

Search



Diseases and
Home > Our work > conditions > COVID-19

COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand has **1,490** confirmed and probable cases of COVID-19. More information is available on our [current cases page](#). With continued vigilance the chance of widespread community outbreak is expected to remain low.

New Zealand is currently at **Alert Level 3 – Restrict**. To find out more see:

- [Health and disability services at Alert Level 3](#)
- [Alert Level 3 information on the COVID-19 website](#).

Information about Alert Level 2 - Reduce is available on the [COVID 19 website](#). Detailed information about health and disability services will be available soon.

COVID-19 information on this website is reviewed and updated regularly. This includes advice for Alert Level 3.

Important updates

- **Contact tracing phone calls:** If you have been identified as a close contact, you can expect calls from Ministry of Health and Healthline. It is important to answer your phone. Find out how to recognise a call from the Ministry or Healthline at [Contact tracing](#).
- **Personal protective equipment (PPE):** [What's important for you to know about PPE](#).
- **Breaches of COVID-19 restrictions:** If you're concerned about a breach of current COVID-19 restrictions, you can report it to the [COVID-19 Compliance Centre](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health advice for the public

- [Latest advice: Symptoms, prevention, treatment, how it spreads & more](#)
- [Self-isolation](#)
- [Contact tracing](#)
- [Face mask and hygiene advice](#)
- [Home care information](#)
- [Managing your bubble](#)

- [Managing your health conditions](#)
- [Questions and answers](#)
- [Your mental health & wellbeing](#)

Health professionals

- [Advice for all health professionals](#)
- [Allied health professionals](#)
- [Cancer and screening services](#)
- [Case definition](#)
- [Disability, aged care and hospice providers](#)
- [Join the COVID-19 surge workforce](#)
- [PPE use in health care](#)
- [Medical transfer](#)
- [Maternity](#)
- [Pharmacy](#)
- [Primary care](#)
- [Recording COVID-19](#)
- [Telehealth and online tools](#)
- [Well Child providers](#)

Information for:

- [Accommodation providers](#)
- [Air crew and border sector](#)
- [Cleaning services](#)
- [Deaths, funerals and tangihanga](#)
- [Disabled people](#)
- [Hospice patients](#)
- [Older people](#)
- [Parents](#)
- [Personal protective equipment \(PPE\)](#)
- [Pregnant women](#)
- [Public events and mass gatherings](#)
- [Travellers arriving to NZ](#)
- [Supporting a person with dementia](#)
- [Workplaces](#)

Current situation

- [Current cases](#)
- [Significant clusters of cases](#)
- [Border controls](#)
- [Epidemic Notice](#)
- [Health and disability services at Alert Level 3](#)
- [COVID-19 modelling reports and background papers](#)

News and media updates

- [8 May - 2 new cases](#)
- [8 May - COVID-19 testing system ready for next phase](#)
- [8 May - Media update](#)
- [7 May - 1 new case](#)
- [7 May - Media update](#)

[All news and media updates](#)

Resources

- [New Zealand Sign Language](#)
- [Easy Read](#)
- [Learning modules](#)
- [Information sheets for the general public](#)
- [Posters](#)
- [Ministry social media](#)
- [Information in other languages](#)

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

8 May:

- [Scenarios to help you keep your bubble safe under Alert Level 3](#)
- [Advice for community allied health, scientific and technical providers](#)
- [Updated: Advice to airline crew on precautions to reduce risk of COVID-19 infection](#)
- [Working paper: Background and overview of approaches to COVID-19 pandemic control in Aotearoa/New Zealand](#)
- [Deaths, funerals and tangihanga updated](#)
- [Managing your bubble during COVID-19](#)

7 May:

- [Guidelines for personal protective equipment: Disability support and care workers who work in client's homes](#)
- [Updated: Personal protective equipment requirement for community care providers who are providing care in people's place of residence](#)
- [Updated: Frequently asked questions about personal protective equipment](#)
- [Review of science and policy around face masks and COVID-19](#)

- [Updated: Advice to airline crew on precautions to reduce risk of COVID-19 infection](#)

6 May:

- [Updated: Essential services in the health and disability system](#)
- [Updated: Recording COVID-19](#)
- [National Close Contact Tracing Metrics Snapshot: April 13 - 27 2020](#)
- [Updated data on COVID-19 testing rates for ethnicity and DHB](#)

5 May:

- [Screening Form: For a person to enter an aged residential care facility](#)
- [COVID-19 testing in Alert Levels 3 and 2 to support New Zealand's elimination strategy](#)

2 May:

- [Advice for extending your bubble](#)
- [Covid-19 in children: Working paper](#)

1 May:

- [Alert Level 3 Guidance Home and Community Support Services and Supported Living providers](#)
- [Updated: Information for community-based midwives](#)
- [Updated: Breastfeeding advice for women who have a confirmed or probable case of COVID-19](#)
- [Updated: Information for hospice providers](#)

Page last updated: **08 May 2020**



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Other Ministry of Health websites

Official Information Act requests

Information releases

Consultations

Where to go for help

Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

