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COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand has **1,486** confirmed and probable cases of COVID-19. More information is available on our [current cases page](#). With continued vigilance the chance of widespread community outbreak is expected to remain low.

New Zealand is currently at **Alert Level 3 – Restrict**. To find out more see:

- [Health and disability services at Alert Level 3](#)
- [Alert Level 3 information on the COVID-19 website](#).

COVID-19 information on this website is reviewed and updated regularly. This includes advice for Alert Level 3.

Important updates

- **Contact tracing phone calls:** If you have been identified as a close contact, you can expect calls from Ministry of Health and Healthline. It is important to answer your phone. Find out how to recognise a call from the Ministry or Healthline at [Contact tracing](#).
- **Personal protective equipment (PPE):** [What's important for you to know about PPE](#).
- **Breaches of COVID-19 restrictions:** If you're concerned about a breach of current COVID-19 restrictions, you can report it to the [COVID-19 Compliance Centre](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health advice for the public

- [Latest advice: Symptoms, prevention, treatment, how it spreads & more](#)
- [Self-isolation](#)
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Current situation

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- [Epidemic Notice](#)
- [Health and disability services at Alert Level 3](#)
- [COVID-19 modelling reports and background papers](#)

News and media updates

- [6 May - Media update](#)
- [5 May - No new cases](#)
- [5 May - Media update](#)
- [4 May - No new cases](#)
- [4 May - Media update](#)

[All news and media updates](#)

Resources

- [New Zealand Sign Language](#)
- [Easy Read](#)
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Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

6 May:

- [Updated: Essential services in the health and disability system](#)
- [Updated: Recording COVID-19](#)
- [National Close Contact Tracing Metrics Snapshot: April 13 - 27 2020](#)
- [Updated data on COVID-19 testing rates for ethnicity and DHB](#)

5 May:

- [Screening Form: For a person to enter an aged residential care facility](#)
- [COVID-19 testing in Alert Levels 3 and 2 to support New Zealand's elimination strategy](#)

2 May:

- [Advice for extending your bubble](#)
- [Covid-19 in children: Working paper](#)

1 May:

- [Alert Level 3 Guidance Home and Community Support Services and Supported Living providers](#)
- [Updated: Information for community-based midwives](#)
- [Updated: Breastfeeding advice for women who have a confirmed or probable case of COVID-19](#)
- [Updated: Information for hospice providers](#)

30 April:

- [Managing your health conditions during COVID-19](#)
- [Updated: Well Child Tamariki Ora](#)

29 April:

- [Information for older people who live alone, including in a retirement village - Creating safe bubbles](#)
- [Alert Level 3 information and guidelines for Allied health professionals](#)
- [Learning modules to support your family and whānau](#)
- [Updated: Occupational health guidance for vulnerable community-based self-employed midwives](#)
- [Updated: COVID-19 interNASC transfers – Aged Residential Care](#)
- [Alert Level 3 information for Well Child Tamariki Ora providers](#)

Page last updated: **06 May 2020**



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Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

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