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# COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

## Current situation

New Zealand has **1,489** confirmed and probable cases of COVID-19. More information is available on our [current cases page](#). With continued vigilance the chance of widespread community outbreak is expected to remain low.

New Zealand is currently at **Alert Level 3 – Restrict**. To find out more see:

- [Health and disability services at Alert Level 3](#)
- [Alert Level 3 information on the COVID-19 website](#).

Information about Alert Level 2 - Reduce is available on the [COVID 19 website](#). Detailed information about health and disability services will be available soon.

COVID-19 information on this website is reviewed and updated regularly. This includes advice for Alert Level 3.

## Important updates

- **Contact tracing phone calls:** If you have been identified as a close contact, you can expect calls from Ministry of Health and Healthline. It is important to answer your phone. Find out how to recognise a call from the Ministry or Healthline at [Contact tracing](#).
- **Personal protective equipment (PPE):** [What's important for you to know about PPE](#).
- **Breaches of COVID-19 restrictions:** If you're concerned about a breach of current COVID-19 restrictions, you can report it to the [COVID-19 Compliance Centre](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

## Health advice for the public

- [Latest advice: Symptoms, prevention, treatment, how it spreads & more](#)
- [Self-isolation](#)
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## Current situation

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- [Epidemic Notice](#)
- [Health and disability services at Alert Level 3](#)
- [COVID-19 modelling reports and background papers](#)

## News and media updates

- [7 May - 1 new case](#)
- [7 May - Media update](#)
- [6 May - New measures to bolster Aged Residential Care safety](#)
- [6 May - 2 new cases](#)
- [6 May - Media update](#)

[All news and media updates](#)

## Resources

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- [Easy Read](#)
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- [Ministry social media](#)
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## Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

### 7 May:

- [Guidelines for personal protective equipment: Disability support and care workers who work in client's homes](#)
- [Updated: Personal protective equipment requirement for community care providers who are providing care in people's place of residence](#)
- [Updated: Frequently asked questions about personal protective equipment](#)
- [Review of science and policy around face masks and COVID-19](#)
- [Updated: Advice to airline crew on precautions to reduce risk of COVID-19 infection](#)

### 6 May:

- [Updated: Essential services in the health and disability system](#)
- [Updated: Recording COVID-19](#)
- [National Close Contact Tracing Metrics Snapshot: April 13 - 27 2020](#)
- [Updated data on COVID-19 testing rates for ethnicity and DHB](#)

## 5 May:

- [Screening Form: For a person to enter an aged residential care facility](#)
- [COVID-19 testing in Alert Levels 3 and 2 to support New Zealand's elimination strategy](#)

## 2 May:

- [Advice for extending your bubble](#)
- [Covid-19 in children: Working paper](#)

## 1 May:

- [Alert Level 3 Guidance Home and Community Support Services and Supported Living providers](#)
- [Updated: Information for community-based midwives](#)
- [Updated: Breastfeeding advice for women who have a confirmed or probable case of COVID-19](#)
- [Updated: Information for hospice providers](#)

## 30 April:

- [Managing your health conditions during COVID-19](#)
- [Updated: Well Child Tamariki Ora](#)

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Page last updated: **07 May 2020**



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### Where to go for help

#### Emergencies

Dial 111 (for ambulance, fire or police)

#### Healthline

Dial 0800 611 116

#### Poisons

Dial 0800 POISON (0800 764 766)

#### Mental health crisis

Emergency contact numbers

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