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COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand has **1,486** confirmed and probable cases of COVID-19. More information is available on our [current cases page](#). With continued vigilance the chance of widespread community outbreak is expected to remain low.

New Zealand is currently at **Alert Level 3 – Restrict**. To find out more see:

- [Health and disability services at Alert Level 3](#)
- [Alert Level 3 information on the COVID-19 website](#).

COVID-19 information on this website is reviewed and updated regularly. This includes advice for Alert Level 3.

Important updates

- **Contact tracing phone calls:** If you have been identified as a close contact, you can expect calls from Ministry of Health and Healthline. It is important to answer your phone. Find out how to recognise a call from the Ministry or Healthline at [Contact tracing](#).
- **Personal protective equipment (PPE):** [What's important for you to know about PPE](#).
- **Breaches of COVID-19 restrictions:** If you're concerned about a breach of current COVID-19 restrictions, you can report it to the [COVID-19 Compliance Centre](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health advice for the public

- [Latest advice: Symptoms, prevention, treatment, how it spreads & more](#)
- [Self-isolation](#)
- [Contact tracing](#)
- [Face mask and hygiene advice](#)
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Health professionals

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Information for:

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- [Air crew and border sector](#)
- [Cleaning services](#)
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- [Disabled people](#)
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Current situation

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- [Significant clusters of cases](#)
- [Border controls](#)

- [Epidemic Notice](#)
- [Health and disability services at Alert Level 3](#)
- [COVID-19 modelling reports and background papers](#)

News and media updates

- [5 May - No new cases](#)
- [5 May - Media update](#)
- [4 May - No new cases](#)
- [4 May - Media update](#)
- [3 May - 2 new cases](#)

[All news and media updates](#)

Resources

- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Learning modules](#)
- [Information sheets for the general public](#)
- [Posters](#)
- [Ministry social media](#)
- [Information in other languages](#)

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

5 May:

- [Screening Form: For a person to enter an aged residential care facility](#)
- [COVID-19 testing in Alert Levels 3 and 2 to support New Zealand's elimination strategy](#)

2 May:

- [Advice for extending your bubble](#)
- [Covid-19 in children: Working paper](#)

1 May:

- [Alert Level 3 Guidance Home and Community Support Services and Supported Living providers](#)
- [Updated: Information for community-based midwives](#)
- [Updated: Breastfeeding advice for women who have a confirmed or probable case of COVID-19](#)
- [Updated: Information for hospice providers](#)

30 April:

- [Managing your health conditions during COVID-19](#)
- [Updated: Well Child Tamariki Ora](#)

29 April:

- [Information for older people who live alone, including in a retirement village - Creating safe bubbles](#)
- [Alert Level 3 information and guidelines for Allied health professionals](#)
- [Learning modules to support your family and whānau](#)
- [Updated: Occupational health guidance for vulnerable community-based self-employed midwives](#)
- [Updated: COVID-19 interNASC transfers – Aged Residential Care](#)
- [Alert Level 3 information for Well Child Tamariki Ora providers](#)

28 April:

- [Updated information for pregnant women](#)
- [Information for radiologists on community-based maternity ultrasounds at Alert Level 3 & 4](#)
- [Updated Border controls with information on exemptions from managed isolation](#)
- [Public health guidelines for businesses operating under Alert Level 3](#)
- [Alert Level 3 for disabled people](#)
- [Updated Getting disability support](#)
- [Updated Advice to airline crew on precautions to reduce risk of COVID-19 infection](#)
- [Updated Advice for public events and mass gatherings](#)

Page last updated: **05 May 2020**



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Official Information Act requests

Information releases

Consultations

Where to go for help

Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

[New Zealand Government](#)

