural support through Explore](#)
- [Occupational health guidance for vulnerable community-based self-employed midwives](#)
- [Updated advice to airline crew on precautions to reduce risk of COVID-19 infection](#)
- [Updated primary care quick reference guide](#)

9 April:

- [Section 70\(1\)\(e\),\(ea\) and \(f\) Health Act Order added](#)
- [Added testing by region data](#)
- [Updated border controls to reflect latest border measures](#)
- [Information for people living in and managing apartment buildings](#)

8 April:

- [Information for disabled people on getting food during Alert Level 4](#)
- [Updated COVID-19 case definition](#)
- [Updated advice for health professionals](#)
- [PPE used by community pharmacy for prevention of COVID-19](#)
- [Updated mental health and wellbeing resources](#)

7 April:

- [Guidelines for the use of personal protective equipment for frontline health care workers](#)
- [Information on contact tracing phone calls](#)
- [Updated questions and answers with information on accessing health care outside your local area](#)
- [Updated transmission of COVID-19 and the role of face masks in health settings](#)
- [Updated questions and answers for primary health care workers](#)
- [Updated primary care quick reference guide](#)
- [Information on cremations and exemptions from viewing a body](#)

6 April:

- [Updated information for disabled people and their family and whānau](#)
- [Questions and answers for resident family carer payments](#)

5 April:

- [Pharmacy licensing: Closure and relocation](#)

4 April:

- [Information for parents during Alert Level 4](#)

- [Updated general health advice for the public](#)

Page last updated: **13 April 2020**



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Consultations

Where to go for help

Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

[New Zealand Government](#)

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