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COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand has **1,409** confirmed and probable cases of COVID-19. More information is available on our [current cases page](#). With continued vigilance the chance of widespread community outbreak is expected to remain low.

New Zealand is currently at Alert Level 4 – Eliminate. This means that it is likely that the disease is not contained. See more information about [Alert levels](#).

The Prime Minister has announced further details about what a move to Alert Level 3 would mean for New Zealanders. This information is available at [covid19.govt.nz](#).

Information about health and disability services at Alert Level 3 is being finalised and will be made available on this website.

Find out how to look after your [mental health and wellbeing during Alert Level 4](#).

Important updates

- **Contact tracing phone calls:** If you have been identified as a close contact, you can expect calls from Ministry of Health and Healthline. It is important to answer your phone. Find out how to recognise a call from the Ministry or Healthline at [Contact tracing](#).
- **Join the COVID-19 surge workforce:** We are seeking expressions of interest from health and care professionals who are able and willing to work for a limited amount of time as part of the national strategic approach to managing COVID-19. [Find out more](#).
- **Personal protective equipment (PPE):** [What's important for you to know about PPE for essential workers](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health advice for the public

- [Latest advice: Symptoms, prevention, treatment, how it spreads & more](#)
- [Self-isolation](#)
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Health professionals

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Current situation


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News and media updates

- [17 April - Media update](#)
- [16 April - 15 new cases of COVID-19](#)
- [16 April - Media update](#)
- [15 April - 20 new cases of COVID-19](#)

[All news and media updates](#)

Resources

- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Information sheets for the general public](#)
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Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

16 April:

- [Case definition of COVID-19 infection](#)
- [Updated advice for health professionals: novel coronavirus \(COVID-19\)](#)

15 April:

- [COVID-19 Health and Disability System Response Plan](#)
- [Advice on Carer Support during COVID-19](#)

14 April:

- [Guidelines for international aeromedical transfers of non-COVID patients](#)
- [Updated information for disabled people](#)

11 April:

- [General cleaning information following a suspected, probable or confirmed case of COVID-19](#)
- [Added several resources for aged care providers](#)
- [Information for disabled people: What to do if you do not feel safe in your home](#)

10 April:

- [Specialist wellbeing and behavioural support through Explore](#)
- [Occupational health guidance for vulnerable community-based self-employed midwives](#)
- [Updated advice to airline crew on precautions to reduce risk of COVID-19 infection](#)

- [Updated primary care quick reference guide](#)

Page last updated: 17 April 2020



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Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

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