

Search

[Diseases and](#)[Home](#) > [Our work](#) > [conditions](#) > [COVID-19](#)


COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand has **1,479** confirmed and probable cases of COVID-19. More information is available on our [current cases page](#). With continued vigilance the chance of widespread community outbreak is expected to remain low.

New Zealand is currently at **Alert Level 3 – Restrict**. To find out more see:

- [Health and disability services at Alert Level 3](#)
- [Alert Level 3 information on the COVID-19 website](#) 

COVID-19 information on this website is reviewed and updated regularly. This includes advice for Alert Level 3.

Important updates

- **Contact tracing phone calls:** If you have been identified as a close contact, you can expect calls from Ministry of Health and Healthline. It is important to answer your phone. Find out how to recognise a call from the Ministry or Healthline at [Contact tracing](#).
- **Join the COVID-19 surge workforce:** We are seeking expressions of interest from health and care professionals who are able and willing to work for a limited amount of time as part of the national strategic approach to managing COVID-19. [Find out more](#).
- **Personal protective equipment (PPE):** [What's important for you to know about PPE](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health advice for the public

- [Latest advice: Symptoms, prevention, treatment, how it spreads & more](#)
- [Self-isolation](#)
- [Contact tracing](#)
- [Face mask and hygiene advice](#)
- [Home care information](#)
- [Questions and answers](#)
- [Managing your health conditions](#)
- [Your mental health & wellbeing](#)

Health professionals

- [Advice for all health professionals](#)
- [Allied health professionals](#)
- [Cancer and screening services](#)
- [Case definition](#)
- [Disability, aged care and hospice providers](#)
- [Join the COVID-19 surge workforce](#)
- [PPE use in health care](#)
- [Medical transfer](#)
- [Maternity](#)
- [Pharmacy](#)
- [Primary care](#)
- [Recording COVID-19](#)
- [Telehealth and online tools](#)
- [Well Child providers](#)

Information for:

- [Accommodation providers](#)
- [Air crew and border sector](#)
- [Cleaning services](#)
- [Deaths, funerals and tangihanga](#)
- [Disabled people](#)
- [Hospice patients](#)
- [Older people](#)
- [Parents](#)
- [Personal protective equipment \(PPE\)](#)
- [Pregnant women](#)
- [Public events and mass gatherings](#)
- [Travellers arriving to NZ](#)
- [Supporting a person with dementia](#)
- [Workplaces](#)

Current situation

- [Current cases](#)
- [Significant clusters of cases](#)
- [Border controls](#)

- [Epidemic Notice](#)
- [Health and disability services at Alert Level 3](#)
- [COVID-19 modelling reports and background papers](#)

News and media updates

- [1 May - 3 new cases](#)
- [1 May - Media update](#)
- [30 April - 3 new cases](#)
- [Review of Aged Residential Care facilities under way](#)
- [30 April - Media update](#)
- [29 April - 2 new cases](#)

[All news and media updates](#)

Resources

- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Learning modules](#)
- [Information sheets for the general public](#)
- [Posters](#)
- [Ministry social media](#)
- [Information in other languages](#)

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

1 May:

- [Alert Level 3 Guidance Home and Community Support Services and Supported Living providers](#)
- [Updated: Information for community-based midwives](#)
- [Updated: Breastfeeding advice for women who have a confirmed or probable case of COVID-19](#)
- [Updated: Information for hospice providers](#)

30 April:

- [Managing your health conditions during COVID-19](#)
- [Updated: Well Child Tamariki Ora](#)

29 April:

- [Information for older people who live alone, including in a retirement village - Creating safe bubbles](#)
- [Alert Level 3 information and guidelines for Allied health professionals](#)
- [Learning modules to support your family and whānau](#)
- [Updated: Occupational health guidance for vulnerable community-based self-employed midwives](#)

- [Updated: COVID-19 interNASC transfers – Aged Residential Care](#)
- [Alert Level 3 information for Well Child Tamariki Ora providers](#)

28 April:

- [Updated information for pregnant women](#)
- [Information for radiologists on community-based maternity ultrasounds at Alert Level 3 & 4](#)
- [Updated Border controls with information on exemptions from managed isolation](#)
- [Public health guidelines for businesses operating under Alert Level 3](#)
- [Alert Level 3 for disabled people](#)
- [Updated Getting disability support](#)
- [Updated Advice to airline crew on precautions to reduce risk of COVID-19 infection](#)
- [Updated Advice for public events and mass gatherings](#)

27 April:

- [Updated Information for parents](#)
- [Updated Advice for older people and their family and whānau](#)
- [Updated Advice for aged care providers – residents with dementia](#)
- [Updated Guidance for admissions into aged residential care facilities](#)
- [Deaths, funerals and tangihanga at Alert Level 3](#)
- [Health Act \(COVID-19 Alert Level 3\) Order 2020](#)

26 April:

- [Updated Guidance for managing staff and residents with COVID-19 infection in aged residential care facilities](#)
- [Supporting a person with dementia at home](#)
- [Updated Road ambulance transfer of patients](#)

25 April:

- [Guidance for PPE use in health care: Posters and FAQ](#)

Page last updated: **01 May 2020**



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About this site

Contact us

Other Ministry of Health
websites

Official Information Act
requests

Information releases

Consultations 

Where to go for help

Emergencies
Dial 111 (for ambulance, fire or police)

Healthline
Dial 0800 611 116

Poisons
Dial 0800 POISON (0800 764 766)

Mental health crisis
Emergency contact numbers

[New Zealand Government](#)

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