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COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand has **1,503** confirmed and probable cases of COVID-19. More information is available on our [current cases page](#).

Alert Level 2

On Thursday 14 May New Zealand moved to **Alert Level 2 - Reduce**.

- Find out about [Health and disability services at Alert Level 2](#).
- More information about Alert Level 2 is available on the [COVID 19 website](#).

Important updates

- **Contact tracing phone calls:** If you have been identified as a close contact, you can expect calls from Ministry of Health and Healthline. It is important to answer your phone. Find out how to recognise a call from the Ministry or Healthline at [Contact tracing](#).
- **Personal protective equipment (PPE):** [What's important for you to know about PPE](#).
- **Breaches of COVID-19 restrictions:** If you're concerned about a breach of current COVID-19 restrictions, you can report it to the [COVID-19 Compliance Centre](#).

For COVID-19 health advice and information, contact the Healthline team (for free) on [0800 358 5453](#) or [+64 9 358 5453](#) for international SIMS.

Health advice for the public

- [About COVID-19: Symptoms, spread and where to get help](#)
- [Assessment and testing](#)
- [Caring for yourself and others at home](#)
- [Contact tracing](#)
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- [Mental health and wellbeing](#)
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Health professionals

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Current situation

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- [Epidemic notice and Health Act Orders](#)
- [Health and disability services at Alert Level 2](#)
- [COVID-19 modelling reports and background papers](#)

News and media updates

- [19 May - No new cases](#)
- [19 May - Media update](#)
- [18 May - No new cases](#)
- [18 May - Media update](#)
- [17 May - 1 new case](#)

[All news and media updates](#)

Resources

- [New Zealand Sign Language](#)
- [Easy Read](#)
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- [Posters](#)
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Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

19 May:

- [Information for people who receive hospice care in the home at Alert Level 2](#)
- [Public health guidelines for businesses, services and community organisations at Alert Level 2](#)
- [Updated questions and answers for primary health care workers](#)

18 May:

- [Updated: Primary care quick reference guide](#)
- [Updated: Information for community-based midwives](#)

17 May:

- [Working paper: Consequences and mitigation strategies for COVID-19 control measures](#)
- [Working paper: Aotearoa/New Zealand's COVID-19 elimination strategy: an overview](#)
- [Updated advice for Public and private events and gatherings](#)

16 May:

- [Published: Kia Kaha, Kia Māia, Kia Ora Aotearoa - COVID-19 psychosocial and mental wellbeing recovery plan and consultation](#)
- [Updated: Deaths, funerals and tangihanga](#)
- [Updated: Mental health and wellbeing resources](#)
- [Added: Information and advice for the deaf community](#)

15 May:

- [Updated: Personal protective equipment use for non-health workers](#)
- [Updated: Personal protective equipment use in health care](#)
- [Updated: Information for Hospice providers](#)

14 May:

- [Updated: Visiting policy in aged residential care under Alert Level 2](#)
- [Added: Information on Alert Level 2 for disabled people](#)
- [Added: Disability Support Services at Alert Level 2](#)
- [Added: About COVID-19](#)
- [Added: Assessment and testing for COVID-19](#)
- [Added: Protecting yourself and others from COVID-19](#)
- [COVID-19 quarantine and managed isolation numbers](#)
- [Quarantine and managed isolation at Alert Level 2](#)

13 May:

- [Updated: Advice for community allied health, scientific and technical providers](#)
- [Updated: Advice for older people and their family and whanau](#)
- [Alert Level 2 guidance for Well Child Tamariki Ora](#)
- [Deaths, funerals and tangihanga: what happens at Alert Level 2](#)
- [Updated: Information for pregnant women, and those who have recently given birth](#)
- [Information for radiologists on community-based maternity ultrasounds at Alert Level 2](#)
- [Health and disability services at Alert Level 2](#)
- [Updated: COVID-19: Information for parents during Alert Level 2](#)

Page last updated: **19 May 2020**



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Where to go for help

Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons
Dial 0800 POISON (0800 764 766)

Mental health crisis
Emergency contact numbers

[New Zealand Government](#)

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